

DR DATHU RAO MEMORIAL CHARITABLE TRUST



ANNUAL REPORT

2022-2023

SABIN-PATHWAY HOME FOR PERSONS
WITH INTELLECTUAL DISABILITY & ASSOCIATED
CONDITIONS

Agili, Sendhivakkam Post-603 319 Chengalpattu District

Mobile : 9840121859, 98948 03599

www.pathway.org.in



FROM THE CO-FOUNDER- HON.DIRECTOR'S DESK

This new financial year started with celebration of World Autism Day at all our centres. We were overjoyed to welcome all our children back at our centres with many a new admissions. The faith reposed on us by the children staff, parents and society deepened our commitment to our work and we promised our inner selves to give a more meaningful life to our deserving kids. Our commitment led us to finance more than 12 patients for cataract surgeries. A whole new perspective of life unfolded in front of us when we realized the beauty of having eyesight from those suffering from want of it. Many a blessings are taken for granted when we are not aware of the people's suffering in our immediate or otherwise surrounding. Meeting with these people only made us more humble. The hundred percent recovery in these cases added smiles to our hearts. Our commitment in helping Covid affected continued by way of provisions to more than 150 families

We continued with our renovation work of painting of our dormitories both interior as well as exterior. at the farm. The work on the renovation of the swimming pool also known as hydrotherapy was taken up with full interest. Along with the renovation work we also executed the water treatment plant successfully.

Many a educational tour were conducted for all the centres which were added in their education portfolio.

Regarding the agriculture sphere we reaped a bounty in our favourite fruit sapota which we felt were the sweetest. Coconut production too was boosted by carrying out maintenance activity.

Our desire to magnify our endeavor to serve many more "poorest of the poor" through our outreach program in remote villages was executed. Our help was extended to ten villages by way of Physiotherapy and Dental Oral Screening. We are extremely proud to say that we were able to help a differently abled couple in building their dream house and gifting a wheel chair with help of our great supporter- Kinderhilfe Emmaus. At this juncture I convey our continued gratitude to all our supporters and benefactors and pray for their continued love, munificence, and association. This year also marked the second medical camp conducted to help patients with cataract surgeries which fortunately brought light in their eyes and new hopes for future. Another camp conducted in three villages we were able to serve more than 200 patients in the rural area

This period has also allowed us to share our blessings in form of provisions to more than 5000 families which includes our children and staff too. The areas covered were in Chennai and Chengalpattu. We have also been fortunate to receive the fourth award for creating an impact on the society for covid work in the name of Mahatma Award for Social Good and Impact 2022. This year also we were able to rope in the prestigious MSME- Summentro, Puthia Vanigam Publication award, Indian Social Impact Award-Brand Honchos, Life achievement awards by Ooruni Foundation, Vyapaar Jagat and TN NGO Federation. Public recognition by way of CSR coverage too has been given by corporate.

We are indeed grateful for all those souls and every well wisher who stood by our side. Our wonderful supporter Mr Jean-Luc Butel and Ms Cornelia from Kinderhilfe visit created a milestone in our history of Pathway. This is the first time Emmaus officials have visited after being our supporters for the last 26 years. A group from Hemmersbach Kids Family Foundation headed by their CEO too visited our centres.

We are indeed very grateful to Sabin Foundation, Mr Gary and Valerie Sabin, Mr Eric Otteson, A Brighter Path – Mr Alex and Mrs Pamela Martinez, Late Judge William Sheffield, Mr and Mrs William P Benac, Mr Bill Benac Jr, Mr Tim Fewkes, Mr BJ Butel and Mr Jean-Luc Butel, Kinderhilfe-Drawing & Sponership Emmaus, Mr Jim and Karen Dosedall, Mr Michael Ang and family, Mr Jim and Gemie Martin, and Mr Keyne Monson who continue to support us. Our most grateful thanks to Mr Shant Jain (Trustee) who took time out of his busy schedule to supervise the renovations done at the farm and school unit without any remuneration. We are indeed very grateful for his selfless service. My most sincere and grateful thanks is also due to the grants received by the State Govt of TamilNadu, which includes Chennai and Chengalpattu district as well the Govt of India who have strengthened our hands and are an integral part of our work .

We are extremely hurt and sad to note the demise of our beloved advisor and chairman of foreign board Judge Sheffield. His memories will always live on.

Our most dedicated staff continue to intensify their efforts and serve more of His children with renewed zeal and enthusiasm. As member of the editorial board, I earnestly hope that you enjoy reading this annual report.

ORGANIZATION BOARD

Pathway has a clearly defined Memorandum and Articles of Association which directs the working of the organisation. This society has a distinguished Board of Trustees

DR DATHU RAO MEMORIAL CHARITABLE TRUST ORGANIZATION – BOARD

- ❖ The board members meet at least four times a year to transact the business of the organization and meets every year to conduct the Annual General Body meeting to review the work of the resolve various important issues, including: Acceptance budget.

- ❖ Reviews of audit accounts and balance sheet , auditors and lawyer



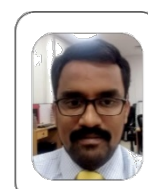
DHULI PATNAIK
PRESIDENT



ABHIJEET PAREKH
VICE PRESIDENT



CHANDRA PRASAD
GEN SECRETARY



SANTHANAGOPAL ACHUTAN
TREASURER



SHANTH JAIN
TRUSTEE



M A RAMAR
TRUSTEE



DR K N JAYALAKSHMI
TRUSTEE



USHA RAMMOHAN
TRUSTEE



R SUNDAR
TRUSTEE

organization and
and passage of yearly

Appointment of

- ❖ Election of officers, Long- range planning and development goals of the centres
- ❖ Offers general direction in the everyday operation of the organization.

ORGANIZATION - GOVERNANCE

Pathway has a clearly defined Memorandum and Articles of Association which directs the working of the organisation. This society has a distinguished Board of Trustees

BOARD OF TRUSTEES

MRS. DHULI PATNAIK
PRESIDENT

MR. ABHIJEET PAREKH
VICE-PRESIDENT

MRS. CHANDRA PRASAD
GENERAL SECRETARY

MR. SANTHANAGOPALAN ACHUTAN
TREASURER

EXECUTIVE MEMBERS

Mr. M A RAMAR

MR. SHANTH K JAIN

MRS USHA RAMMOHAN

GENERAL BODY MEMBERS

DR JAYALAKSHMI

MR R SUNDAR

AUDITOR
SRIDHAR KRISHNAMURTHY
& ASSOCIATES



Pathway is run under the auspices of Dr. Dathu Rao Memorial Charitable Trust a Registered Society under the Tamil Nadu Societies Registration Act.

❖ Recognized by the office of the Commissioner for the Differently Abled, Government of Tamil Nadu (Department of Differently Abled Welfare).

The organization receives an annual grant-in-aid from the Ministry of Social Justice and Empowerment, Government of India.

The organization receives grant in aid from the office of Commissioner for the Differently Abled, Government of Tamil Nadu (Department of Differently Abled Welfare) for the project “Pathway - Sabin Home for persons with Mental Retardation and Associated Conditions”

Pathway is monitored and audited yearly by independent parties to ensure proper implementation of all finances and governance.

RECOGNITION AND GRANT-IN-AID

- ❖ Ministry of Social Justice and Empowerment, Government of India
- ❖ Office of the State Commissioner for the Differently Abled, Government of TN
- ❖ Department of Social Welfare as a recognized Orphanage.

REGISTRATION AND PERMISSION

- ❖ Director of Exemptions, Dept. of Income Tax, Govt. of India, Nungambakkam, Chennai U/S 80G of the Income Tax Act.
- ❖ Ministry of Home Affairs under the Foreign Contribution Regulation Act, Government of India, New Delhi
- ❖ Registered with The National Trust for Autism, under section 12(4) of the Act for the welfare of persons with Autism, Cerebral Palsy, Multiple Disabilities and Mental Retardation, Government of India, New Delhi
- ❖ Registered under Section 53 of Justice Juvenile Act, 2015, Dept of Social Defense, Govt of TN
- ❖ Registered under Section 34(3) of Juvenile Justice (Care and Protection of Children) Act 2000, amended in 2006 and rules therein., The State Govt/Director of Social Welfare-Child Welfare .
- ❖ Registrar of Societies (South), Govt. of Tamil Nadu, Chennai
- ❖ Registered with Department of Social welfare, Govt of Tamil Nadu under Orphanages and other Charitable homes supervision and control act 1960
- ❖ Registered with Department of Social Welfare, govt. of Tamil Nadu under section 51(2) of the Rights of the Persons with Disability Act, 2016
- ❖ Registered under TN Recognized Private Schools (Regulations) Act, 1973 and Rules 1974
- ❖ Registered with Directorate of Matriculation Schools, Govt of Tamil Nadu
- ❖ Registered under NGO-Darpan Portal of NITI AAYOG, Govt of India

The details of each registration is given below

❖ **CERTIFICATE OF RECOGNITION- CHENNAI**

Recognised by **Commissioner For Welfare Of The Differently Abled**, Chennai As Special School Cum Vocational Training Centre For The Intellectual Disabled For The Period **07.04.2020 To 06.04.2023**

❖ **CERTIFICATE OF REGISTRATION- CHENNAI**

Recognised by **Commissioner For Welfare Of The Differently Abled**, Chennai As Special School Cum Vocational Training Centre For The Intellectual Disabled For The Period **07.04.2020 To 06.04.2023**

❖ **CERTIFICATE OF REGISTRATION-PATHWAY-SABIN CHENGALPATTU**

Registration is renewed to “**SABIN/ PATHWAY HOME FOR PERSONS WITH INTELLECTUAL DISABILITY AND ASSOCIATED CONDITIONS – REHABILITATION CENTRE**, No:1 A.D.S.N Prasad Street, Agili Village, Sendivakkam Post, Via Sothupakkam, Maduranthakam Taluk, Chengalpattu District – 603319, S.No.244/5A – 685.0,12.70 as an institution for the persons with Disabilities vide S.No.315/ 2019 under Section 51 (2) of the Rights of Persons with Disabilities Act, 2016 to run a Home & Vocational Training Centre For Intellectually Disabled which is **valid from 01.09.2021 TO 30.06.2024**.

❖ **CERTIFICATE OF REGISTRATION UNDER JJ ACT -PAMELA MARTINEZ/PATHWAY MATRICULATION SCHOOL CHILDREN’S HOME**

This Certificate of Registration renewal is awarded to – **PAMELA MARTINEZ PATHWAY MATRICULATION SCHOOL CHILDREN’S HOME**, (Dr. Dathu Rao Memorial Charitable Trust) No:1 A.D.S.N Prasad Street, Agili Village, Sendivakkam Post, Via Sothupakkam, Maduranthakam Taluk, Chengalpattu **District - 603319 of Tamil Nadu** as an institution for children in need of care and protection vide SI.No.1285/DSD/2020 under section 41(1) of the Juvenile Justice (Care and Protection of Children) Act 2015, therein valid from **29.01.2020 to 29.01.2025**

❖ **CERTIFICATE OF REGISTRATION UNDER DEPT OF SCHOOL EDUCATION- PAMELA MARTINEZ/PATHWAY MATRICULATION SCHOOL CHILDREN’S HOME**

This Certificate of Recognition renewal is awarded to – **PAMELA MARTINEZ PATHWAY MATRICULATION SCHOOL CHILDREN’S HOME**, (Dr. Dathu Rao Memorial Charitable Trust) No:1 A.D.S.N Prasad Street, Agili Village, Sendivakkam Post, Via Sothupakkam, Maduranthakam Taluk, Chengalpattu **District - 603319 of Tamil Nadu -**

1.Chief Educational officer proceedings SL NO 3833/A1/2021 dated 29.10.2021 as per RTE act(Right to Education Act) 2011 ,Recognition for the LKG TO VIII grade from **01.09.2021 to 30 .06.2024**

2.As per Matriculation School regulations, Chief Educational officer proceedings SL NO 3833/A1/2021 dated 29.10.2021, Recognition for the IX TO X grades from **01.09.2021 to 30 .06.2024**

❖ **CERTIFICATE OF REGISTRATION (UNDER SECTION 12 (4) OF THE ACT)**

❖ **REGISTRATION NO. TDRD16513235267**

PATHWAY CENTRE FOR REHABILITATION AND EDUCATION FOR MENTALLY RETARDED a unit of DR. D. M. C. TRUST, 12TH WEST, STREET, CHENNAI, Chennai, Tamil Nadu-600041 (SR/Company Act/ Public Charitable Trust : S.No.7 of 1985) Voluntary Organisation is registered with The National Trust. The Registration shall remain valid from **15/05/2021 to 14/05/2026**

❖ **CERTIFICATE OF REGISTRATION FOR CSR ACTIVITIES FROM MINISTRY OF CORPORATE AFFAIRS, GOVT OF INDIA**

Registration No. CSR00015933

"HAVE THE POOR HELP THE POOR"

Pathway began in 1975 with just two children in a small, rented house in Chennai, India.

Dr. A D S N Prasad, an Audiologist and Speech Pathologist, sought to fill the void existing in the care and rehabilitation of the Intellectually Disabled adults and children. From these humble beginnings grew an organization that has served almost 40,750 children and adults in a city center and two in rural agricultural centre.

Prasad guides Pathway with the belief that

"EVERY INDIVIDUAL SHOULD BE GIVEN THE OPPORTUNITY TO UTILIZE THEIR POTENTIAL IN ORDER TO LIVE WITH DIGNITY AND SELF-RESPECT, REGARDLESS OF MENTAL OR PHYSICAL LIMITATIONS."

Pathway is a voluntary, charitable, nonprofit and non-governmental organization which serves children and adults without any bias to religion, caste, creed, or any other consideration.



SABIN-PATHWAY

HOME FOR PERSONS WITH
INTELLECTUAL DISABILITY &
ASSOCIATED CONDITIONS



SABIN- PATHWAY HOME AGILI, CHENGALPATTU DT. INDIA

SABIN- PATHWAY REHABILITATION BLOCK AGILI, CHENGALPATTU DT. INDIA



AGRO FARM – SUSTAINABILITY

The AgroFarm is situated 90 km from Chennai in the sub-tropical Chengalpattu district, making it suitable for growing a variety of produce:



- ❖ PADDY- RICE
- ❖ RAGI
- ❖ SESAME
- ❖ BLACKGRAM DHAL
- ❖ GROUNDNUT
- ❖ CHILLI – PEPPERS
- ❖ MOSAMBI
- ❖ CUSTARD APPLE
- ❖ COCONUTS
- ❖ BANANAS
- ❖ JACKFRUIT
- ❖ PEANUTS
- ❖ MANGOES
- ❖ LEMONS
- ❖ POMEGRANATES
- ❖ VEGETABLES
- ❖ SAPOTA
- ❖ WATERMELONS



Farming capabilities include:

- ❖ 25 acres for horticulture
- ❖ 29 acres earmarked for rice, peanut, and Lentil cultivation



❖ Smaller areas dedicated for growing vegetables
The yield from the Farm provides the children their daily intake of rice, which is the staple of the Indian diet. The Farm also contributes towards the supply of fruits and vegetables.



AGROFARM – OUTREACH

“HELPING THE POOREST OF THE POOR”



An important goal of the AgroFarm is to provide food to the surrounding destitute villages, to instill a sense of duty, responsibility, and community, and show that the poor and disabled can become self-sufficient and

contribute to society. With this in mind, the children of Pathway inaugurated the program “Poor Helping Their Poor Brethren” in August 2002, which will donate rice and any surplus crop regularly to needy persons each month. In addition to this during the pandemic period we decided to share our agricultural output with the most needy ones. Vegetables, paddy, fruits were all distributed to our surrounding villages as well as in the community especially the CBR beneficiaries. The Almighty had blessed us with wonderful harvest in spite of the many challenges we went through but in the end we were satisfied that we could be a conduit to downsize the hunger around us

Gary B. Sabin is a General Authority Seventy of The Church of Jesus Christ of Latter-day Saints. He was sustained on April 2, 2016.

He was born on April 7, 1954, in Provo, Utah. He earned an associate degree in language and a bachelor’s degree in university studies/finance from Brigham Young University. He received a





master's degree in management from Stanford University. He was founder/chairman/CEO of several companies, including Excel Realty Trust, Price Legacy, Excel Realty Holdings and Excel Trust.

He has served in the Church as bishop, stake president, and Area

Seventy. He served a full-time mission to the Belgium/Holland Mission. He was serving as a member of the Fifth Quorum of the Seventy at the time of his call as a General Authority. Gary and Valerie Sabin, parents of five children themselves, formed The Sabin Children's Foundation at the time Gary established his first publicly traded real estate company in 1993. They determined to use a portion of the profits received from the transaction to create a foundation dedicated to relieving the distress of children around the world. Over the last 25 years, SCF, along with the help of our partners, has been able to help more than 500,000 children in need. We are indeed

fortunate to be under their grace to help more number of children which led to forming the Sabin-Pathway

Centre. The SABIN-PATHWAY HOME FOR PERSONS WITH INTELLECTUAL DISABILITY & ASSOCIATED CONDITIONS has been serving children, adolescents and adults with Intellectual Disability, cerebral

palsy, autism and related dysfunctions from the year 2009 . This centre continue to have the services of the following professional and other staff:

- ❖ SPECIAL EDUCATORS
- ❖ PHYSIOTHERAPIST
- ❖ OCCUPATIONAL THERAPIST
- ❖ MEDICAL SOCIAL WORKER
- ❖ VISITING DENTIST
- ❖ PSYCHOLOGIST





- ❖ VISITING SPEECH PATHOLOGIST & AUDIOLOGIST
- ❖ VISITING PHYSICIAN
- ❖ VOCATIONAL TRAINERS
- ❖ WARDENS
- ❖ HOUSE MOTHERS
- ❖ COOK
- ❖ SECURITY STAFF
- ❖ FARM WORKERS

The above professional team is involved in diagnostic and assessment of various disabilities. The centre has standardized a comprehensive case sheet that involves examination of all relevant aspects of child before

embarking on therapy, treatment or special education. This case sheet addresses all issues such as examination of speech and language functions, evaluation of hearing and complete audiological tests, if warranted children are referred to Chennai for detailed ENT and audiological examination. The case sheet also addresses towards examination of physical functions, such as power, tone, reflexes, deformities and evaluation of various needs of the occupational therapist. The initial examination also includes special educational assessment, psychological evaluation and a proforma for social worker's assessment. The initial testing includes complete medical evaluation by the physician and will include all other experts' opinion, such as neurologist, psychiatrist, etc on a referral basis. The centre utilizes standard tests in vocational skill evaluation as developed by the NIMH and also inputs that is given by Pathway. In addition to this the social worker evaluates the family situation and circumstances and evaluates emotional needs of the client in question.

Training schedules with regular program has been devised to train Rural Rehabilitation Workers (RRW). This program is helping to train many mothers and women from the villages in the art of care of the disabled. These RRWs have been regularly attending the centre twice every week to undergo training in basic rehabilitation and care of the disabled children and adults. Visiting experts in various fields engage these RRWs in theory and practical training.

The every day schedule consists of special education, physio therapy, occupational therapy, pre-vocational training, vocational training, personal hygiene and teaching life skills, yoga, medical care, etc. Each child with disability has an IEP that is established that clearly indicates the child basic level of performance. Every child is





evaluated once in a quarter to assess the child's progress or other wise in every area under care. The centre follows a systematic time table that care of every aspect of individual's waking hours, Children and adults are encouraged to take part in physical exercise right in the morning and they are involved in looking after the general cleanliness of the facilities and also tending the garden and lawns.

Children and adolescents who are above the age of 15 years are offered the following vocational training programme:

- ❖ Exquisite Cement cloth pots
- ❖ Production of Handicrafts
- ❖ Nursery and vegetable garden
- ❖ Cleaning and house keeping
- ❖ Paper mache craft
- ❖ Wood working and carpentry
- ❖ Making of presentation items using saw dust
- ❖ Agriculture and horticulture'
- ❖ Production of coir products
- ❖ Production of dried petal powders to use for Rangoli

Medical and Outreach programme for the Disabled : As a part of Sabin Centre for Disabled the organization has initiated out reach programme to serve disabled in a couple of locations in nearby villages. The rehabilitation team comprising of the following:

- ❖ Special Educator
- ❖ Physio therapist
- ❖ Social Worker
- ❖ General Physician
- ❖ Dentist
- ❖ Volunteers

The above team visit villages regularly and evaluate and serve the disabled right at their door steps. We also offer basic essential necessities like mats, pillows, kitchen utensils, provisions etc including our farm produce. The team also offers home bound programme for these children that could be practiced by the parents and relatives of the children. Children with cerebral palsy who have physical disabilities and that need regular physiotherapy and occupational therapy have been receiving regular therapy from Village Rehabilitation Worker(VRW) trained by the organization. Efforts are on to locate a couple of more permanent locations so that it would be possible for the organization to serve a large number of children with disabilities who are need of our services.

AUTISM AWARENESS DAY 2022



We need to ensure that the rights, perspectives and well-being of persons with disabilities, including those with autism, are an integral part of building forward better from the pandemic.---
-António Guterres

...

World Autism Awareness Day (WAAD) aims to put a spotlight on the hurdles that people with autism



and others living with autism face every day. As a growing global health issue owing to its increasing exposure in the press and common knowledge, autism is an issue that is only gaining more understanding and WAAD activities are planned every year to further increase and develop world knowledge of children and adults who have autism spectrum disorder (ASD).

What's more, World Autism Awareness Day goes one step further to celebrate the unique talents of those with autism, while putting a huge focus on the warm embrace and welcome that these skills deserve through community events



Rally to create awareness on Autism



Pathway conducted a rally on April 2 as a part of the Autism Awareness month. The Director of the Centre flagged off the rally.

The 2022 theme for the World Autism Awareness Day is 'Quality education for all'. Children were all smiles and with their head high, stepped out with banners and posters along with sparkly blue balloons in high spirits.

Pathway specializes in providing vocational training and rehabilitation for children with cerebral palsy and many other mental and physical disorders.

They provide care for nearly 800 children on a regular basis, and have almost 300 live-in children.

At E-76/1, 12th West Street, Kamaraj Nagar, Thiruvanniyur

April 14th Tamil Varsha Pirappu Special lunch (14 item) with Banana Leaf

Payasam, Vadai, Thayir Pachidi, Varsha pirappu special pachidi, Avial, Poriyal, Sambhar, Rasam, Peruppu, Curd, Rice, Ghee, Chips, pickle Meal for 1- Rs.173 / Meal for 2- Rs.300 / Meal for 3 - Rs.425 Without Rice Option - Meal for 1- Rs.155 / Meal for 2- Rs.260 / Meal for 3- Rs.365

Special Function / Party orders undertaken Attractive function packages starting from Rs.90 -189 depending on menu

THINK OF THIS NEIGHBOURHOOD NEWSPAPER

Call : 97910 19000 e-mail: edyavimesads@gmail.com

around the globe. Each year, World Autism Awareness Day has a different and unique theme and this year's theme for the day is "Inclusive Quality Education For All". Children at Pathway were not to be left behind in supporting this day though COVID had restrained their activities to work from home. Through online they sent their drawings and clay models to share their views and support their peers.

We at PATHWAY celebrated this beautiful day by flagging off a rally from our Chennai Centre by the Director followed by cultural and fun games. Children were all smiles and with their head high, stepped out with banners and



posters along with lovely sparkly blue balloons with high spirits. Their message to the public was loud and clear. Their smiles did the trick.

Everyone at PATHWAY expressed their support in blue attire to mark this special day. At the end of the rally they were treated with their favourite ice cream

AWAAZ APPLICATION

A hands on training was conducted by our Social Welfare department regarding the application of AWAAZ AAC to empower the Special Educators and therapists working with Special children by TN-ACE. The main features of this app are mentioned below--

Avaz empowers people to communicate their thoughts, emotions, ideas, needs and wants.

Avaz can be used at home to communicate what they wish to eat and can also be used in school to access learning. Avaz is a picture and text-based AAC app that empowers children and adults with complex communication needs to express themselves and learn.

Expressing thoughts, whenever and wherever, increases their confidence in their abilities. From communicating that they are happy to participating and learning in the classroom, Avaz helps with all! The seminar was attended by our therapists and Principal . The organisers donated a IPAD having the above featured application to our organization



WORLD ENVIRONMENT DAY 2022



World Environment Day is celebrated on June 5 every year to remind people about the importance of nature. It is the biggest international day for the environment. Led by the United Nations Environment Programme (UNEP), and held annually since 1973. The theme of World Environment Day 2022 is “**Only One Earth**”, and Sweden is the host country for it. Under this theme, World Environment day will be observed, highlighting the need to live sustainably in harmony with nature. This day provides us with an opportunity to take responsible steps to preserve and enhance the environment.

World Environment Day. The environment in which we live can be understood as a blanket that keeps life on the planet safe and sound. It plays a vital role in keeping living things healthy. It provides food, shelter, air, and fulfills all human needs. Likewise, it maintains ecological balance on earth.

The biggest Environmental issues being the following

- Public Health issue:** Dirty water is the biggest health issue. It poses a threat to the quality of life and public health. The majority of people still don't have access to water and toilets. Over a million people worldwide die from water, hygiene, and sanitation-related diseases, which could be reduced by safe water and sanitation access.
- Ozone Layer Depletion:** The ozone layer protects the earth from harmful UV radiation coming from the sun. Its depletion has exposed us to such harmful radiation. We are prone to skin cancers, different types of eye diseases, abnormal growth of certain species, etc.
- Deforestation:** Cutting down trees on a large scale poses a major threat to our environment. Forests are natural sinks of Carbon dioxide; they help in regulating temperature and rainfall, etc. If this is not stopped, soil erosion, increased greenhouse gas emissions, irregular rains, and flooding are some of the adverse effects on the environment.
- Global Warming:** This occurs when carbon dioxide and other air pollutants get collected in the atmosphere and absorb sunlight and solar radiation emitted from the earth's surface. All this leads to a rise in the earth's temperature causing natural disasters such as melting polar ice caps, flooding, droughts, and many others.



The simple ways to solve the above can be considered as shown below-

- ✿ Say no to plastics. Instead of using plastic bags, use environmentally friendly carry bags, such as bags made of paper (reuse them again and again), biodegradable bags, compostable bags, etc.
- ✿ Plant more saplings: Trees play an important role in producing oxygen and absorbing carbon dioxide from the environment. Hence, it is important to make your environment greener around you. Forests play an important role in absorbing and storing water, which prevents flooding of cities and other areas. Preserve and let it protect us in return.
- ✿ Waste Segregation: Every day different type of waste are generated in our homes. It is important for us to identify and separate organic and inorganic wastes. For example, dust, aluminum cans, paper waste, and other types of dry waste are classified as inorganic, whereas food waste, fruit waste, and other wet types of waste are classified as organic waste.
- ✿ Save Energy: Save electricity by switching off your appliances when they are not in use.



Adopting alternative sources of energy: Switching to renewable sources of energy will not only save limited natural resources but will also reduce pollution. Pathway decided to do their mite by creating awareness of the same through our special education involving our children as shown below.

The kids continued with their garden activities thus learning the importance of being responsible towards the earth. The education included doing spring cleaning. Art is an excellent platform to execute our thoughts. We organized drawing competitions to encourage the students to understand the importance of environmental protection.



SEA SHELL MUSEUM EDUCATIONAL TOUR

School Excursion to India Seashell Museum at Kalapakkam Road Mahabalipuram is Asia's Largest Seashell Museum with around 40,000 Seashell specimens and 1000s of Specimen of Oysters and Other Aquarian creatures preserved in pristine conditions.

The museum offered unique perspective on the following -

SEASHELL MUSEUM
PEARL MUSEUM
DINOSAUR MUSEUM
MAMALLA AQUARIUM
GAME WORLD

VR - VIRTUAL REALITY and 3D ART GALLERY MAYA BAZAAR - EXCLUSIVE SHOPPING PLACE FOR SHELLS & PEARLS"



One can date back on the history of the seashell museum. A seashell enthusiast and lover, K Raja Mohamed, once upon a time, set across to collect seashells from across all the places that he happened to visit. He had a dream. And it was about creating a museum of his own with amazing varieties of seashells collected from across the world. After 33 years of meticulous effort and wonderful zeal, this person actually went ahead and opened a museum. That's how the India Seashell Museum came

into being in the first place. Actually, K Raja Mohamed sold out his family property to build this museum. Finally, the India Seashell Museum was opened to the public in 2013. It all started when K Raja Mohamed made a trip to Sri Lanka in 1980. After that he visited Kenya, Thailand, Vietnam, America and several other destinations, collecting different sea shells on his journey.



display at India Seashell Museum. However, his quest was still not over. He knew he can't collect all of them as one lifetime is not enough for it but he just wanted to collect as many more as possible.

The gallery 3 caught the children's eye since it depicted the story of pearls. The guide patiently informed the kids about the three important stages in the formation of a pearl

In total there are some 6000 different varieties of seashell species. And Mohamed managed to capture some 2300 of these. They are proudly on





And pointing out the beautiful raw, unpolished pearls and pearls in the shells. It was indeed fascinating to see the curious looks on the kids faces. The other most important gallery was the artistic items which were created out of Oyster shells. The extreme artistic skill of the creator was nothing short of uniqueness. They saw a train, plane, car etc. Their excitement was indeed something to be recorded. They hurried from the aquarium to enjoy the spectacle at the dinosaur park. Everything comes alive and one gets engrossed and motivated when the contagious smile of the children spreads the happiness



We took the children on a trip to Mahabalipuram which is a historical place near Chennai. They enjoyed visiting this museum. The other attractions were viewing the fish aquarium and dinosaur park. This was clubbed with a horse ride and some fun activities at the beach.



2022 THEME: "YOGA FOR HUMANITY"



The International Day of Yoga has been celebrated across the world annually on June 21 since 2015, following its inception in the United Nations General Assembly in 2014. Yoga is a physical, mental and spiritual practice which originated in ancient India. The Indian Prime Minister Narendra Modi, in his UN address in 2014, had suggested the date of June

21, as it is the longest day of the year in the Northern Hemisphere and shares a special significance in many parts of the world.

The theme for International Day of Yoga 2022 is “Yoga for humanity”. Yoga is universal — it can be practised anywhere, at any time, and by anyone irrespective of age, gender, culture or nationality. Yoga is a powerful tool for individuals, communities and countries to improve both mental and physical health.

Yoga has been shown to have immediate psychological benefits, decreasing anxiety and stress, and increasing feelings of emotional and social well-being. It helps prevent and control noncommunicable diseases (NCDs) — cardiovascular diseases, cancer, chronic respiratory diseases and diabetes, among others — that are a rising cause of disability and premature death.

Yoga has helped hundreds of millions of people across the world stay healthy during the COVID-19 pandemic. This is consistent with the WHO principle that states, “Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity”.

Making yoga a part of our daily activities can help countries around the world achieve the NCD target of 15% relative reduction in physical inactivity by 2030. In India, health and frontline workers at Ayushman Bharat-Health and Wellness Centres encourage the community they serve to adopt yoga to promote health, prevent and manage diseases — including NCDs — and accelerate recovery from ill-health and injuries.

We at pathway believe in the goodness of yoga and embraced it as a part of the children’s daily regime. Under the guidance of the staff, children performed various yoga asanas such as Bhujangasana or Cobra Pose, Dhanurasana, Shavasana, Padahastasana, Trikonasana, Tadasana, etc. upon the verbal prompting of the staff, the children did the poses. The meaning of each pose was explained to the children by the staff. The benefits of yoga are definitely abundant.



Citibabu pointed out few benefits that he has experienced by practicing yoga.

- ▣▣▣▣ Yoga improves flexibility
- ▣▣▣▣ Yoga helps with stress relief
- ▣▣▣▣ Yoga improves mental health
- ▣▣▣▣ Yoga boost immunity
- ▣▣▣▣ Yoga may improve cardiovascular functioning
- ▣▣▣▣ Yoga can improve brain functioning
- ▣▣▣▣ Yoga may help improve sleep
- ▣▣▣▣ Yoga may improve cardiovascular functioning



The children drew pictures and displayed cards to spread awareness, importance and goodness of yoga. The children can feel that by practicing yoga daily their concentration and memory power are boosted which helps with their daily learning. On this International Day of Yoga, let us all celebrate the physical and mental health benefits of yoga and highlight its contributions to lifelong health and well-being for all.

DOCTOR'S DAY



Every year, National Doctor's Day is observed on July 1 in the memory of Dr Bidhan Chandra Roy, the former Chief Minister of Bengal, who was known for his selfless service to humanity. The day, commemorated by Indian Medical Association (IMA), celebrates all doctors and healthcare workers who have been tirelessly serving people by risking their own lives.

Dr Roy was born on July 1, 1882, and passed away on the same day in 1962. Also called Doctors' Day, it has been celebrated across the nation every year since 1991. The theme this year is 'Family doctors on the front line.'

Doctor's Day is celebrated globally on different dates. The date changes from country to country. National Doctor's Day marks the role of doctors





who work tirelessly to ensure that patients remain in good health. The day celebrates the efforts taken by the healthcare staff for their hard work and dedication and honours the contributions made by the doctors and healthcare professionals, along with the numerous sacrifices they have made to save millions of lives. Amid pandemic, many of the frontline workers had sacrificed their lives in order to save another one. We are so grateful to all the health care workers for their tireless effort and dedication offered to our children at all emergencies regardless of time. The

Kids drew pictures that symbolizes importance of the doctors with the help of their educators and also prepared greeting cards to give to their doctors and nurses. The staff helped the children to dress up and enact as the doctor and patient, the children were able to understand the necessity of a doctor's role in the society. They were also educated about the importance of vegetable and fruits in our day-to-day life. ----

“MEDICINES CURE DISEASES, BUT ONLY DOCTORS CAN CURE PATIENTS”



PLASTIC BAG FREE DAY

International Plastic Bag Free Day is celebrated every year on July 3. The aim is to encourage nations to start banning single-use plastics. Every year, the day is marked in an effort to increase awareness of the grave and urgent problem of plastic pollution in the environment. It is very important since plastic





poses a huge threat to the ecosystem, notably to land and marine life, endangering the safety of the next generation.

The first International Plastic Bag Free Day was observed on July 3, 2008, when Rezero, a member of Zero Waste Europe (ZWE), initiated it. The holiday was only observed in Catalonia in its inaugural year. However, a year later, ZWE introduced the International Plastic Bag Free Day to the European Union.

Their effective campaigns were created

over time, but the organisation later succeeded in pressuring a number of countries to begin adopting steps to reduce the use of single-use plastic. India has banned all single-use plastic items from July 1. Plastic sticks, flags, polystyrene, plates, cups, glasses, cutlery, straw, trays, wrapping or packing films, plastic bags, plastic or PVC banners less than 100 microns have been banned. International Plastic Bag Free Day was created by Bag Free World. It was created as a worldwide initiative for the



purpose of getting rid of the single-use of plastic bags around the world. Despite these regulations, plastic bags continue to be a massive problem for our planet. Each year, 8 million metric tons of plastic end up in the ocean harming fish and wildlife. When plastic enters the food chain, it can also harm human health.



Facts about plastic bags include:

- It takes between 100 and 500 years for plastic bags to disintegrate.
- We make 5 trillion plastic bags each year.
- We only use plastic bags for 25 minutes per use.
- Every minute around the world, we use 1 million plastic bags.
- Each year, plastic bags kill 100,000 marine animals.

Everyday millions of plastic bags get disposed of, and without active people like yourself getting involved, the future is going to be dealing with hundreds of millions of pounds of plastic bags clogging oceans, rivers, and the world at large. The problem has reached such proportions that what was once clean sand on the beaches of the world are now being found to be made of composites of natural substances and garbage plastic.

The Staff trained the children to make art and drawing on the chart paper for their rally. A child covered him with a sign board while others held pluck cards and chart drawings. The rally was from the school campus to main gate. The idea was to convey a strong message to our campus staff and children to stop using plastic and the damage that it causes to our environment. The children were also educated by their special educators about the ill effects of plastic and single use plastic. Mr. Veerapandian gave a short note on the 3 R's (REDUCE, RECYCLE, REUSE). At the end of the rally, we all took an oath to stop using the plastic bags.

THE 9TH PATHWAY EXCELLENCE AWARD



The Pathway Excellence award was conferred in a glittering ceremony recently at the farm. The open air hall was tastefully decorated with colorful buntings of silk and brocade with a large stage with an attractive digital



backdrop announcing the Excellence Awards. These awards were conferred on meritorious poorest rural children of Tamil Nadu selected from all over the state. This concept of bestowing awards on such children was conceived 14 years ago. Pathway being an organization serving the disabled and the poor wanted to focus on the needy children who show promise in their scholastic performance. The mandate of the organization has been to serve the most needy and deserving children without any

bias to their religion, caste or any other consideration. It is the aim of the organization to discover the uncut gems, unsung heroes who live in the dusty rural areas of the state without being recognized. The aim of Pathway also has been to uncover the potential of highly deserving children who are generally neglected or marginalized by the society because of their obvious problems, such as, poverty, lack of opportunities, poor facilities in the rural areas, etc. Pathway decided to select children from these remote areas of the state through proper selection process. A clear cut criteria was evolved by the organization, where the selection panel analyzed various challenges and shortcomings of each student from various public or government run schools, corporation schools or orphanages in the state. The panel also studied the performance of each short listed student in his/ her scholastic achievement as well as in their all round achievement.



We celebrated PATHWAY EXCELLENCE AWARD event on the 9th July 2022 where all our three centres gathered to participate. This 9TH PATHWAY EXCELLENCE AWARD was given in honor of our WONDERFUL SUPPORTERS

- Late* Judge William Sheffield
- Late* Dr A D S N Prasad
- Mr Gary Sabin
- Mr William P Benac
- Mr Jean-Luc Butel
- Ms Pamela-Alex Martinez
- Mr Tim and Karen Fewkes
- Mr William P Benac Jr

The Pathway Excellence Awards -2022 was given to 10 staff and 9 students who have triumphed despite hardships in a variety of endeavors as well as their studies. Our children have done exceptionally well in their academics. Despite the challenges, they all gave their utmost effort and completed their studies with flying





colors. Each of them achieved grades of over 90% in almost every subject. Many of them were first-time school goers who came from uneducated parents. Each of the recipient award youngster received a garland, shawl, medal, and financial reward.



The best student of the school was Naveen. He completed his studies at Adhiparashakthi Matriculation Higher Secondary School, Melmaruvathur. This young person did extraordinarily well on both exams, scoring 98 percent on the SSLC and a 96.5 percent on the HSC.



Additionally, he received 100 percent marks in science on his board exam for the 10th grade and 100 percent in commerce and accountancy on his board exam for the higher secondary level. His father is a proud farmer, and his mother is a housewife. Your grades speak volumes about you. Best wishes for the future and sincere congrats.



The next award went to Srimathi. Srimathi is a proud



alumnus of the pathway. She completed her studies at our school and scored the best mark (93.6%) on the board exams for the 10th grade. She has been actively involved in all cultural activities since she was in kindergarten, she achieved the school's second-best mark on the higher secondary board exams with a score of 96 percent. She joined Pathway when she was a newborn, and it is fantastic to see her accomplishment now.



The next honor was received by Priyadarshini. Priyadarshini is a vivacious young woman from the village Ellapakam. Her mother is a housewife and her father drives a truck. She completed her studies at the government higher secondary school in Ellapakam Village, she scored 85.4 percent on her SSLC board exams and 72.6 percent on her HSC board examinations. This young lady wants to be a doctor when she grows up. Despite her difficulties, she made sure to work harder on her studies and



did her best.

Three very special awards were presented to our very Special Children Karthikeyan, Beena and Kiresh who in spite of their inborn disabilities proved that disabilities are just in the mind. One can achieve even the most impossible if one wants to. Karthikeyan completed 10th grade, Beena has climbed the ladder to head the Bakery Section independently and Kiresh manages our Hydrotherapy pool immaculately.



The next award went to Sivakami. Sivakami works as a vocational trainer for the Sristi Foundation in Kanamangalam Village. She exemplifies the importance of emphasizing abilities rather than limitations. She definitely is a source of inspiration to all of us.

Saranya received the next award.

She is an enthusiastic student who studied at the govt girls' higher secondary school in Acharapakkam. She achieved first place in both of her board examinations and she is the school's top student. She aspires to join Indian Administrative Services. She lost her father at a very young age, and lately, her mother passed away from cancer. Despite sad occurrences during those years, she achieved 87 percent on the SSLC exam and 91 percent on the hsc exam. We appreciate your dedication and determination, Ms. Saranya since we know it takes a lot of mental





strength to concentrate on learning at such difficult times. She is an example for many others.

Yuvarani. S is a charming young lady who attended the government girl's higher secondary school in Acharapakkam,, she obtained remarkable results in both the HSC and SSLC exams, scoring 81.83 and 89.4 percent respectively. This remarkable young girl wants to work as a nurse when she grows up ..Her father is a daily wage worker, while her mother stays at home. Despite her impoverishment, she has proven to us the importance of discipline, dedication, and hard work. She deserved the honor bestowed on her.

The evening was further enhanced by cultural programme performed by the kids. The first being a welcome dance by our kindergarten kids based on the below message—"Say No when somebody raises an axe to destroy trees, Say Yes to Plant Trees."

"A nation that destroys its soils destroys itself. Forests are the lungs of our land, purifying the air and giving fresh strength to our people." Said — Franklin D. Roosevelt—how rightfully said .



This was followed by a mime from our Sabin group which received a full round of applause. Not to be left behind were our children from Chennai centre. As the Austrian writer Vicki Baum once said, "There are shortcuts to happiness and dancing is one of them.",

Our children were there to enlighten the waves of happiness through their semi-classical dance.

Semi-classical dance involves less intricate and sophisticated movements than full classical styles. Most importantly the originality of the Indian dance style is maintained.



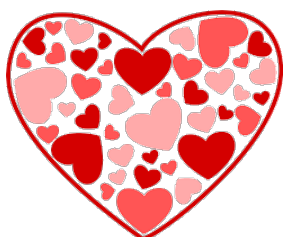
Out of the 9 versatile types of Indian Classical dance, such as
 Bharatanatyam, Tamil Nadu (Southeastern India)
 Manipuri Dance, Manipur (North-eastern India)
 Kathak (Northern India)
 Odissi Dance, Orissa (Eastern India)
 Kathakali. (Kerala). (Southwestern India).
 Mohiniattam. (Kerala)
 Kuchipudi (Andhra Pradesh) (Southeastern India)
 Sattriya Dance (Assam-Northeastern India)
 Chhau dance (Jarkhand)-

(Eastern India)

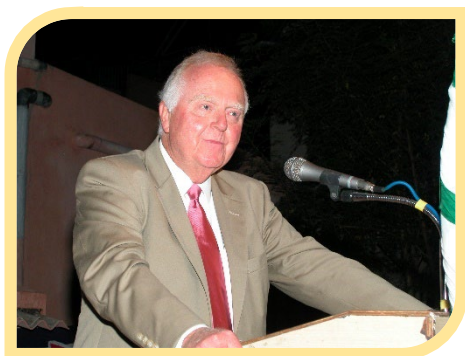
The kids performed a fusion of North India's style Kathak and South India's style Bharatanatyam.

The above followed with a video presentation of all the centre's current work and ended with national anthem.

A special dinner was arranged for all to mark this wonderful occasion.



JUDGE WILLIAM SHEFFIELD



Dearest GRANDPA JUDGE SHEFFIELD

*Until we meet again
We think about you always,
We talk about you still,
You have never been forgotten
And you never will
We hold you close within our hearts
And there you will remain,
To walk and guide us through our lives
Until we meet again*

-----ENTIRE PATHWAY FAMILY



Honorable William Sheffield, Formerly Judge of the Superior Court of California, Orange county. He is a great supporter from the past two decades and co founder of Pathway. He earned his degree from California State University, Long Beach and attended Law school at the University of California, Berkeley. Judge Sheffield has been a great friend of India from the past several years, has served as a member of Indira Gandhi's defence team in the late 1970s right from the times of Prime Minister late Mrs Indira Gandhi, late Mr. Rajiv Gandhi and current leadership, whom he knows very well. Former Professor in Law, Western State University, Fullerton, also served as ADR Consultant to the Government of India.



At Southern California he has been an active mediator/arbitrator, having conducted over 5000 mediations and arbitrations, now exclusively with Judicate West. Sheffield has been named among the Top Twenty Neutrals in California by the Daily Journal. He has also been named among the Top Lawyers in America. Since his retirement, Sheffield has been hired by the Los Angeles Unified School District to investigate complaints of

retaliatory suspensions of students for actions by their parents in a San Fernando Valley Middle School.

He has been instrumental in supporting Pathway's efforts for over two decades in its large scale expansion as well as in its service to hundreds of needy children and adults with various needs. A man with great vision, compassion and love for children has dedicated his life to uplift Indian children in a big way by raising and contributing crores of rupees to the organization.





William Sheffield was an American attorney and retired judge in the state of California. He was a general legal counsel for The Church of Jesus Christ of Latter-day Saints (LDS Church) in the Asia Area of the church. Sheffield has also served as a judge in the Superior Courts of California, Orange County. Sheffield earned his undergraduate degree from California State University, Long Beach, and then attended law school at the University of California, Berkeley. From 1983 to 1985 Sheffield was a judge on the Superior Court of California, sitting in Orange County. He also served as a member

of Indira Gandhi's defense team in the late 1970s. In 1985, Sheffield resigned his judgeship and went to Yale Divinity School. At the time Sheffield began attending services of the Methodist Church. ADR Consultant to the Government of India. He is associated with Pathway from 1989.

Upon completion of his assignment for the Church in 1990, Sheffield returned to Southern California where he has been an active mediator/arbitrator, having conducted over 5000 mediations and arbitrations, now exclusively with Judicate West. Sheffield has been named among the Top Twenty Neutrals in California by the Daily Journal. He has also been named among the Top Lawyers in America. Since his retirement, Sheffield has been hired by the Los Angeles



Unified School District to investigate complaints of retaliatory suspensions of students for actions by their parents in a San Fernando Valley Middle School.

Judge William "Banana Bill" Sheffield has never shied away from his ambitions. After graduating from California State University, Long Beach, with a degree in philosophy, he worked with former classmate Steven Spielberg on a year-long film project, but just didn't see promise in Hollywood. At one point, he even served as legal counsel for embattled Indian Prime Minister Indira Gandhi. But

none of this would compare to an invention he created in the hope of truly changing the world: the banana slicer.



Yes, that banana slicer. The yellow plastic device became a viral meme almost two years ago, when it inspired thousands of hilarious, satirical customer reviews online. But the story behind it goes back nearly 25 years. And as strange as it may sound, Sheffield's story embodies the American dream. Aside from an entrepreneurial spirit, the biggest driver of his innovative spirit is his faith.

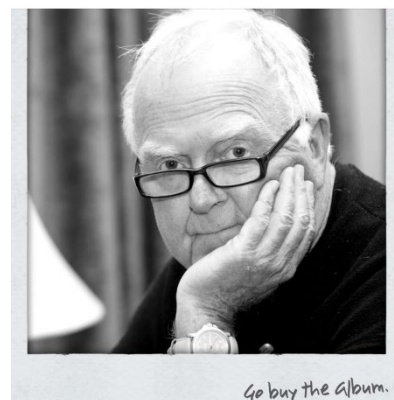
The gregarious inventor sent prototypes to political leaders as well. President George H. W. Bush and First Lady Barbara Bush called the invention "special". The Queen's personal chef responded, thanking Sheffield for his "great invention". And Banana Bill's hard work paid off: throughout the early Nineties, he sold nearly 1 million slicers. More than 60 per cent of the proceeds went directly to fund the orphanage in India, now known as Pathway. In the late Seventies, the orphanage supported about 20 disabled children. Thanks in part to Sheffield's banana slicer, Pathway now serves more than 500 people daily and has helped over 40,000. Entrepreneurial spirit: Sheffield's banana slicer became a viral meme



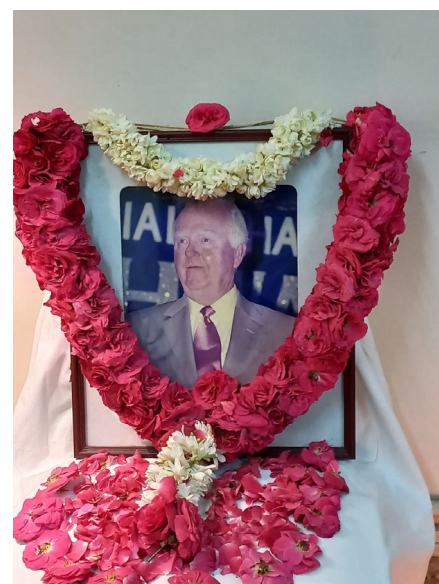
Sheffield's grandiose stories perfectly mirror his advice on innovation: "If you have the tenacity, the energy, and commitment to do it, it doesn't matter if it is a banana slicer, an automobile, or an iPhone 5. You can sell anything you want as long as you commit to it and you're creative. And don't let anyone tell you it won't work."

Below are some excerpts taken from biography of Prasad's book which add value to this great soul who left us in 14th July 2022----

Judge William Sheffield is certainly known as a judge, lawyer, arbitrator, a great soul, etc., but not many here know that he is an inventor Yes ! He invented a Banana Slicer and rightly called it the Bill Banana Slicer. This Slicer is very attractively engineered now available all over the U.S. The proceeds of the sale of this slicer were donated to Pathway by the inventor. After the Sunday lunch there was a reporter who wanted to interview Judge William Sheffield and this lady asked Judge Sheffield to kindly say a few things about his early life. A very interesting aspect of his life was revealed. Before joining the well known law school at Berkeley, Judge William Sheffield and a friend of his known as Steven were at the movies, and they reached a tight spot and were unable to complete this picture and both these young men separated, Judge Sheffield decided to join law and pursue the legal carrier instead. The interesting feature was this that young Steven who was a partner with Judge Sheffield was



none other than the Internationally renowned Film Director Steven Speilburg. !! Judge Sheffield said he has no regrets to get away from that life of billions, and he was grateful to serve the Lord by serving the needy. What a great man he is!



KAMARAJAR'S BIRTHDAY

Kumaraswami Kamaraj (15 July 1903– 2 October 1975), popularly known as Kamarajar was an Indian independence activist and politician who served as the Chief Minister of Madras State (Tamil Nadu) from 13 April 1954 to 2 October 1963. He was the founder and the president of the Indian National Congress, widely acknowledged as the "Kingmaker" in Indian politics during the 1960s. He also served as the president of the Indian National Congress for two terms i.e., four years between 1964–1967 and was responsible for the elevation of Lal Bahadur Shastri to the position of Prime Minister of India after Nehru's death and Indira Gandhi after Shastri's death. He was the Member of Parliament, Lok Sabha during 1952–1954 and 1969–1975. He was known for his simplicity and integrity. He played a major role in developing the infrastructure of the Madras state and worked to improve the quality of life of the needy and the disadvantaged.

As the president of the INC, he was instrumental in steering the party after the death of Jawaharlal Nehru. As the chief minister of Madras, he was responsible for bringing free education to the disadvantaged and introduced the free Midday Meal Scheme while he himself did not complete schooling. He was awarded with India's highest civilian honour, the Bharat Ratna, posthumously in 1976. US Vice-president Hubert Humphrey, referred to Kamaraj as "one of the greatest political leaders in all the countries of the free world" in January 1966.

Kamaraj was born on 15 July 1903 in Virudhunagar, TamilNadu, to Kumaraswami Nadar and Sivakami Ammal. His name was originally Kamatchi, later changed to Kamarajar. His father Kumaraswami Nadar was a merchant. Kamaraj had a younger sister named Nagammal. Kamaraj was first enrolled in a traditional school in 1907 and in 1908 he was admitted to Yenadhi Narayana Vidhya Salai. In 1909 Kamaraj was admitted in Virudupatti High School. Kamaraj's father died when he was six years old, his mother was forced to support the family.

The 120th birth anniversary of late Chief Minister K. Kamaraj was celebrated in all schools as 'Education Development Day' with various competitions and cultural events. The staff also took the challenge and separated in to team of two and started changing the costume of the two children. After completing the challenge, both of them looked almost alike and the staff have definitely done their best, a huge round of applause was given to the teachers. The celebration continued further, as the children started enacting all the achievements done by the "Kingmaker" in all aspects of his life. The drawings made by the children are exceptional and it was kept for display. All the children kept flowers that they have collected from the farm. Our Physiotherapist gave the final conclusion for the program.



COMMUNITY-BASED REHABILITATION PROGRAM- 2022-2023

As per WHO the meaning of Rehabilitation is defined as “a set of interventions designed to optimize functioning and reduce disability in individuals with health conditions in interaction with their environment”. Rehabilitation is an essential part of universal health coverage along with promotion of good health, prevention of disease, treatment and palliative care.

Our team of physiotherapists, nurses, and home trainers along with the doctors have conducted community-based rehabilitation in various in and around two districts Villupuram and Chengalpattu covering 10 villages like

Chengalpattu district

1. Vaippanai
2. Theetalam
3. Alapakkam
4. L.Endathur
5. Kadamboor
6. Papanallur
7. Pasuvangaranai
8. Semboondi
9. Kiliyanagar
10. Ottakovil village



Every beneficiary selected has been assisted with the required therapies which are being continued.

Their families are supported by way of provision, medical need, and basic personal necessities covering more than 200.

We at Pathway are committed to uplifting and providing the best in the education and rehabilitation process.

CBR is a community development strategy that aims to enhance the quality of life for people with disabilities and their families, and ensure their inclusion and participation in the community





This is helping us to build awareness regarding the diversity within the community, including diversity in functioning of people with disabilities, older persons and children. It also has helped in bringing in more positive attitude. Greater understanding of disability rights becomes more important since everybody in the community feels wanted and is not left behind in the social group. In actual terms rehabilitation helps a child, adult or older person to be as independent as possible in everyday activities and enables participation in education, work, recreation and meaningful life

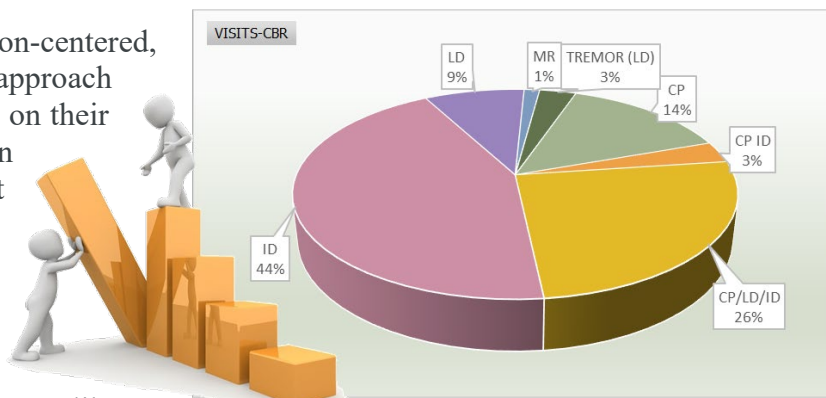
roles such as taking care of family. It does so by addressing underlying conditions (such as pain) and improving the way an individual functions in everyday life, supporting them to overcome difficulties with thinking, seeing, hearing, communicating, eating or moving around.

Anybody may need rehabilitation at some point in their lives, following an injury, surgery, disease or illness, or because their functioning has declined with age.

Some examples of rehabilitation include:

- Exercises to improve a person's speech, language and communication after a brain injury.
- Modifying an older person's home environment to improve their safety and independence at home and to reduce their risk of falls.
- Exercise training and education on healthy living for a person with a heart disease.
- Making, fitting and educating an individual to use a prosthesis after a leg amputation.
- Positioning and splinting techniques to assist with skin healing, reduce swelling, and to regain movement after burn surgery.
- Prescribing medicine to reduce muscle stiffness for a child with cerebral palsy.
- Psychological support for a person with depression.
- Training in the use of a white cane, for a person with vision loss.

Rehabilitation is highly person-centered, meaning that the interventions and approach selected for each individual depends on their goals and preferences. Rehabilitation can be provided in many different settings, from inpatient or outpatient hospital settings, to private clinics, or community settings such as an individual's home. Our rehabilitation workforce is made up of different health workers, like



physiotherapists, occupational therapists, speech and language therapists and audiologists, clinical psychologists, doctors and nurses. The benefits of Rehabilitation can reduce the impact of a broad

range of health conditions, including diseases (acute or chronic), illnesses or injuries. It can also complement other health interventions, such as medical and surgical interventions, helping to achieve the best outcome possible.

We try to reach out to the most vulnerable group and try to support them with our limited resources. A bond of trust is formed between the health worker and the beneficiary. This allows us to serve and reach out to the most needy and disadvantaged group. Our mission is to help as many as we can not just in numbers but qualitatively too.

RURAL AND URBAN DEVELOPMENT SUMMIT AND



AWARDS 2022

Receiving the BEST NGO OF THE YEAR award from Rural & Urban Development Summit & Awards 2022 with University Partner - SRM University & presented by the Government of India & implemented by Summentor Pro Sales & Marketing Consultants at India Habitat Centre

The esteemed panel presented by the Government of India, were

- ✿ Shri Ashwini Kumar Choubey - Hon'ble Minister of State Environment & Forestry - Govt of India
- ✿ Smt Sadhvi Niranjan Jyothi - Hon'ble Minister of Rural Development - Govt of India
- ✿ Shri Kaushal Kishore - Hon'ble Minister of State Urban Affairs - Govt of India

INDEPENDENCE DAY CELEBRATION

The **Independence Day of India**, which is celebrated religiously throughout the Country on the 15th of August every year, holds tremendous ground in the list of national day since it reminds every

Indian about the dawn of a new beginning, the beginning of an era of deliverance from the clutches of British colonialism of more than 200 years. It was on 15th August 1947 that India was declared independent from British colonialism, and the reins of control were handed over to the leaders of the Country. India's gaining of independence was a tryst with destiny, as the struggle for freedom was a long and tiresome one, witnessing the sacrifices of many freedom fighters, who laid down their lives on the line.



President Droupadi Murmu's speech--

My heartiest greetings in advance to all Indians living in the country and abroad on the eve of the 76th Independence Day. I am delighted to address you on this momentous occasion. India is completing 75 years as an independent nation. Fourteenth August is observed as 'Partition Horrors Remembrance Day' so as to promote social harmony, unity and empowerment of people. Tomorrow marks the day when we had freed ourselves from the shackles of colonial rulers and decided to reshape our destiny. As all of us celebrate the anniversary of that day, we bow to all those men and women who made enormous sacrifices to make it possible for us to live in a free India. It is a cause of celebration not only for all of us but also for every advocate of democracy around the world. When India won independence, there were many international leaders and experts who were skeptical about the success of democratic form of government in India. They had their reasons to be doubtful. In those days, democracy was limited to economically advanced nations. India, after so many years of exploitation at the hands of foreign rulers, was marked by poverty and illiteracy. But





we Indians proved the skeptics wrong. Democracy not only grew roots in this soil, it was enriched too.

In most other well-established democracies, women had to wage long-drawn struggles to get the right to vote. But India adopted universal adult franchise right since the beginning of the Republic. Thus, the makers of modern India enabled each and every adult citizen to participate in the collective process of nation-building. Thus, India can be credited to have helped the world discover the true potential of democracy.

I believe this was not a coincidence. At the beginning of civilisation, saints and seers of this land had developed a vision of humanity that was defined by equality of all; indeed, oneness of all. The great Freedom Struggle and its leaders like Mahatma Gandhi re-discovered our ancient values for modern times.



Then, it is no wonder our democracy has Indian characteristics. Gandhiji advocated decentralisation and power to the people.



For 75 weeks now, the nation has been commemorating these noble ideals that won us freedom. In March 2021, we began the 'Azadi ka Amrit Mahotsav' with the re-enactment of the Dandi March. This way, our celebrations began with a tribute to that watershed event which had put our struggle on the world map. This festival is dedicated to the people of India. Based on the success achieved by the people, the resolve to build 'Atmanirbhar Bharat' is also a part of this Mahotsav. Citizens from all age-groups have keenly participated in a series of events held across the country. This grand festival is going ahead with the 'Har Ghar Tiranga Abhiyan'. The Indian tricolours are fluttering in every nook and corner of the country. Great martyrs would have been thrilled to see the spirit of the Independence Movement coming alive again on such a massive scale.

Our glorious Freedom Struggle was waged bravely across the vast territory of our country. Many great freedom fighters did their duty and passed on the torch of awakening leaving little trace of their heroic deeds. Forgotten for long were many heroes and their struggles, especially among the peasant and tribal populations. The government's decision last year to observe 15th November as 'Janajatiya Gaurav Divas' is welcome because our tribal heroes are not merely local or regional icons but they inspire the entire nation.

Our beloved country has given us everything we have in our life. We should pledge to give everything we can for the sake of safety, security, progress and prosperity of our country. Our existence will become meaningful only in building a glorious India. The great nationalist poet Kuvempu, who enriched Indian literature through Kannada language, had written:

*Naanu aliwe, Neenu aliwe
Namma elubugal mele
Mooduvudu – Mooduvudu
Navabharatda leele
Which means:
'I will pass
So will you
But on our bones will arise
The great tale of a new India'*

This is a clarion call of the nationalist poet for making total sacrifice for the motherland and upliftment of fellow citizens. To follow these ideals is my special appeal to the youth of the country who are going to build the India of 2047. Before I conclude, I would like to extend Independence Day greetings to the armed forces, to the members of Indian missions abroad, and to the Indian diaspora who continue to make their motherland proud. My best wishes to all of you.

Prime minister Narendra Modi's speech--

Best wishes to my dear countrymen on the momentous occasion of completion of 75 years of Independence. Many congratulations to all! It is heartening to see our tricolor being unfurled with pride, honor and glory, not only in all the corners of India, but also worldwide by Indians who love their country immensely. I extend my heartiest congratulations to all the people spread across the

globe who love India. My heartfelt greetings to all my dear Indians on this Amrit Mahotsav festival of celebrating our freedom. This is a day of historic importance. This is an auspicious occasion to step forward on a new path, with a new resolution and a new strength.

At Sabin Pathway we have celebrated this 76th Independence Day with great respect to our national flag. Our Beloved Trustee Dr. Jayalakshmi hoisted the national flag with great reverence followed by the national anthem. The children presented a beautiful mime which brings out the true value of the national flag. The prestigious flag was hoisted by two lads in an upside-down manner, then the other kid tells the lads that the flag is hoisted in a wrong manner and it needs to be changed. The two lads realise their action and then hoisted the flag in the right position. It was getting late for them to go, so they left the tricolour flag alone and it fell down on the ground. A man passing by tries to lift the flag pole but he's unable to lift all by himself, he asked for the help of another fellow and they



both tried, one among them left as he got a call. The poor lad couldn't lift at all so he also left. Finally a differently abled man comes to the scene and he tried to lift the flag, it was too heavy. He kept on trying, a passer-by saw this scene and he also joined with him. A visual impaired man also joined both of them and after four attempts they were able to lift and erect the flag. The mime conveyed a very strong message that India is all about, "Unity in diversity". We all are from different state and we have many language and culture but when it comes to a nation we all are Indians.

INDIAN POSTAL DEPARTMENT

For more than 150 years, the Department of Posts (DoP) has been the backbone of the country's communication and has played a crucial role in the country's social economic development. It touches the lives of Indian citizens in many ways: delivering mails, accepting deposits under Small Savings Schemes, providing life insurance cover under Postal Life Insurance (PLI) and Rural Postal Life Insurance (RPLI) and providing retail services like bill collection, sale of forms, etc. The DoP



also acts as an agent for Government of India in discharging other services for citizens such as Mahatma Gandhi National Rural Employment Guarantee Scheme (MGNREGS) wage disbursement and old age pension payments. With more than 1,55,000 post offices, the DoP has the most widely distributed postal network in the world.

It not only connects the people but also fosters a well-informed citizenry. The Indian Postal Service has various benefits, including the administration of mail and post offices, management of postal services, expanding the postal network inside every division, etc.

Postal system in Tamilnadu originated during the days of the East India Company. What started as a scheme to convey the mails of the East India Company and its servants in the erstwhile Madras, has now grown into a mammoth system handling over 80 lakhs of mail per day. After Independence, the Five Year Plans laid emphasis on expansion of communication facilities as an integral part of the socio-economic development. During the first Five Year Plan period, the number of post office



increased three-fold. Rural delivery system was strengthened and Tamilnadu circle was the first to extend daily delivery service to all the villages, from March 1976.

Reorganisation of the States resulted in carving Andhra, Karnataka and Kerala Postal Circles out of the composite Madras Circle. The present day Tamilnadu Postal Circle came into being in the year 1961. It was a matter of pride to have been selected as Chief Guest to hoist the

national flag on this auspicious Independence day celebration.

We were given a very warm reception by more than 50 postal service people who presented our Director with flowers, shawl and bouquet. Pathway as a mark of gratitude distributed cookies made by our special children which was thoroughly enjoyed by the group present. We are indeed very grateful and thankful to them for this respect given to us.

KRISHNA JAYANTHI

According to Hindu mythology, Krishna, the human incarnation of Vishnu, was born on this day to destroy Mathura's demon king, Kansa, the brother of Krishna's virtuous mother, Devaki. Krishna was

born on the eighth (Ashtami) day of the dark fortnight in the Bhadrapada month (August–September) in Mathura and was Devaki and Vasudeva's son. Devotees mark this auspicious occasion by observing a fast and praying to Krishna. They adorn their homes with flowers, diyas and lights while temples are



also beautifully decorated and lit.

As a child, Krishna loved eating butter, and the women in Vrindavan used to tie their pots of butter at a height



to prevent it from being stolen by him. But this did not deter the child, and he came up with the idea that he and his friends form a human pyramid to reach the pot and steal the butter. This is what inspires the current day Dahi Handi celebration, a key aspect of the festivities. Sri Krishna Janmashtami is a widely celebrated festival. It brings the feeling of joy and happiness among people. It teaches us the lesson of pursuing good over evil. It also teaches us to always perform good deeds. We celebrated Janmashtami in a grand manner in our school. Our special kids dressed up like little Krishna and Radha. The whole campus was filled with joy, colours and divinity. God is always with us and around us no matter what we are doing. Let Lord Krishna bless us all abundantly.

FREEDOM CARNIVAL- OORUNI FOUNDATION

On the 28th of August, Ooruni foundation is getting together for the festivity of Freedom Carnival 2022 to render freedom of expression to children with special needs and for downright acceptance of special kids in society.





Freedom Carnival is an ad hoc celebration organised by Ooruni Foundation under “Give Their World Project as an annual event for kids with learning disabilities and developmental disabilities including Autism Spectrum Disorder, Down syndrome, Asperger syndrome and Cerebral Palsy. The importance of the event is to make the special kids explore their possibilities in a fun filled environment, where the infrastructure as per their needs are provided in the forms of games to play, moves to

express, quench their thirst of freedom to be themselves. High time to create an understanding about their deficiency issues and mobilize support for the dignity, rights and well-being of persons with these deficiencies. It also seeks to increase awareness of gains to be derived from the integration of persons with special abilities and special needs in every aspect of social, economic and cultural life.

The Kids got up early in the morning and got themselves dressed nicely and were ready to travel to Chennai for the event at MNM Jain Engineering College, Guru Marudhar Kesari Building, Subramanya Nagar St Rd, Jyothi Nagar (Off OMR), Thoraipakkam, Chennai- 600 097. While travelling on the van, children cheered as one vehicle crossed the other. We have reached the venue at 9:30 AM, the event was presided by the managing committee of Ooruni foundation and various topics were discussed by experts in different fields. A training was given to parents and staff on the ways to understand and care for the children with disabilities. Fun





games and rides were arranged for the children. The children participated in all the games and got cute little dolls, balls and eatables as prizes. After the lunch, dance was conducted for all the schools and our organization got a prize for the same. It was a fun filled day for all the children. We all headed back to our vehicle after the event, all of the children are pretty much exhausted. We have reached our campus at 9:00 PM.

MOTHER TERESA AWARD



Mother Teresa's lifelong dedication to the world's poorest and most vulnerable people inspired countless millions. Today, i.e. August 26, marks the 112th birth anniversary of the epitome of peace, kindness and happiness, Mother Teresa, also known as Saint Teresa of Calcutta. Her extraordinary dedication and sacrifice made her an international icon of humanitarian service, and the love and compassion she offered the underprivileged of all religions earned her a Nobel Peace Prize in 1979, which she donated fully to the

poor. She was an icon of compassionate care for the poor and the disadvantaged.



From opening schools for slum children to devoting her life in the service of the poor, leprosy patients and orphans, she turned shade for millions. Some words of wisdom by first female saint of India are:

“Not all of us can do great things. But we can do small things with great love.”

“Every time you smile at someone, it is an action of love, a gift to that person, a beautiful thing.”

“The most terrible poverty is loneliness, and the feeling of being unloved.”

“True love is love that causes us pain, that hurts, and yet brings us joy. That is why we must pray to God and ask Him to give us the courage to love.”

“Life is an opportunity, benefit from it. Life is beauty, admire it. Life is a dream, realize it.”

“I know I am touching the living body of Christ in the broken bodies of the hungry and the suffering.”

“I prefer you to make mistakes in kindness than work miracles in unkindness.”

The hunger for love is much more difficult to remove than the hunger for bread.”

“Prayer is not asking. Prayer is putting oneself in the hands of God, at His disposition, and listening to His voice in the depth of our hearts.”

“We must know that we have been created for greater things, not just to be a number in the world, not just to go for diplomas and degrees, this work and that work. We have been created in order to love and to be loved.”

We are proud and privileged that our centre was chosen as the BEST SCHOOL FOR SOCIAL SERVICE and our director was honored with a shawl and a plaque. Many dignitaries were present which included judges, social workers and advocates. Rev. Dr. K J Verghese Rozario was the Chief guest. the saint mother Teresa 112th birthday anniversary was spearheaded by the advocate group under Mr Pushparaj an advocate.

The cultural programme of our school was led by our principal Mrs Jeyaseeli.

The entire staff and children were presented with gifts which was received with greatest humility.



VINAYAKA CHATURTHI



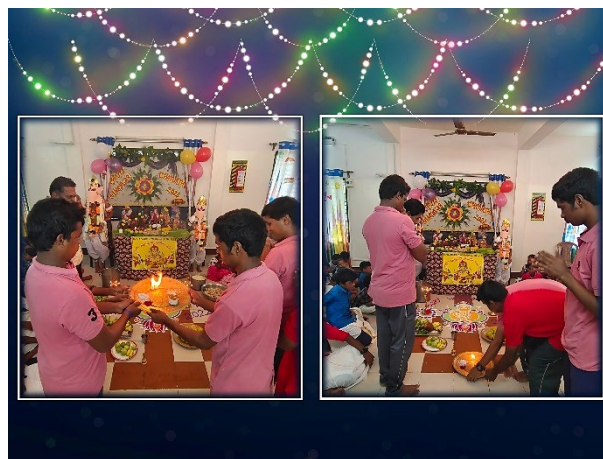
Ganesh Chaturthi, also known as Vinayaka Chaturthi, or Vinayaka Chaviti is a Hindu festival celebrating the arrival of Lord Ganesh to earth from Kailash Parvat with his mother Goddess Parvati/Gauri

People celebrate Ganesh Chaturthi with a lot of enthusiasm in India. This 11 day festival starts today on September 10, and ends on September 21. Lord Ganesh is worshiped on this day. To celebrate Ganesh Chaturthi, also known as Vinayaka Chaturthi, devotees bring home idols of Lord Ganesh to worship the deity,

eat good food, enjoy with friends and family, and in the end, immerse the idols. Additionally, temples offer prayers and distribute sweets such as modaks because it is Lord Ganesh's favourite. The festival marks the birth of Lord Ganesh, the god of wisdom and prosperity. It falls in the Bhadrapada month of the Hindu calendar, which falls in August-September. Lord Ganesh is considered a symbol of wisdom, writing, travel, commerce and good fortune. He is also called Gajanana, Gajadanta, and Vighnaharta. These are few names among his 108



other titles. The Indian mythology tells the legend of Goddess Parvati creating baby Lord Ganesh using sandalwood paste and asking him to guard the entrance while she took a bath. When Lord Shiva arrived at the entrance and told Ganesh that he wanted to visit Goddess Parvati, Ganesh refused to allow him to pass through. This made Lord Shiva angry and enraged he severed the child's head. When Goddess Parvati realised what had happened, she was heartbroken. Seeing Goddess Parvati overwhelmed with grief, Lord Shiva promised to bring baby Ganesh back to life. He instructed his followers to search for the head of the first living creature they could find. However, they could only find a baby elephant's head. That is how Lord Ganesh came back to life with the head of an elephant.





Every year, Ganesh Chaturthi is celebrated in a large way. But this year, due to the coronavirus pandemic, the festival was a low-key affair. This festival is very important for students, they worship Lord Ganesh to illumine their minds. The children of all the centres enjoyed doing the various activities pertaining to the festival in the form of making mud idols, drawings etc of Lord Ganesha

RURAL AND URBAN DEVELOPMENT SUMMIT AND AWARDS 2022

Receiving the BEST NGO OF THE YEAR award from Rural & Urban Development Summit & Awards 2022 with University Partner - SRM University & presented by the Government of India & implemented by Summentor Pro Sales & Marketing Consultants at India Habitat Centre

The esteemed panel presented by the Government of India, were

- Shri Ashwini Kumar Choubey - Hon'ble Minister of State Environment & Forestry - Govt of India



- Smt Sadhvi Niranjan Jyothi - Hon'ble Minister of Rural Development - Govt of India

- Shri Kaushal Kishore - Hon'ble Minister of State Urban Affairs - Govt of India



TEACHERS DAY CELEBERATION

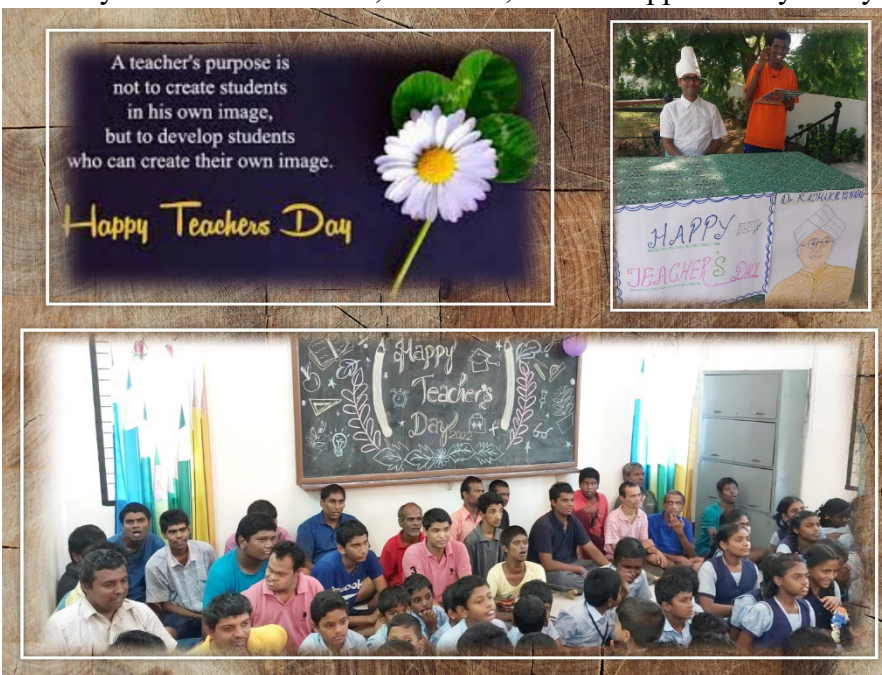


Teachers' Day is celebrated on September 5 every year in India to acknowledge the contribution of teachers in the society. The day marks the birth anniversary of India's second President and first Vice President Dr Sarvepalli Radhakrishnan. But why is Dr Radhakrishnan's birth anniversary celebrated as Teachers' Day in India? This is because after he took charge as the President of India in 1962, some students sought permission from him to celebrate his birthday. Dr Radhakrishnan, however, did not approve any fancy

celebration but rather requested that the day be observed as Teachers' Day.

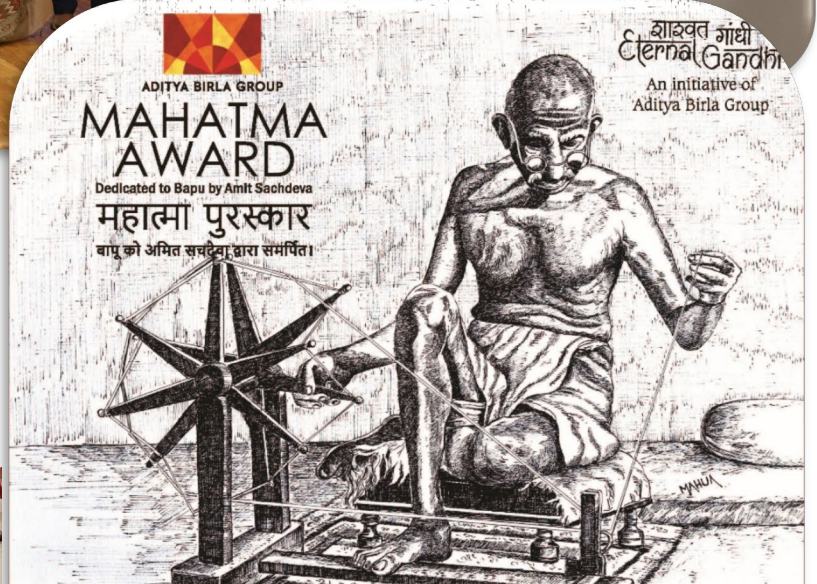
Since then, September 5 has been celebrated as Teachers' Day across the country. Various cultural programmes are organised in schools and other educational institutions to mark the day. The intent behind this celebration was to recognise the contribution of teachers in the society. Dr Radhakrishnan enjoyed

immense respect among the students. He always emphasised the power of education and encouraged students to learn and contribute to a better future. "Teachers should be the best minds in the country" is what the former President believed.



For the kids who attended this day, wishes and greetings were a perfect way to tell their teachers about their care and love. This becomes essential since teachers are the bedrock upon which any quality education is built and they are perhaps the few people in our lives who rejoice when we, their student, outdo them. The kids expressed their gratitude by making beautiful greeting cards for their favourite teachers.

RECEIVING THE MAHATMA AWARD FOR SOCIAL GOOD FOR THE YEAR 2022- 4th award consecutively
Dr Chandra Prasad, Co-founder of “Dr Dathu Rao Memorial Charitable Trust-Pathway” received the award under the “Social Good and Impact Category” **MAHATMA AWARD** 1st October 2022 by Amit Sachdeva, Founder of Mahatma Award



அருணை எக்ஸ்பிரஸ்

காலை நாளிதழ்



தத்தூராவ் நினைவு அறக்கட்டளையின் இயக்குநர் மற்றும் இணை நிறுவனர் டாக்டர் சந்திரா பிரசாத்திற்கு மகாத்மா காந்தி விருது வழங்கியபோது எடுத்த படம்.

பாதிவே இயக்குனருக்கு மகாத்மா காந்தி விருது

மதுராந்தகம் அக். 7 செங்கல்பட்டு மாவட்டம், மதுராந்தகம் அடுத்த மேலமலவத்தூர் அருகே உள்ள அகிலி பாதிவே நிறுவனத்திற்கு மகாத்மா விருதை நிறுவியருமான அமித்சச்சதேவா தலைமையிலான ஆதித்ய பர்வா குழுவின முயற்சியால் நான்காவது முறையாக தத்தூராவ் நினைவு அறக்கட்டளையின் இயக்குநர் மற்றும் இணை நிறுவனர் டாக்டர் சந்திரா பிரசாத்திற்கு வழங்கப்பட்டது.

சமூக நல பணி தாக்கத்திற்காக 2022-ம் ஆண்டுக்கான மகாத்மா விருது தனிநபர்கள் மற்றும் நிறுவனங்களுக்கு சமூக நலன் பெறுதல் செயல்படுத்தும் அமைதி மற்றும் சமூக நலன் ஆரோக்கியம் வரை அனைத்தையும் உள்ளடக்கிய ஆழமான வகைகளுடன் உலகம் முழுவதிலும் உள்ள பரந்த அளவிலான தொழில்கள் போன்ற பல்வேறு வகைகளில் சிறந்த செயல்திறன் களைக்

கொள்விக்கும் வகையில் ஆண்டுதோறும் மகாத்மா விருது வழங்கப்படுகிறது. இதனை தொடர்ந்து காந்தியடிகளின் 154-வது பிறந்தநாளைக் குறிக்கும் வகையில், இந்த விருது 1 அக்டோபர் 2022 அன்று இந்தியா டெல்லி சமூக நலன் மற்றும் தாக்கத்திற்காக டாக்டர் தத்தூராவ் நினைவு அறக்கட்டளையின் இயக்குநர் மற்றும் இணை நிறுவனர் டாக்டர் சந்திரா பிரசாத்திற்கு வழங்கப்பட்டது.

Mahatma Award Recipients 2022

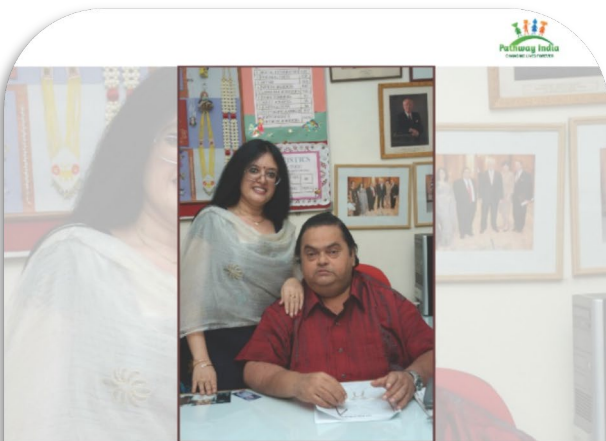
About the Award
Mahatma Award recognizes and celebrates impact leaders and change makers across the globe who are making a social impact and leading the way to a just, equitable and sustainable future. Mahatma Award has honoured most accomplished social and community initiatives within the private and public sector. Mahatma Award honors individuals and organizations that leverage their resources, expertise, and talent to make a positive impact for a larger good and to make this world a better place. The Mahatma Award exists to put a spotlight on the most remarkable change makers of our time, who are addressing incredibly complex and equally severe problems we face today in our society. Their efforts span global poverty and hunger, disease, education, climate change, disaster response and preparedness, health care accessibility and much more.

Mahatma Award is instituted by social entrepreneur Amit Sachdeva as his tribute to Mahatma Gandhi ji to spread his message of selfless service and love across the world. Amit Sachdeva, who is today known as the CSR man of India for his efforts and advocacy for the Corporate Social Responsibility (CSR) Bill in India. The Mahatma Award is supported by Aditya Birla Group and Eternal Gandhi Initiative.

Mahatma Award for Leaders and Change Makers in Individual Capacity
Dr. Raja Reddy, Dr. Radha Reddy and Dr. Kuanayya Reddy for Lifetime Achievement for Propagating Indian Heritage through Dance, Music and Culture
Lila Poonswalla, for Lifetime Achievement in Social Responsibility, Social Good and Impact
Dr. Kiran Bedi, for Lifetime Achievement in Public and Social Service
Dr. Harindra Kumar Baddola, Sankola Group for Lifetime Achievement for Philanthropic Work
Dr. UNB Rao, Reid, IPS Officer for Lifetime Achievement in Social Responsibility and Impact
Dr. Dhanrajya Saranath, for Lifetime Achievement in contribution to cancer care and administration of cervical cancer vaccine (HPV)
Nitin Mathuria, President, Eternal Gandhi and Social Projects, Aditya Birla Group for spreading the message of Mahatma Gandhi through Eternal Gandhi Initiative
Anil Kumar Jain, Chairman Inso Court for Lifetime Achievement in Social Good and Impact
Aashwini Saxena for Leadership in CSR, Sustainability and Social Impact.
Parash Tewary for Leadership in CSR, Sustainability and Social Impact.
Dr. Anjee Prakash, Founder Learning Links Foundation for Leadership in Social Responsibility.
Dr. Payal Kanodia, Trustee, MGM Foundation for Leadership in CSR
Dr. Purushottam Agrawal, Eminent Writer for Advocating Democratic Values in the Community
Dr. V.K. Raju, Eye Foundation of America for Lifetime Achievement in Social Impact
Mangesh Gupta for Leadership in CSR, Sustainability and Social Impact.
Arun Arora, for Leadership in CSR, Sustainability and Social Impact.
Lokesh Ohri, Founder, Been There Done That for Community Impact

Mahatma Award Young Leaders in Individual Capacity
Praveen Kam, Group Head CSR, Spark Minds Group for CSR | Sajid Ali, Head, Direct Implementation Programs, Tech Mahindra Foundation

- Mahatma Award for Healthcare**
Aca Eye Zone | All India Institute of Medical Sciences (AIIMS), Uttarakhnad | Arya Vaidya Sala | Jehangir Hospital | Pahlajenia's Women's Hospital | Sekhem Healing Centre | Epilepsy Foundation
- Mahatma Award for Social Good and Impact**
Aga Khan Foundation | Agewell Foundation | Auroville Foundation | Bharat Soka Gakkal | Blossom India Foundation | Biocon Foundation | Cancer Patients Aid Association | Child Help Foundation | Dr Dathu Rao Memorial Charitable Trust | ERDA - Electrical Research and Development Association | Foster and Forge | Generation India | Dabur India Ltd. | FUEL | Global Education Trust, Mysore | Impact Gurs Foundation | India Make Foundation | Grand Maratha Foundation | Institute of Objective Studies | ION Foundation | Khamatlaya Foundation | Max India Foundation | MABET | Parivartan Gurukul Heritage | PHD Rural Development Foundation | PHD Foundation | PLAN India | Pragathi Charitable Trust | RISE Against Hunger India | Samarbanas Trust | Sambhar Foundation | Sanjay Ghodawat Foundation | SERF Foundation | Tech Mahindra Foundation | BEED | Sense International | Social and Development Research and Action Group | Society for the Welfare of Weaker Sections | The Akshaya Patra Foundation | The Goff Foundation | The Hena Foundation | The Moody's Foundation | The Pride India
- Mahatma Award for Sustainable and Responsible Business Practice**
Bajaj Amines Limited | Sterilite Technologies Limited
- Mahatma Award for ESG Excellence**
ICICI Bank Limited
- Mahatma Award for CSR Excellence**
BALCO | Bharat Petroleum Corporation Limited | Billio Technologies | Cadence Design Systems | Chennai Petroleum Corporation Limited | Honeywell Homeowners Solutions India Foundation | Indorama India Pvt. Ltd. | Jamma Auto Industries Ltd. | Johnson & Johnson Foundation Limited | L&T Financial Services | Lowe India | Mananveya Development & Finance Pvt. Ltd. | Mahanagar Gas Limited | Mindtree Foundation | Tata Consultancy Services | Wonder Cement Limited | US Technologies International Pvt. Ltd.
- Mahatma Award for Covid-19 Humanitarian Efforts**
GMR Varalakshmi Foundation | NLC India Limited | Paytm Foundation | Society for All Round Development (SARD) | Tata Power Delhi Distribution Limited
- If you are an individual or an organization, working towards making this world a just, equitable and sustainable place, no matter how small or big your initiatives are, we invite you to send in your entry for Mahatma Award.
- Mail us at mahatmaawards@gmail.com or apply at www.mahatmaaward.com



Dr Chandra Prasad
Co-Founder & Hon. Director

Chandra has been with Pathway for nearly four decades. She is a postgraduate in food and nutrition. A Gold Medalist from Bangalore University in her undergraduate degree. She has also obtained degrees in Education and Special Education along with Web designing. Chandra Prasad has been the backbone of the vocational programmes of the centre for several years and has produced many innovative products and designs in vocational rehabilitation and special education of the disabled which are recognized globally. Chandra Prasad has been involved in the planning and designing of all facilities of the organization. She has been awarded a joint national award along with A.D.S.N Prasad for services for the disabled, as the best couple serving the disabled in India from MSD. Today she has been recognized and conferred the National and State awards in 2019 as the best professional worker in the field of social work for intellectually disabled and normal children.

Taking forward the agenda of social good

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Over 40,000 Individual Lives Changed

From its humble beginnings in 1975, Pathway has grown into a large institution with two campuses currently serving over 300 disabled and 250 normal children and adults every day. Besides serving the target group of disabled individuals, Pathway has opened its door in offering free medical, psychiatric, podiatric, and dental care to over 4200 patients every month from the poor neighborhoods surrounding its facilities. In total, Pathway has helped over 40,000 children and adults since Prasad began his mission.



Covid-19 Humanitarian Work

We have also received a certificate of Appreciation for rendering unparalleled service to the Differently abled persons during the pandemic period of Covid-19 by the District Differently Abled Welfare Officer of Chengalpattu. We have also been responsible during this covid period helping the community to the tune of 18 lakhs and helping the state in every humble way possible to ease people's difficulties. In and around more than 2000 families have been helped during this pandemic period by way of groceries, medicines and sanitizers along with masks. Other details carried out are:

- 600 beneficiaries - money sent online every month from April 2020 to date
- 50 Intellectually disabled in Villupuram district have been provided provision for six months
- Community help in kind given to 60 families in chennacheri in Chennai
- Community was helped with provisions for 1000 families through Kancheepuram government office
- Every staff member totaling to 120 have been supported through the entire period with hundred percent salary
- Doctors and all the other staff have taken care through video calls and physically attended during emergencies
- Every normal and special education class including therapies, has been conducted for 117 children at Chennai centre, 50 at Sabin Centre and 200 at the Pamela Martinez Pathway School everyday without a break
- Medical doctors spread messages about corona virus in villages in and around our centres
- Provided groceries, protective kits and disinfecting community
- The Vocational Unit at Chennai and Sabin centre worked tirelessly on making masks which has been used for personal care and to most of the public office. In these workers.
- During the pandemic period we also produced one of their best activity in beads
- Provided disinfectants to Somnangalam Police station
- Sprayed disinfectants in various communities like Kaazambakkam, Amarambodu Pillalakkiam, Nandambakkam village panchayath
- Community based rehabilitation work was taken up in different villages in Chengalpattu where 168 families were benefited
- With help of doctors COVID-19 screening was carried out for migrant workers benefiting 150 families
- Labourers and needy staff at the farm and chennai have been provided monthly extra provisions
- 50 families of health and sanitary workers, manual labourers of Chennai were provided with provisions & groceries
- All the centres have been maintained by the intellectual kids along with vicarious incidental staff in immaculate condition



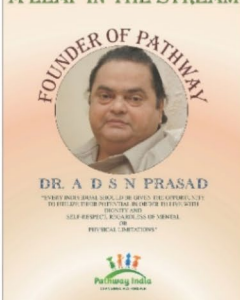
Dr DATHU RAO MEMORIAL CHARITABLE TRUST

Pathway Centre for Rehabilitation & Education of the Intellectually Disabled

Pamela Martinez / Pathway Matriculation School & Children Home

Sabin - Pathway Home For Persons With Intellectual Disability And Associated Conditions

A LEAF IN THE STREAM



About

The Founder - Called to serve
In 1975, Dr. ADSN Prasad, a promising 22-year-old speech pathologist and audiologist, was administering to a patient in Madras (now Chennai), India. While performing his routine tasks, he discovered that this client and many others were sacrificing daily comforts for his services. In fact, many refrained from meals and other basic necessities of life in exchange to pay for his services. It was at that moment when he realized that he needed to act on this injustice. From that day forward, Dr. Prasad dedicated himself to charity for the poor and destitute and Pathway India was born.

Humble Beginnings

Pathway India's initial years of operation were filled with difficulties. Prasad served destitute children while in the humblest of circumstances himself, providing free services to patients from his small one-roomed rented house in the slums. At times, food was even scarce for Prasad himself. One day while providing his complimentary services, a mother brought a child to him for medical treatment and never returned. Prasad did what he says, "any outstanding person would do" and took the child in as his own and began to care for him. It wasn't long after when another child was strangled in his possession. Again, Prasad took the child in. A pattern ensued and word spread. Within 3 months, Prasad had over 20 orphaned and intellectually disabled children under his care.

Building An Organization

In 1983, Chandra a brilliant girl from business community chose to marry Prasad, joining in his mission to serve the poor and needy. They sacrificed much in their early years praying for a better future. Their prayers were answered when, in 1989, William Sheffield (American judge and philanthropist) visited Pathway. An instant bond developed between Prasad and Judge Sheffield and a partnership was forged. In 1992, Judge Sheffield invited the support of American donors to fund Pathway's flagship center, the Center for Rehabilitation & Education of intellectually disabled.

Help From Key Supporters

Over time, Pathway gained certifications and credibility amongst the Chennai community and abroad. Many prominent supporters from all over the world joined hands to support Pathway. Individuals and organizations nourished the growth of the organization and helped serve hundreds of needy children over the years - most notably Pamela and Alan Martinez, Barbara and William Benas Sr, Stephen B. Owen, Jean Luc and Carole Butel, Jennifer Peery and The Peery Foundation, Gary and Valerie Sabin, Eric Ottesen, Sabin Children's Foundation, the Japanese SSGA, the Sasakawa Foundation, and the Children's Care Emmaus. One final key supporter to note is the highly committed and compassionate Sudha Subramanian. In 2004, Sudha gave up a lucrative career to join Pathway to serve the needy full-time till 2015.

Times of Growth

Increased fundraising allowed expansion to offer free medical and dental services to the neighborhood and after-school tutoring for children. In 2001, Pathway blossomed thanks to a generous donation that funded the establishment of The Pamela Martinez Matriculation School and Home for Children. This school and home are located on a 26 hectare (65 acre) Agrifarm located about 90 km (60 miles) south of Chennai. This facility houses, feeds, clothes, and educates over 200 physically and mentally able but economically disadvantaged orphans and children from destitute families. More donations in 2009, allowed the construction of The Sabin Centre for Education and Rehabilitation of the Disabled, a program that assists teaching vocational skills to disabled adults.

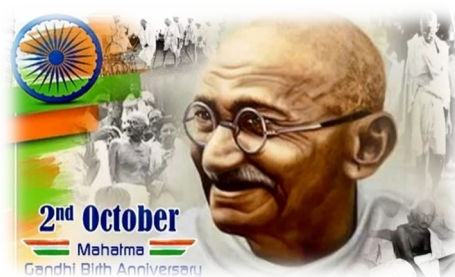


BOOK RELEASED BY CSR GOOD BOOK OF INDIAN EDITION 2022



MAHATMA GANDHI - 153rd BIRTH ANNIVERSARY 2022

Mohandas Karamchand Gandhi was Born and raised in a Hindu family in coastal Gujarat, Gandhi trained in the law at the Inner Temple, London, and was called to the bar at age 22 in June 1891. After two uncertain years in India, where he was unable to start a successful law practice, he moved to South Africa in 1893 to represent an Indian merchant in a lawsuit. He went on to live in South Africa for 21 years. It was here that Gandhi raised a family and first employed nonviolent resistance in a campaign for civil rights. In 1915, aged 45, he returned to India and soon set about organising peasants, farmers, and urban labourers to protest against excessive land-tax and discrimination.



Assuming leadership of the Indian National Congress in 1921, Gandhi led nationwide campaigns for easing poverty, expanding women's rights, building religious and ethnic amity, ending untouchability, and, above all, achieving swaraj or self-rule. Gandhi adopted the short dhoti woven with hand-spun yarn as a mark of identification with India's rural poor. He began to live in a self-sufficient residential community, to eat simple food, and undertake long fasts as a means of both introspection and political protest. Bringing anti-colonial nationalism to the common Indians, Gandhi led them in challenging the British-imposed salt tax with the 400 km (250 mi) Dandi Salt March in 1930 and in calling for the British to quit India in 1942. He was imprisoned many times and for many years in both South Africa and India.

Gandhi's vision of an independent India based on religious pluralism was challenged in the early 1940s by a Muslim nationalism which demanded a separate homeland for Muslims within British India. In August 1947, Britain granted independence, but the British Indian Empire was partitioned





into two dominions, a Hindu-majority India and a Muslim-majority Pakistan. As many displaced Hindus, Muslims, and Sikhs made their way to their new lands, religious violence broke out, especially in the Punjab and Bengal. Abstaining from the official celebration of independence, Gandhi visited the affected areas, attempting to alleviate distress. In the months following, he undertook several hunger strikes to stop the religious violence. The last of these, begun in Delhi on 12 January 1948 when he was 78, also had the indirect goal of

pressuring India to pay out some cash assets owed to Pakistan, which the Indian government had been resisting. Although the Government of India relented, as did the religious rioters, the belief that Gandhi had been too resolute in his defense of both Pakistan and Indian Muslims, spread among some Hindus in India. Among these was Nathuram Godse, a militant Hindu nationalist from Pune, western India, who assassinated Gandhi by firing three bullets into his chest at an interfaith prayer meeting in Delhi on 30 January 1948.

Gandhi's birthday, 2 October, is commemorated in India as Gandhi Jayanti, a national holiday, and worldwide as the International Day of Nonviolence. Gandhi is considered the Father of the Nation in India and is commonly called Bapu (Gujarati endearment for 'father', 'papa').

Every year, Gandhi Jayanti is celebrated on October 2. This day marks the birth anniversary of Mahatma Gandhi. Mahatma, originally known as Mohandas Karamchand Gandhi is the father of our nation. He was a political ethicist, a nationalist and a lawyer. Mahatma's way of choosing non-violence to attain independence of the country against the British rule stands as an example for the world to drop the weapons and choose the non-violent way. Mahatma believed in the power of love and tolerance. Every year, this day is celebrated with a whole lot of grandeur and pomp across the country.

Mahatma Gandhi initiated the Satyagraha and the Ahimsa movement when Indian was still in the clasp of the British rule. His path of following non-violence and winning people over with the power of love has since then influenced a lot of civil rights in the country. Mahatma Gandhi also led India's struggle to attain freedom and gave



his life for the benefit of the country.

On October 2, a national holiday is observed to respect Mahatma Gandhi and pay our tributes to the freedom fighter. In 2007, the United National General Assembly announced October 2 as the International Day of Non-violence to honour Gandhi’s ways. On this day, awareness is created on the importance of non-violence and convergence of peace, harmony and unity across the world.

Gandhi Jayanti is celebrated everywhere in the country – from schools, colleges to government and non-government offices. The day usually starts by singing Gandhi’s favourite hymn Raghupati

Raghava. Then a memorial serve is organised where people reminisce the teachings of Mahatma. People also organise cultural activities, patriotic songs and dance. Speech on the teaching so Mahatma Gandhi is also given.



The Children drew pictures of Gandhi ji and they enacted a small skit about non-violence movement. TharunRaj dressed up like Gandhiji and few children joined along with and went for a march. Madhavan gave a speech about the biography and achievement of the father of our nation.

SARASWATHI & AYUDHA POOJA



Ayudha Puja, also known as Astra Puja, is celebrated on the ninth day of Navaratri every year in India, and this year, it falls on October 23. People worship and revere the objects and instruments related to their profession and livelihood on this auspicious day. As per the lunisolar calendar commonly used by the Hindu community, Navaratri starts after the new moon of Ashwin month and is a nine-day long festival that celebrates the victory of Goddess Durga over a demon named Mahishasura. However, multiple versions of this legend exist.

Hinduism is one of the oldest religions in the world. It is also perceived to be a blend of different cultures and beliefs that evolved in the Indian subcontinent over time. Many followers of Hinduism call their religion ‘Sanatana Dharma’ which refers to a motley of views on philosophy and theology, aimed toward explaining the meaning and purpose of life. Hindus are polytheists and believe in various forms of worship. The “Vedas” are considered to be the oldest and most sacred of all holy texts of Hindus.





The mythologies of Hinduism are described through 18 “Puranas” with each having its own version. The Puranas explain complex concepts through simple and easily understandable stories. Then come the “Upanishads” which further explore these complex concepts, beliefs, and world views. They also describe various schools of thought.



There are various legends related to the day of Ayudha Puja. The most popular legend comes from the “Mahabharatha,” the greatest Hindu epic. According to the Mahabharatha, Arjuna, the third Pandava prince, retrieved his weapons after completing his ‘vanavasa’ or exile, wherein he had to spend 14 years in a forest. The Pandavas were sent to the vanavasa after they lost everything in a gamble, which was rigged by their enemy, the



Kauravas. After retrieving the weapons, the Pandavas fought the Kauravas and won their lives and kingdom back. Devotees worship their weapons, tools, instruments, and books on this day. As we progressed into the modern age, weapon worship lost its significance, with the related objects of work and occupation taking their place as the objects of worship.

INTERNATIONAL GIRL CHILD DAY

International Day of the Girl Child is an international observance day declared by the United Nations; it is also called the Day of Girls and the International Day of the Girl. October 11, 2012, was the first

Day of the Girl Child. The observation supports more opportunity for girls and increases awareness of gender inequality faced by girls worldwide based upon their gender. This inequality includes areas such as access to education, nutrition, legal rights, medical care, and protection from discrimination, violence against women and forced child marriage. The celebration of the day also "reflects the successful emergence of girls and young women as a distinct cohort in development policy, programming, campaigning and research."



In 2022, we commemorate the 10th anniversary of the International Day of the Girl (IDG). In these last 10 years, there has been increased attention on issues that matter to girls amongst governments, policymakers and the general public, and more opportunities for girls to have their voices heard on the global stage. Yet, investments in girls' rights remain limited and girls continue to confront a myriad of challenges to fulfilling their potential; made worse by concurrent crises of climate change, COVID-19 and humanitarian conflict. Girls around the world continue to face unprecedented challenges to their education, their physical and mental wellness, and the protections needed for a life without violence. COVID-19 has worsened existing burdens on girls around the world and worn away important gains made over the last decade.

With adversity, however, comes resourcefulness, creativity, tenacity, and resilience. The world's 600 million adolescent girls have shown time and time again that given the skills and the opportunities, they can be the changemakers driving progress in their communities, building back stronger for all, including women, boys and men.

Girls are ready for a decade of acceleration forward. It is time for us all to stand accountable – with and for girls – and to invest in a future that believes in their agency, leadership and potential. "Now more than ever, we must renew our commitment to work together so that girls enjoy and exercise their rights and can play a full and equal part in their communities and societies. Investing in girls is investing in our common future."- UN Secretary-General António Guterres

This event celebration of the international day of the girl child has its main importance. It empower's girls, It works to eliminate deep rooted gender biased issues and it also determines the empowered girls to grow up to be empowered.

DIWALI



Diwali is the festival of lights which signifies the victory of good over evil and the eradication of dark shadows, negativity, and doubts from our lives. It is a celebration of prosperity in which people give gifts to their loved ones. The festival also sends the message of illuminating our inner selves with clarity and positivity . The festival of lights signifies peace and joy, the victory of

good over evil, and light over darkness every day. It is one of the most symbolic Hindu festivals, and all the communities in the country celebrate it with much pomp. During this festival, people clean their homes, decorate every corner with lights, lamps, diyas, flowers, rangoli, and candles. Families also perform Lakshmi Puja and pray to the Goddess of wealth to bless them with health, wealth, and prosperity.



According to Hindu mythology, the Prince of Ayodhya, Lord Rama, returned home with his wife Mata Sita and brother Lakshmana on the auspicious occasion of Diwali. They came back to Ayodhya after spending 14 years in exile and defeating the King of Lanka, Ravana. People of Ayodhya had celebrated their return with great enthusiasm by lighting rows of lamps and diyas. The tradition has continued till date and is celebrated as the festival of Diwali.

All the centres from Pathway celebrated this festival. Children donned new colourful dresses and they looked forward for the special meals and sweets which would follow for the day. As usual the multi colored Rangoli depicting happiness and ushering good tidings were a part of the children handiwork. They also were involved in making the diyas with their bare hands which was lovingly lit around their campus. Crackers being a part of this festival it was kept minimal to sparklers and safe flower pots with a few display of fancy fireworks.

The children with the help of staff made paper sparklers, flowerpots chakras etc. they finally colored them and displayed to the gathering with pride. The sweets which are a part and parcel of this festivity were also displayed using paper models in form of Indian sweets like kajukattli, laddus, murukku, adhivasam etc. Though it was an activity but this was inherently a teaching method to educate the kids too. This was followed by Prasanna giving a speech on the importance and the safety methods involved in bursting the crackers. The kids listened with rapt interest to their peer.

There was a group dance by the boys and girls along with solo dances performed by Madhavan and Joseph. The highlight of the programme was the Dandiya dance along with the staff and director.

KARTHIGAI DEEPAM

Tamil Nadu celebrates Karthigai Deepam as the traditional festival. It is a very old festival and is also celebrated in the neighboring states like Kerala, Andhra Pradesh and Karnataka. This festival is very important among the Tamil people. The earliest Hindu scripture states that the two great deities of Hindu culture Lord Vishnu and Lord Brahma started fighting among them regarding the superiority. They both thought each one was stronger than the other. To stop this huge fight, Lord Shiva came in front of them and tried to show his supremacy. He took the shape of a huge fire and challenged the two fighting Gods to find the end of





the fire from the top and bottom. Lord Vishnu took the form of a boar and tried to reach the end of the fire beneath the earth. He failed miserably and came back to Lord Shiva saying that he was unable to find the end of the fire from the bottom. Lord Brahma on the other hand, took the shape of a swan and flew to find the beginning of the fire on the topside.

But his search was also in vain and he was unable to find the top of the fire. Thus, Lord Shiva proved his supremacy over the two Gods and managed to stop the fight. Lord Shiva actually proved that he is the main God of the earth and there is no use in fighting among other Gods regarding their supremacy. He then appeared like hill shape on Thiruvannamalai region. In fact, the names 'Thiruvannamalai' and



'Arunachala' denote "holy fire hill". Later on the kings and famous personnel built a temple on the hill in commemoration of Lord Shiva. This festival is celebrated with great marvel in this particular place.

Another legend links karthigai Deepam to Lord Muruga. Lord Muruga adopted the form of six babies in Saravana poigai, a lake and was looked after by six krittika stars. On this day, Goddess Parvathy united all the six forms of Skantda.

Thus, Lord Karthikeya has six faces and popularly known as Aarumugan in Tamil culture.

Rows of Agal vilakkus (clay oil lamps) are lit in the houses of adherents in celebration of this festival, considered to be auspicious symbols. It is believed to ward off evil forces, and usher in prosperity and joy. This festival of lights involves lighting lights almost anywhere to put an end





to darkness. They want to show lights to the Gods who will be impressed with their worship and continue to look after the followers for ages to come. This festival is also celebrated to commemorate the bonding between brothers and sisters in South India (analogous to Raksha Bandhan). Sisters pray for the prosperity and success of their brothers, and light lamps to mark the occasion.

In the town of Thiruvannamalai, the festival is marked by the lighting of the Thiruvannamali Maha Deepam. A massive earthen lamp is lit around 6 PM at the top of the 2668 feet high holy mountain of the town. The entire mountain is regarded by devotees to be a representation of a Shiva Linga. Nearly 3500 kilograms of ghee are used to light this lamp. Devotees believe that the form of Shiva named Ardhanarishvara would bless them in the temple at the time of the lighting the Maha Deepam. The light emitted from the mountain is visible up to a radius of 35 KM. Hundreds of thousands of devotees perform the 16 km girivalam, the circumambulation of the sacred mountain. The mai, the ash that remains as residue after the lighting of the ghee is distributed as prasadam to devotees on the Margali Arudra Darisanam day. The children with their help of their staff drew rangoli on the floor and applied colours to it. Agal vilakkus were filled with oil and a thread were placed in each vilakku by the children. The special educators lit the lamps and the children arranged them in the rangoli. They have lit laps around their hostel and school. The entire campus was shining so bright with all the lamps. Smile and joy was seen on the glowing face of the children as they held the lamps and chart drawing made by them.

BEST SOCIAL SERVICE AWARD

Best Social Service Award by Puthia Vanigam Publications award conferred on CHANDRA PRASAD in the year 2022 on 26th November

அருணை எக்ஸ்பிரஸ்

காலை நாளிதழ்

கவிக் கோ மன்றத்தின் சிறந்த சமூக விருது



செங்கல்பட்டு மாவட்டம்மேல்மருவத்தூர் அருகே உள்ள பாத்வே நிறுவனத்தின் இயக்குனர் டாக்டர் சந்திரா பிரசாத் அவர்களுக்கு சிறந்த சாதனையாளர்களுக்கான சமூக விருது-2022 புதிய வாணிகம் பப்ளிகேஷன் சார்பில் நடைபெற்றது. இந்நிகழ்வில் 28 -ஆம் ஆண்டிற்கான பல்வேறு துறையில் சாதனை புரிந்தவர்களுக்கு விருது வழங்கும் விழா நடைபெற்றது. இதில் மதுராந்தகம் தாலுக்கா அகிலி கிராமத்தைச் சார்ந்த டாக்டர் தத்துராவ் மெமோரியல் சாரிடபிள் டிரஸ்ட் பாத்வே இயக்குனர் மற்றும் இணை நிறுவனர் டாக்டர் சந்திரா பிரசாத் அவர்களுக்கு 2022 -ஆம் ஆண்டிற்கான சிறந்த சமூக விருது கவிக் கோ மன்றத்தில் வழங்கி கௌரவிக்கப்பட்டது.



CHILDRENS DAY CELEBRATION

"I may not have time for adults, but I have enough time for children."

"I have always felt that the children of today will make the India of tomorrow, and, the way we bring them up will determine the future of the country."-Pandit Jawaharlal Nehru

Children's Day, celebrated on November 14, is recognized across India to increase awareness of the rights, care, and education of children. The day is also held as a tribute to India's First Prime Minister, Jawaharlal Nehru. He considered children as the real strength of a nation and foundation of society. The nation usually celebrates Children's Day with educational and motivational programs



held across India, by and for children.

Jawaharlal Nehru was born on 14 November 1889 in Allahabad in British India. His father, Motilal Nehru, a self-made wealthy barrister who belonged to the Kashmiri Pandit community, served twice as president of the Indian National Congress, in 1919 and 1928. Jawaharlal was the eldest of three children. His elder sister, Vijaya Lakshmi, later became the first female president of the United Nations General Assembly. His youngest sister, Krishna Hutheesing, became a noted writer and authored

several books on her brother.

Jawaharlal Nehru was affectionately called Chacha Nehru ("Uncle Nehru") by children, and their faith in him was a constant source of happiness for him. As the Prime Minister, Nehru wanted to "create an atmosphere in the country where the attention is constantly focused on children and their welfare". The freedom fighter was credited with making great changes in the educational set up of the country and in bringing about much-needed changes in the





overall working of the system. Since he believed so deeply in the potential of children, he laid great emphasis on education which is a great tool to harness the caliber of young minds.

Children's Day is also known as 'Bal Diwas' in India, and its celebrations date back to 1956, when the day was observed as 'Universal Children's Day' on November 20, keeping with the United Nations. After Pandit Nehru's death in 1964, however, it was decided the celebrations be moved to commemorate his birth anniversary. Since then, November 14 has been

celebrated as Children's Day in India.

In addition to commemorating the great leader, the day is also a reminder that every child, irrespective of their caste, creed, financial or political status, deserves basic amenities that include education, nurturing, healthcare and sanitation. Since they are the future of the nation, they hold within them immense potential and to channel it constructively, is a responsibility that the entire nation should shoulder.



Now, to mark Children's Day, schools organize fun and motivational functions. Many prepare a Children's Day speech, quizzes debate, fancy dress shows and fun games. It's a joyous occasion for all children, parents and teachers.



At Pathway we celebrated this wonderful day with a new concept. A Carnival was organized with various games for all different categories. This also included a fancy dress competition along with other cultural items. The celebration ended with distribution of sweets to everyone.



WORLD DISABILITY DAY 2022

“When you focus on someone’s disability, you’ll overlook their abilities, beauty, and uniqueness. Once you learn to accept and love them for who they are, you subconsciously learn to love yourself unconditionally.” — Yvonne Pierre



The annual observance of the International Day of Disabled Persons was proclaimed in 1992, by the United Nations General Assembly resolution 47/3. The observance of the Day aims to promote an understanding of disability issues and mobilize support for the dignity, rights and well-being of persons with disabilities. It also seeks to increase awareness of gains

to be derived from the integration of persons with disabilities in every aspect of political, social, economic and cultural life.

The theme this year is “Transformative solutions for inclusive development: the role of innovation in fuelling an accessible and equitable world”.

The theme recognises that the world is at a critical moment in the history of the United Nations, it is time to act and find joint solutions in building a more sustainable and resilient world for all and for the generations to come.

The complex and interconnected crises facing humanity today, including the shocks resulting from the COVID-19 pandemic, the war in Ukraine and other countries, a tipping point in climate change, all pose humanitarian challenges of an unprecedented nature, as well as threats to the global economy.

Most often, in moments of crises, people in vulnerable situations such as persons





with disabilities are the most excluded and left behind. In line with the central premise of the 2030 Agenda for Sustainable Development to “leave no one behind”, it is crucial for governments, public and private sectors to collaboratively find innovative solutions for and with persons with disabilities to make the world a more accessible and equitable place.

The 2030 Agenda pledges to “leave no one behind”.

Persons with disabilities, as both beneficiaries and agents of change, can fast track the process towards inclusive and sustainable development and promote resilient society for all, including in the context of disaster risk reduction and humanitarian action, and urban development. It is envisaged that governments, persons with disabilities and their representative organisations, academic institutions and the private sector will work as a “team” to achieve the Sustainable Development Goals (SDGs).

“People with Disabilities” or “disability” are specifically mentioned 11 times in the 2030 Agenda for Sustainable Development. Disability is included in goals:

- ❖ Guaranteeing equal and accessible education by building inclusive learning environments and providing the needed assistance for persons with disabilities.
- ❖ Promoting inclusive economic growth, full and productive employment allowing persons with disabilities to fully access the job market.
- ❖ Emphasizing the social, economic and political inclusion of persons with disabilities.



- ❖ Creating accessible cities and water resources, affordable, accessible and sustainable transport systems, providing universal access to safe, inclusive, accessible and green public spaces.
- ❖ Underlining the importance of data collection and monitoring of the Sustainable Development Goals, emphasis on disability disaggregated data.

Various activities such as robot walking, rangoli painting, mehndi drawing was conducted for the special children to make them understand that they are also loved and cared. A short mime was displayed by the children of Pamela Martinez pathway matriculation school displaying the various challenges faced by the persons with disabilities. A group song was sung by the girl children and followed by them pugazhendi delivered a poem.

At the closing stage Sivachanran (special child) wanted to sing, so he asked the principal to offer the mic. After holding the mic, he started singing beautifully with all the humming and vocals. After finishing the song, a loud applause was given by all the staff and children. Blushing smile was seen on the face of the child. The celebration won't be fulfilled without the sweets and snacks. Hot Vada and Kesari was served to all the children and staff.

Final piece of message, International Day of Persons with Disabilities is always a good reminder to make this world a better place for people with disabilities. It brings a strong consciousness that we are all equal, and as such, we ought to be treated equally. A disability is never an indication of any form of weakness. Let us get that straight. Disabled people deserve to be respected and loved. Let us be more responsible and aware of people with disabilities. *“Aerodynamically, the bumblebee shouldn't be able to fly, but the bumblebee doesn't know that, so it goes on flying anyway.” – Mary Kay Ash*

MEDICAL AND DENTAL SERVICES



CHRISTMAS CELEBRATIONS

MAY THE CHRISTMAS SEASON FINISH THIS YEAR ON A HAPPY NOTE AND MAKING ROOM FOR A NEW YEAR THAT IS FRESH AND LIGHT. SEASON'S GREETINGS TO ALL OF YOU.....

all grateful members of PATHWAY family



Christmas is celebrated every year on December 25. The festival marks the celebration of the birth anniversary of Jesus Christ. Jesus Christ is worshipped as the Messiah of God in Christian Mythology. Hence, his birthday is one of the most joyous ceremonies amongst Christians. Although the festival is mainly celebrated by the followers of Christianity, it is one of the most enjoyed festivals all over the globe. Christmas symbolizes merriment and love. It is celebrated with a lot of zeal and

enthusiasm by everyone, no matter what religion they follow.

The season of Christmas that begins from Thanksgiving brings festivity and joy to everyone's lives. Thanksgiving is the day when people thank the almighty for blessing them with harvest and also show gratitude towards all the good things and people around. On Christmas, people wish each other Merry Christmas and pray that the day takes away all the negativity and darkness from people's life. Christmas is a festival full of culture and tradition.

The festival entails a lot of preparations. Preparations for Christmas start early for most people. Preparations for Christmas involve a lot of things including buying decorations, food items, and gifts for family members and friends. People usually wear white or red coloured outfits on the day of Christmas.

Young children are especially excited about Christmas as they receive gifts and great Christmas

The treats include chocolates, cakes, cookies, etc. People on this day visit





churches with their treats. The treats include chocolates, cakes, cookies, etc. People on this day visit churches with their families and friends and light candles in front of the idol of Jesus Christ. Churches are decorated with fairy lights and candles. People also create fancy Christmas cribs and adorn them with gifts, lights, etc. Children sing Christmas carols and also perform various skits marking the celebration of the auspicious day. One of

the famous Christmas carols sung by all is “Jingle Bell, Jingle Bell, Jingle all the way”.





PONGAL



Pongal also referred to as Thai Pongal, is a multi-day Hindu harvest festival celebrated by Tamils in India and Sri Lanka. It is observed at the start of the month Thai according to Tamil solar calendar, and this festival is celebrated usually on January 14 or January 15 depending on the sun's orbit around earth that particular year. It is dedicated to the sun god, Surya, and corresponds to Makar Sankranti, the harvest festival under many regional names celebrated throughout India. The three days of the Pongal festival are called Bhogi Pongal, Surya Pongal, and Mattu Pongal. Some Tamils celebrate a fourth day of Pongal known as Kanum Pongal.

According to tradition, the festival marks the end of winter solstice, and the start of the sun's six-month-long journey northwards when the sun enters the Capricorn. The festival is named after the ceremonial "Pongal", which means "to boil, overflow" and refers to the traditional dish prepared from the new harvest of rice boiled in milk with jaggery (raw sugar). To mark the festival, the pongal dish is prepared, first offered to the gods and goddesses, including Surya. Mattu Pongal is for worship of the cow known as Madu. Cattle are bathed, their horns polished and painted in bright colors, and garlands of flowers placed around their necks. The pongal that has been offered to the deities is then given to cattle, and then shared by the family. Festive celebrations include decorating cows and their horns, ritual bathing and processions. It is traditionally an occasion for decorating rice-powder based kolam artworks, offering prayers in the home, temples, getting together with family and friends, and exchanging gifts to renew social bonds of solidarity.





The festival's most significant practice is the preparation of the traditional "pongal" dish. It utilizes freshly harvested rice, and is prepared by boiling it in milk and raw cane sugar (jaggery). Sometimes additional ingredients are added to the sweet dish, such as: cardamom, raisins, cashews and mung beans (split). Other ingredients include coconut and ghee (clarified butter from cow milk). Along with the sweet version of the Pongal dish, some prepare other versions such as salty and savoury (venpongal). According to Gutiérrez, women in some communities take their "cooking pots to the town center, or the main square, or near a temple of their choice or simply in front of their own home" and cook together as a social event. The cooking is done in sunlight, usually in a porch or courtyard, as the dish is dedicated to the Sun god, Surya. Relatives and friends are invited, and the standard greeting on the Pongal day typically is, "has the rice boiled"?

The cooking is done in a clay pot that is often garlanded with leaves or flowers, sometimes tied

with a piece of turmeric root or marked with pattern artwork called kolam. It is either cooked at home, or in community gatherings such as in temples or village open spaces. It is the ritual dish, along with many other courses prepared from seasonal foods for all present. It is traditionally offered to the gods and goddesses first, followed sometimes by cows, then to friends and family gathered. Temples and communities organize free kitchen prepared by volunteers to all those who gather. According to Andre Bateille, this tradition is a means to renew social bonds. Portions of the sweet pongal dish (sakkara pongal) are distributed as the prasadam in Hindu temples.

The dish and the process of its preparation is a part of the symbolism, both conceptually and materially. It celebrates the harvest; the cooking transforms the gift of agriculture into nourishment for the gods and the community on a day that Tamil's traditionally believe marks the end of winter solstice and starts



the sun god's journey north. The blessing of abundance by Goddess Pongal (Uma, Parvati) is symbolically marked by the dish "boiling over".

Day 1: Bhogi Pongal

Bhogi / Bogi, which falls on January 14th this year, marks the beginning of the Pongal festival celebrations. Indra, the Lord of the Rain, is honored on the first day in gratitude for the fertility of their agricultural land. Similar to the Lohri festival in Punjab, this day's events were centred around a bonfire. On this day, people worship the sun god as well as the agricultural tools that are used to harvest crops. People tidy up their homes and use rangoli or "Kolams" to beautify them. Red dirt with a paste of rice flour and water is used to create the lovely Pongal Kolams. Additionally, lamps and fresh flowers are used in home decorations.

Day 2: Surya Pongal

The main day of the Pongal celebration, which is observed as Surya Pongal, is the second day which will be observed on January 15. Fresh milk is



boiled till it crosses the vessel's edge to start the day. This is one of the key traditions of the Pongal celebration and is said to bring prosperity. On this day, people in Tamil Nadu prepare the traditional sweet dish "Pongal" out of rice, milk, and jaggery. This is presented to the deity as prasad. Women congregate at a certain location in several areas of Tamil Nadu to execute the ceremony collectively. Other items like sugarcane, coconut and bananas are also offered to the Sun god.

Day 3: Mattu Pongal

The third day of Pongal, known as Mattu Pongal, which is devoted to the worship of cows, is on January 16. Farm animals, like cows and oxen, are honored on this day since they enable farmers to successfully grow and harvest their crops. The farm animals are bathed and then elegantly decorated for Mattu Pongal. Their horns are frequently painted and decorated with garland and then "Pongal" is offered for cows and oxen. On

this day, bullfights, also known as Jallikattu, are organized. In Tamil Nadu's Madurai district, the bull-taming sport is well-known.

Day 4: Kaanum Pongal

The fourth day or last day of Pongal is known as Kaanum or Knau Pongal which will be celebrated on January 17. Kaanum Pongal is also referred to as Karinaal in some regions of Tamil Nadu. On this day, people worship the Sun God and offer food and Sarkarai Pongal. In order to represent sweetness and joy in life, sugarcane is dedicated to the deity as well as exchanged amongst humans. During Kaanum Pongal, people visit their loved ones and distant acquaintances. On Kaanum Pongal, people perform traditional dances and songs from the region.



REPUBLIC DAY CELEBRATIONS

Republic Day marks the adoption of India's constitution and the country's transition to a republic on January 26, 1950. Every year, the celebrations marking the day feature spectacular military and cultural pageantry. In New Delhi, armed forces personnel march along the Kartavya path in an elaborate display of military might. The epic show on Kartavya path eclipses everything else happening across the country on this auspicious day.

After attaining independence from the British rule, the new constitution was enrolled by the drafting committee under the deanship of Dr BR Ambedkar. The Indian Constitution came into effect on 26 January 1950, which declared India's occurrence as an

independent
republic.

January 26th
was chosen as
the date because
on this day in
1930, the Indian

National Congress revealed
Purna Swaraj, the
declaration of India's
independence from the
colonial rule.

Republic Day is celebrated
all over India with great
gratification and joy. It's a
day to honour the





Constitution of independent India. National flag hoisting in schools and colleges are regular. Cultural events advocating India's struggle for freedom is held countrywide. In New Delhi, the national flag is hoisted by the President of India at India Gate. The gloriest of parades takes place at Rajpath, New Delhi. The celebrations, inaugurated with a grand parade, are held in the capital, New Delhi, from Raisina Hill near the Rashtrapati Bhavan

(President's House), along the Kartavya path, past India Gate and onto the historic Red Fort. On this day, ceremonious parades take place at the Kartavya path, which is performed as a tribute to India, its unity in diversity and its rich cultural heritage by the states of India by building beautiful tableaux. The parade is conducted by the Indian President and is arranged by the Ministry of Defence. Other than displaying its military prowess, the event also promotes India's diverse culture. The event also colonizes to the martyrs who have sacrificed their lives for the country. The Prime Minister of India honours the martyrs by putting a ringlet at the Amar Jawan Jyoti at India Gate. It's followed by a 21-gun salute, national flag hoisting, and national anthem. Awards are presented to the brave soldiers in the form of Paramvir Chakra, Ashok Chakra, and Vir Chakra. Even children and general citizens who have displayed courage in times of adversity are honoured with awards.

The president of India has delivered her note to all the citizens on this day with India holding the Presidency of G20:

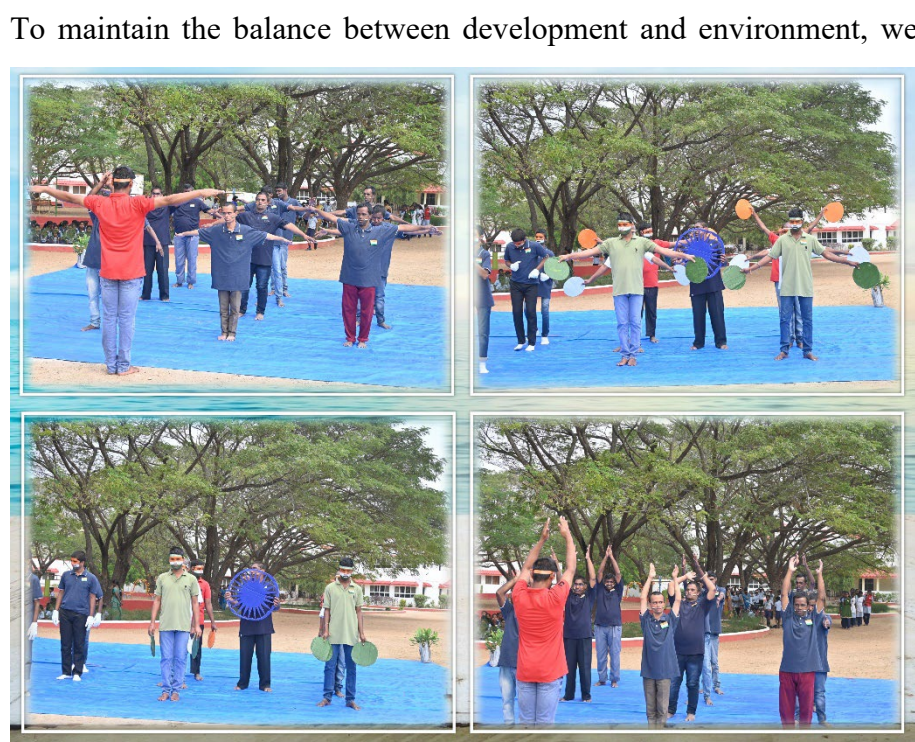
As a result of a series of initiatives in recent years to transform all aspects of governance and unleash creative energies of people, the world has started to look at India with a new sense of respect. Our interventions in various world forums have started making a positive difference. The respect that India has earned on the world stage has resulted in new opportunities as well as responsibilities. This year, as you know, India



holds the presidency of the Group of 20 nations. With our motto of universal brotherhood, we stand for peace and prosperity of all. Thus, the G20 presidency is an opportunity to promote democracy and multilateralism and the right forum for shaping a better world and a better future. Under India's leadership, I am sure, G20 will be able to further enhance its efforts to build a more equitable and sustainable world order.



As G20 represents about two-thirds of the world population and around 85 per cent of global GDP, it is an ideal forum to discuss and find solutions for global challenges. To my mind, global warming and climate change are the most pressing among them. Global temperatures are rising and incidents of extreme weather are increasing. We are faced with the dilemma: To lift more and more people out of poverty, we need economic growth, but that growth also comes from fossil fuel. Unfortunately, the poor bear the brunt of global warming more than others. Developing and popularising alternative sources of energy is one of the solutions. India has taken a commendable lead in this direction by giving a policy push to solar energy and electric vehicles. At the global level, however, emerging economies need a helping hand from advanced nations in the form of technology transfer and financial support.



To maintain the balance between development and environment, we have to look at the ancient traditions with a new perspective. We need to reconsider our basic priorities. The scientific aspects of traditional life-values have to be understood. We must, once again, rekindle that respect for nature and humility before the vast universe. Let me state here that Mahatma Gandhi was a true prophet of our times, as he foresaw the calamities of indiscriminate industrialization and cautioned the world to mend its ways.



We need to modify our lifestyle if we want our children to live happily on this fragile planet. One of the changes suggested pertains to food. I am happy to note that the United Nations accepted a suggestion from India and declared 2023 as the International Year of Millets. Millets were essential ingredients of our diet and they are making a comeback among sections of society. Coarse grains like millets are eco-friendly as they require less water to grow and yet they provide

high levels of nutrition. If more and more people turn to millets, it will help conserve ecology and also improve health.

One more year has gone by for the Republic and another year commences. It has been a time of unprecedented change. With the outbreak of the pandemic, the world had changed within a matter of days. During these three years, whenever we have felt that we have finally put the virus behind, it raises its ugly head. However, there is no need to panic because we have learned in this period that our leadership, our scientists and doctors, our administrators and 'Corona Warriors' will make every possible effort to meet any situation. At the same time, each of us has also learned to not let our guard down and remain alert.

We at Pathway India are celebrated this 74th Republic day with great pride. Beautiful costumes were worn by the children. Paintings of the national flag was seen on the child's face. The celebration began with the Parade and our Respected Director madam has hoisted the National flag along with our president of Pathway. Children have shown their respect for the national flag by saluting it as the march past the flag. A variety of activities was displayed by the children such as exercise, dumbbell exercise or lezime exercise. Then a skit was enacted by the



children denoting the meaning of republic India. Another group of children displayed Dance with different props. Another group of children displayed a dram from a very famous Tamil literature. The delivery of speech and action were extraordinary as we all have marveled.

Tamil and English speech and poems were also delivered by the children, a solo dance was performed by a girl child before concluding the program. Such hidden talents were brought to showcase by the staff. The program ended with a beautiful message from our Director madam and president madam. Sweets and snacks were distributed to all the children and staff. We celebrated this particular day with full enthusiasm which included children participating online as well as children at the centre with the staff supporting them. Republic day was celebrated with the same pride at Pathway, Chennai in a grand manner. There was feverish excitement in the children as many of them were ready to present a colorful program. The entire frontage of the centre was decorated with our national flag and tri color balloons. A beautiful Rangoli ushered and welcomed each one. The children were dressed smartly in white uniform As the children were called to attention, Dhuli Patnaik our President was requested to unfurl the national flag. With this the children, staff and everyone assembled sang the national anthem in unison. This was followed by special treats and a luncheon for all present. Children who were not able to attend participated through online by marking their respect to the nation via drawings and posters.

WOMEN'S DAY



1908
 According to the United Nations Educational, Scientific and Cultural Organisation (UNESCO), International Women's Day first emerged from the activities of labour movements at the turn of the twentieth century across North America and Europe. UNESCO states, "The first National Woman's Day was observed in the United States on February 28 1909, which the Socialist Party of America dedicated in honour of the garment workers' strike in New York where women protested against harsh working conditions. In 1917, women in Russia chose to protest and strike under the slogan "Bread and Peace" on the last Sunday in February (which fell on March 8 on the Gregorian calendar). Their movement ultimately led to the enactment of women's suffrage in Russia."

It was in 1945 that the Charter of the United Nations became the first international agreement to affirm the principle of equality between women and men but it was only on March 8 during International Women's Year in 1975 that the UN celebrated its first official International Women's Day

The theme for International Women's Day 2023 is,

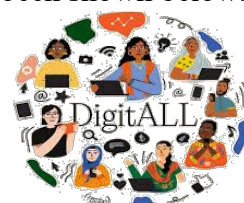




‘DigitALL: Innovation and Technology for Gender Equality’. It recognizes and celebrates the women and girls who are championing the advancement of transformative technology and digital education. The 2023 observance will explore the impact of the digital gender gap on widening economic and social inequalities and spotlight the importance of protecting the rights of women and girls in digital spaces and addressing online and ICT-facilitated gender-based violence. To mark the Day, the UN is organizing a high-level event, which aims to provide an opportunity to highlight the role of all stakeholders in improving access to digital tools. The event will include a high-level panel discussion and musical performances. International Women’s Day is celebrated annually on 8 March. It offers an opportunity to reflect on progress made, to call for change, and to celebrate acts of courage and determination by ordinary women who have played an extraordinary role in the history of their countries and communities..



We at Pathway salute these wonderful women force who selflessly have dedicated their lives to improve the quality of the most deserving special group of children and adults braving all the challenges. Recognizing this group only further motivates them to give their best .The staff highlighted the various achievements of our women in form of skits, posters, dances etc. This year our Director has been featured by the Ooruni Foundation by publishing a special article on her during this most special day along with Life Achievement Award of which an excerpt has been shown below.



LIFE ACHIEVEMENT AWARD FROM OORUNI FOUNDATION

Awarding Ceremony of Working Women Achiever Award (WWAA) was hosted by Ooruni foundation. Dr Chandra Prasad was presented an award under the Lifetime Achievement Award category at Chennai Institute of Technology, Kundrathur on the 4th March 2023

committee 2023 and Principal Scientist, ricipated.

A special award to one who cares for the Special individual

Dr. Chandra Prasad, Honorary Director of Pathway Foundation, was awarded the Lifetime Achievement in the Special Category Award category at the 'Working Women Achiever Award (WWAA)' hosted by Ooruni foundation on Mar.4 at Chennai Institute of Technology, Kundrathur.



The co-founder of Pathway - Centre for Rehabilitation & Education of Intellectually Disabled, Thiruvanniyur, Dr. Chandra, in the past 39 years has assisted more than 40500 children and adults with intellectual disabilities to receive a thorough evaluation and rehabilitation. A gold medalist from Bangalore University in Home Science, she entered the field of intellectual impairment after getting married to Dr. A. D. S. N. Prasad, a renowned speech therapist and audiologist, to work alongside him, and became qualified for it.

As a couple, they have created world-class facilities which include day and residential care in urban and rural areas, housing and taking care of nearly 600 children and adults in their facility and providing medical care totally free.

She has established a high-quality English-medium educational programme for the society's most marginalised children, apart from providing high-quality nutrition, medical care, living, and recreational conditions that are possibly unique in the country. In addition to these accomplishments, Chandra Prasad has excelled in the design and implementation of various vocational projects for the disabled, such as training, placement, sheltered employment, and product mar-

As a result, she has carved out a new niche in the Vocational field for the Disabled.

She played a key role in building special schools with vocational training centres for adults with disabilities in the Chengalpattu and Chennai districts, which offered services for day care and residential care completely free of charge. Also, she currently has 6 people with disabilities working for her own company, PATHWAY. The eco-friendly products produced with the help of the Intellectually disabled trainees speak volumes in terms of quality and demand.

Aside from that, she has been sending monetary assistance to every child in her care since the beginning of Covid 19 in March 2020 to the present. During the pandemic, she assisted over 5000 families by providing medical relief and kits to people with disabilities. From 1983 to the present, she has worked selflessly and without pay.

The Government of India recently bestowed upon her the National Award for the Empowerment of Persons with Disabilities in the category of Best Individual Professional Work done by the nominee.

ADYAR TIMES



ஊரணி அறக்கட்டளை சார்பில் வாழ்நாள் சாதனையாளர் விருது...

மதுராந்தகம், மார்ச்.06 செங்கல்பட்டு மாவட்டம் மதுராந்தகம் அடுத்த அகிலி பாத்வே இணை இயக்குனர் டாக்டர் சந்திர பிரசாத் அவர்களுக்கு இன்ஸ்பீடியூட்டி ஆப்டெக்னாலஜி ஊரணி அறக்கட்டளையின் இயக்குநர் பத்மஜி மயில்சாமி என்பனாதார தலைமை ஊரணி அறக்கட்டளையின் மூலம் வாழ்நாள் சாதனையாளர் விருது வழங்கப்பட்டது. குறிப்பாக டாக்டர் சந்திர பிரசாத் ஏழைகள், ஆதரவற்ற குழந்தைகளுக்கு ஆதரவு வழங்கி 1983 முதல் இவ்வாறு சாதனையாளர் விருது பெற்றுள்ளார்.

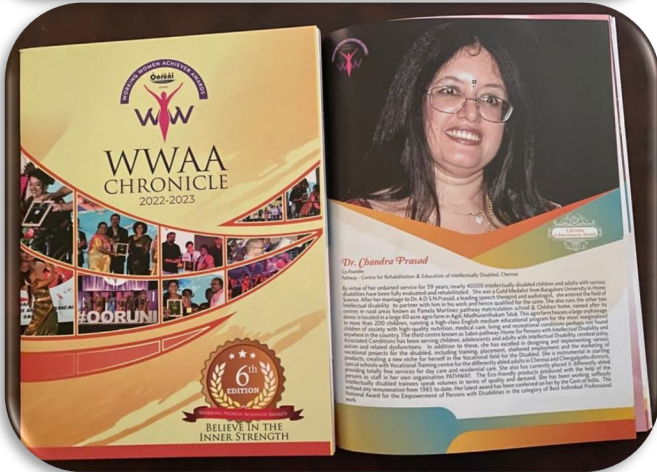
சுமார் 40,000 குழந்தைகளை நடுத்திரி அரங்கத்தில் பெற்றுள்ளார் என்பது குறிப்பிடத்தக்கது. ஊரணி அறக்கட்டளையின் 2023 வாழ்நாள் சாதனையாளர் விருது பெற்றுள்ளார்.



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WORLD DOWN SYNDROME DAY



December 2011, the General Assembly declared 21 March as World Down Syndrome Day (WDS). The General Assembly decided, with effect from 2012, to observe World Down Syndrome Day on 21 March each year. The 21st day of March (the 3rd month of the year) was selected to signify the uniqueness of the triplication (trisomy) of the 21st chromosome which causes Down syndrome. In order to raise public awareness of Down syndrome, the General Assembly invites all Member States, relevant organizations of the United Nations system and other international organizations, as well as civil society, including non-governmental organizations and the private sector, to observe World Down Syndrome Day in an appropriate manner.

Down syndrome occurs when an individual has an extra partial (or whole) copy of chromosome 21. It is not yet known why this syndrome occurs, but Down syndrome has always been a part of the human condition. It exists across the globe and commonly results in variable effects on learning styles, physical characteristics and health. Adequate access to health care, to early intervention programs, and to inclusive education, as well as appropriate research, are vital to the growth and development of the individual.

The quality of life of people with Down syndrome can be improved by meeting their health care needs, including regular check-ups with health professionals to monitor mental and physical condition and to provide timely intervention be it physiotherapy, occupational therapy, speech therapy, counselling or special education. Individuals with Down syndrome can achieve optimal quality of life through parental care and support, medical guidance, and community-based support systems such as inclusive education at all levels. This facilitates their participation in mainstream society and the fulfillment of their personal potential.

The message of “With Us Not for Us” is key to a human rights-based approach to disability. A human rights-based approach views people with disabilities as having the right to be treated fairly and have the same opportunities as everyone else, working with others to improve their lives. “With Us Not for Us”, focused on raising a voice





to all the public and governmental organization to stand with down syndrome people in providing:

1. Equally, human rights for being treated similarly to normal persons rather than considering them as not equal to others.
2. Equal opportunities to get hired and work with others rather than deciding not to hire down syndrome people as they have an intellectual disability.
3. Freedom for people with down syndrome to make their own decisions rather

than not having the chance to take their own decisions.

At Pathway, we made the children blow balloons of blue and yellow colour, matching the theme of down syndrome awareness, then the children popped the balloons and the sound of bursting gave them the spirit of celebrations. Few children painted their hands with blue and yellow and made impression on the charts with the help of the educators. Laughter and smiles on the child's face that made the awareness day to a great celebration day. Down syndrome occurs when an individual has an extra partial (or whole) copy of chromosome 21. It is not yet known why this syndrome occurs, but Down syndrome has always been a part of the human condition. It exists in all regions across the globe and commonly results in variable effects on learning styles, physical characteristics and health. Babies with Down Syndrome have an extra copy of a chromosome, which changes how the baby's body and brain develop. People with this syndrome usually have an IQ (a measure of intelligence) in the moderately low range and are slower to speak than other children.



According to the United Nations, the global incidence of Down Syndrome is estimated to be between 1 in 1,000 and 1 in 1,100 live births. Every year, between 3,000 and 5,000 infants worldwide are born with this chromosomal abnormality. It is not yet known why this syndrome occurs, but it has always been a part of the human condition.

On World Down Syndrome Day people with Down

syndrome and those who live and work with them throughout the world organise and participate in activities and events to raise public awareness and create a single global voice advocating for the rights, inclusion and well being of people with Down syndrome. The day was created to celebrate the lives of people with Down syndrome, and to make sure they have the same freedom and opportunities as everyone else.



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TRADE FAIR

The Tamil Nadu Tourist Development Corporation Ltd (TTDC) is organizing this exhibition. Apart from the usual shops, food stalls, game stalls, amusement park rides for adults & kids, and Govt. Dept. This exhibition is being promoted as the “Biggest International Festival of Handicrafts & Handlooms“.

There were not only hand-crafted and traditional products from 20+ states across India (Including Tamil Nadu) but also from 10+ countries around the world.



Tourism Minister K Ramachandran inaugurated the 47th India Tourist and Industrial Fair, 2023 at the Island Grounds on Wednesday. After a two-year break, the Government Tourism Fair was held in the city. The fair, which has 48 government stalls, was conducted till March 15.

The Tourism Department also inaugurated the Tamil Nadu Tourism Development Corporation hotel and also an open air theatre. Health Minister Ma Subramanian and HR&CE Minister PK Sekar Babu,

Chennai Mayor R Priya, MP Dayanidhi Maran, Principal Secretary of Tourism and HR&CE Department Chandra Mohan took part.

We are proud to note that under PATHWAY banner we too had a stall provided by the Differently Disabled Rehabilitation Welfare Department . Our products were viewed by the public thereby creating awareness about our work and in general about the Intellectual disabled capabilities. We are sharing some thoughts as expressed by the general public.





CM TROPHY SPORTS EVENT



The Chief Minister of Tamilnadu Thiru. M K Stalin has announced the CM trophy sports event for all categories, which was organised and managed by the Sports Development Authority of Tamilnadu (SDAT). The idea of this event is to promote the importance of sports events among the youth and to create a platform them to reach the national and international competition.

The Sports event consist of 16 games, only 2 games namely Athletics 100M and Throwball is allocated for the Differently abled persons. There are no age restriction and

people all over the Chennai district participated.

The Children at Sabin centre were trained and a team of 7 players (Kireshkumar, Murugappan, Subramani, Citibabu, Tamilselvan, Pugazhendi and Senthil) and Kireshkumar was selected as the team captain. Further 3 students (Kireshkumar, Pugazhendi and Prathab) were selected for 100M running under athletics category. The registration process was done through online. The Sports event was conducted on the 17th of February 2023 at SRM University, Katankalathur. ur children Kireshkumar got the First prize in 100M running, Pugazhendi got 3rd Prize in 100M running. The kids played extremely well and got the Second prize in throwball. Their quality hours spent on

training was well paid off. We are extremely proud to have dedicated staff that continuously give their best to the children and the organisation.



CREATIVE VOCATIONAL WORK - NEW IDEAS

AIR DRY CLAY – new products

We are always on the lookout for new vocations to break the monotony of work. After being successful in making our newspaper nativity regarding the faces that we designed we decided to venture furthermore with this material. The idea was to create something new from the paper clay which dries lightweight and the fevicol and varnish adds lustre to the beauty of the product. This is a water-based, air dry, modelling clay made in Japan. It should not be confused with paperclay, a term typically applied to a mix of ceramic clay and paper fibers that are fired in a kiln to create a light ceramic form. It is non-toxic and air dries to the hardness of soft wood that can be sanded silky smooth. It dries lightweight and is archival: art made from this material can last over a 100 years.



It handles similarly to stoneware clay: You can soften and smooth it by adding water, and if it becomes a little too dry, spritzing it with water brings it back to life.

It blends easily, but it's also stiff enough to allow for gestural work as well as details. It can also be carved and drilled once dry. While not unbreakable by any means, CPC is surprisingly resilient. Depending on the object, it can survive a drop, which is not something that can easily be said for ceramics.



This paper clay holds details very well and it has the best adhesion from all the other air dry clays we have tried. It sticks to all sorts of materials including aluminum foil, wood, and Styrofoam.

It only comes in one colour, a sort of off-white, but once dried it can be painted with almost anything.

Creative Paperclay allows for techniques that would not be possible with traditional ceramic due to the requirement for firing.

This material we felt was the most ideal type since its-

- ✿ Approx. 1/8 weight of conventional paper clay and 1/20 weight after dries.

- ✿ Least sticky to hands, feels extremely smooth and very easy to mold, extra light ,dries quickly. AP approved.
- ✿ Can make colored clay with paint.
- ✿ Easy to paint while modeling and also after drying
Can be applied to cans/plastic bottles etc to make vases



These positive features spurred us to create new products in form of flowers. Teaching aides, and methodology was discussed and formed. We were surprised to see our final outcome which had brought applauds from our group. The idea of flowers was to reduce the buying of fresh flowers in bouquet form and the vases were replaced by using eco friendly and recycled material. We are indeed proud of our vocation group which sought to not just indulge in making new products but maintains high standard of quality too. We have included some pictures to give an idea to our readers.

THE ART OF QUILLING



Paper quilling can be traced back to the 15th century. However, some historians believe it originated in Ancient Egypt! Although the exact origins are somewhat of a mystery, one thing we know to be true is that quilling was widely practiced in 18th-century France, Italy, and England. Paper quilling (also called paper filigree) is a paper art where you roll thin paper strips into coils and pinch them into different shapes. Those shapes are then put together to

form all sorts of designs from flowers, snowflakes and animals to mosaics and other creative patterns. The name quilling is thought to come from the origin of the art; birds' feathers, or quills, were used to coil the strips of paper around. The art of quilling has been around for centuries, with a remarkably varied historical background spanning across continents.

With help of quilling you can make keyrings, jewellery, decorative items, Greeting cards, 3D models and many more. We at pathway decided to make quilled beads which would become a part of a garland. The light weight structure of the finished oval ball made it easier to incorporate in our new project of making a garland which would be weightless when worn round the neck. Some examples of the same have been depicted.

ETHEREAL COCONUT SHELL FLOWERS



The process of coconut crafts involves sketching, cutting, sanding, and buffing to create the finished product. The process involved in sourcing the coconut shell for the finished product has undergone drastic changes. Initially, hand tools were used to carve, cut, and finish the edges.

There are different examples of handicraft made of coconut shell. The most creative ones are hats, mats, baskets, wall hanging, rugs, toys etc which are manufactured from various parts of this tree. But, it is the shell of a coconut that is most commonly used in the art and craft world. Bowls, cups, spoons, coasters, bas, belts are formed out of the hard shell of coconut by the skilled hands of the artisans. Coconut shells initially were used as a flammable material for outdoor stove fire. But as this craft form got soon established and started flourishing in this state, the usage of coconut shells also changed. At present, this craft is used to make different types of items like desk-top accessories,

lifestyle products like paperweights, serving bowls, mobile stands. These products are now kept at famous handicrafts stores which are a huge demand in foreign countries. This craft is gaining popularity slowly which will due to its high demand keep increasing with time.

We realise that the Coconut shell craft product is not only eco-friendly but is also durable despite being light in weight. Keeping all the above knowledge in mind we at Pathway too decided too create handicrafts out of this versatile raw material which is in abundance at our farm. This has led to another handicraft to our existing handicraft projects for our vocation work. Ideas have been put into action and this the creative and attractive bowls idea took shape. Along with this we also have converted the cocont shell into dazzling flowers which add beauty to any flower arrangement.

The process of coconut crafts involves sketching, cutting, sanding, and buffing to create the finished product. Initially, the worker begins by cutting off the coconut shell with a band-saw to reveal the interior of the coconut and Scoop out the flesh of the coconut with a chisel. Once it is dry it is easy to remove. At each stage, sanding is done to make the surface smooth. Finally buffing is done for the inside surface in case of a hollow product or serving bowl. Oil is applied to the inside surface of the shell.





The edges of the coconut shell are made smooth by filing or by sanding with sandpaper. This process is followed repeatedly till the finish is satisfactory. The outer surface of the shell is cleaned using a buffing machine and then the inner part of the shell is smoothed.

Regarding the flowers After a shape is cut out, the edges are made smooth by filing or by sanding with sandpaper. It is then polished using wood polish. Alternatively, if a glossy finish is desired, it is given a coat of synthetic varnish. If the surface is to have a dark finish then it is painted before the varnish coat is applied. The inside of the object in this case is first rubbed with sandpaper to get the desired smoothness and then it is buffed on the machine.

OUR HUMBLE HANDMADE BROOM

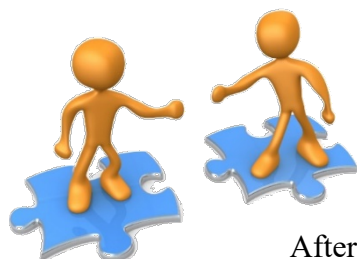
All parts of the coconut tree are beneficial to humans in some way. The yellowing coconut tree leaves can be used to make baskets, and also woven into mats to form roof thatching, mulching for plants, and even brooms. However, making a beautiful, handmade broom is simple, enjoyable, and useful. Leaflets from three to four coconut tree fronds are also required. Making a broom out of leaflets usually take less than two hours.

The team of 3 to 4 students are asked along with the supervisor to gather the fronds of a coconut tree. from the bottom-most branches that are turning a little yellow to be used in making of a large broom. They are asked to trim the leaflets from the fronds with a machete. The then collected leaflets are bundled and transported to their working area where they will be able to work comfortably.

The next step is to take a leaflet and insert the knife between the mid-rib and also the greens. It is sheared along the mid-rib to separate the greens. The remaining greens can also be pulled down with hands. There may be a thin layer of greens attached to the mid-rib . They are instructed to remove these strands from the sticks as well, using the knife. Having collected enough sticks to make a broom. A aid is used to measure the thickness required using a piece of pipe having the desired diameter. All the gathered sticks are then levelled bottom against a hard surface. Earlier we were tying the broom with coir rope which has been replaced using waster empty water bottles of the required girth. The bottle is finally heated with an hot air tool which shrinks the plastic to the shape making it easier to handle the broom and finally the ends of the broom are trimmed to give an aesthetic look. This added value increases the product value.



INTEGRATION OF THE ABLE AND THE DISABLED



After establishing the

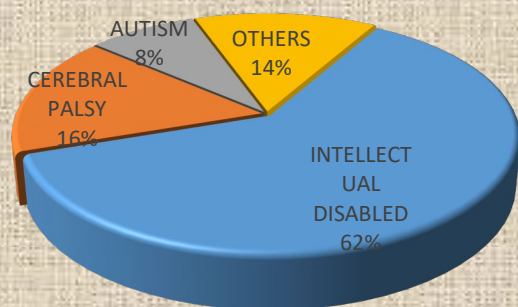


Sabin -Pathway Home for Persons

with Intellectual Disability & Associated Conditions, the facility has been striving hard to develop a model integration unit of able and disabled children. An important aim of society is to integrate persons with disabilities so that they actively participate in the opportunities afforded to them and are able to lead normal lives. Giving equal opportunities to people with disabilities will make them a part of the social mainstream. The initial stigma and hostility has certainly reduced with children and they now readily accept their disabled counterparts in their everyday life. The disabled children and adults now are well accepted in several situations such as recreational and play situations, having meals together, during their assembly and prayer, during events and functions. Some children with disabilities also attend classes in certain areas of learning along with their able counterparts. This is particularly true when children with borderline dysfunction are grouped in an average class room.

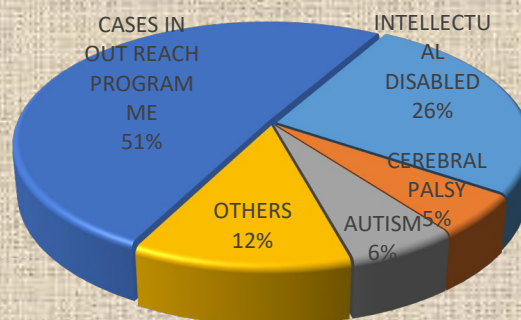
During the year 2007-2023 the following cases were evaluated and assisted

CASES EVALUATED 2007-2023 - 1155



INTELLECTUAL DISABLED	710
CEREBRAL PALSY	190
AUTISM	95
OTHERS	160
TOTAL	1155

CASES ASSISTED FOR 2021-2023- 300



INTELLECTUAL DISABLED	78
CEREBRAL PALSY	16
AUTISM	18
OTHERS	36
CASES IN OUT REACH PROGRAMME	152
TOTAL	300

Right from the beginning efforts were made to bring these two groups together so that they develop a sense of tolerance and harmony. Efforts were made to include both groups of children in the following spheres, such as:

1. During Morning Assembly and Prayer
2. During Dining
3. During Social and cultural events, such as involving them both in plays, dramas, music
4. During play and recreational activities
5. During group activities such as painting, scrubbing of walls or surfaces
6. During group activities like watching TV or movie on the projector screen
7. During group activities involving vocational work
8. During cleaning the grounds and their class rooms

A few children with learning disabilities and with borderline mental handicap were integrated with their able peers at the Pamela Martinez/Pathway Matriculation school, with inputs both from the special educators as well as teachers working in the matriculation schools.

OUR LATEST ACQUISITION

MF 246 DYNATRACK 4WD



A tractor plays the vital role is power packed tractor for

in all aspects of agriculture work, The MF 246 DYNATRACK with 4-wheel drive technology which makes it a better vehicle ploughing of field both in wet and dry terrains. A premium tractor for agriculture, haulage and commercial applications - the MF 246 DYNATRACK 4WD. Dynamic performance, sophisticated technology, unmatched utility and versatility, all engineered into a single powerful tractor, the MF DYNATRACK. The Massey Ferguson 246 DYNATRACK with fully sealed heavy duty front axle aces in all agricultural applications, especially puddling. The DYNATRACK series with its new 4WD range, offers best of technology for Agriculture, Haulage and Commercial Applications.

46 BLADE SEMI CHAMPION ROTARY TILLER

The Semi Champion rotary tiller is exclusively designed for hard soil with an objective to alleviate soil condition and health. With specifically designed blades and rotor it aids in retaining soil moisture and increases porosity for better aeration which ensures quality germination of seeds. Its sturdy and stable construction is available with different combinations of drives, speeds and blades.



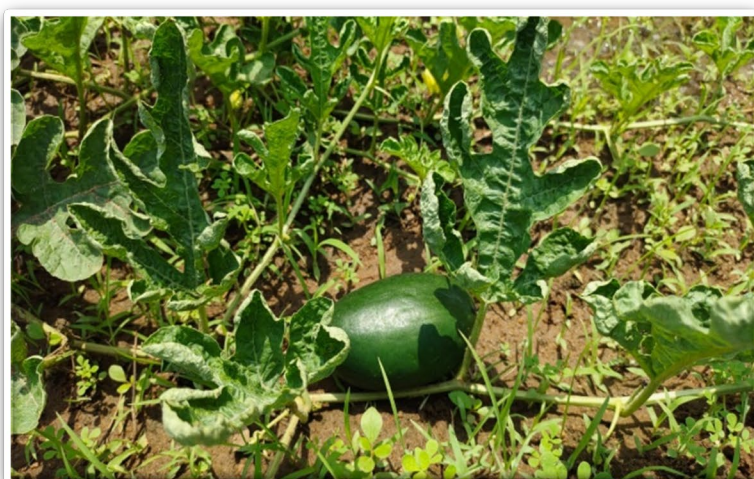
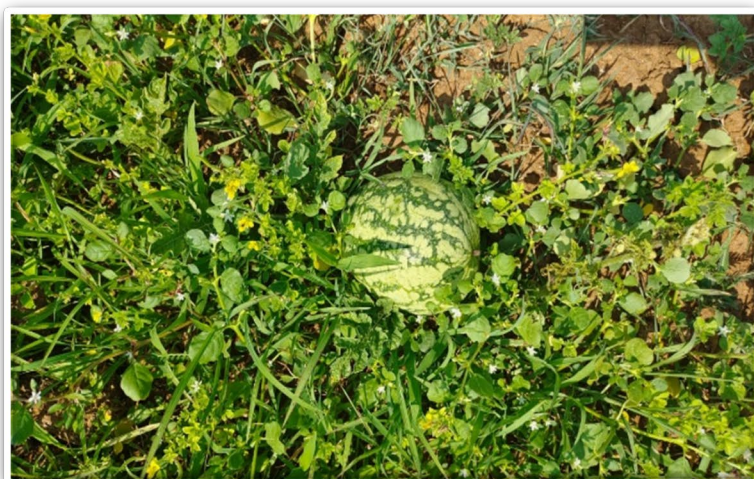
WATER MELON- SAMRAT VARIETY

After witnessing paddy harvest our attention was diverted to grow some fruit for the children residing at the farm. It was an unanimous decision to grow watermelon. It was years since we had grown watermelons due to various unfavorable conditions. As a nutritionist I was aware of the health benefits of consuming these fruits. The healthy or beneficial effects of watermelon are mainly derived from its unique nutrients, vitamins, minerals, and organic compounds. These include significant amounts of vitamin _____ C, calcium, magnesium, fiber, protein, and a large amount of potassium, as per the USDA National Nutrient. Furthermore, they contain vitamin



A, vitamin B6, niacin, thiamin, and a wide variety of carotenoids and phytonutrients, including lycopene! The farm supervisor had been on a visit to Bangalore and discovered the namdhari seeds group selling some of the best seeds. We procured around 6 packs of the NS295. We decided to try out for the following reasons-

NS295 A well established medium to early hybrid (80-85 days) with good adaptability. Fruits are oval to oblong in shape, each weighing 9-10kg. Rind is light green with dark green stripes. Flesh color is deep crimson red with good texture and sweetness (TSS 12-13%). Good transport and keeping quality are other major attributes of this popular hybrid.



Hybrid type:
 Oval To Oblong Type Hybrids
 Relative days to maturity (DS):
 80-85
 Rind Pattern:
 light green rind with distinctive
 dark green stripes
 Fruit size (kg):
 9-10
 Fruit shape:
 oval to oblong
 Flesh colour:
 deep crimson
 Flesh texture:
 very good
 Sweetness TSS (%):
 11-12
 Remarks:
 very good shipper and
 adaptability
 Recommended for: India

An acre was marked for this purpose and we set out to work on the same from the ninth of January this year. The harvest was due after 3 months.

We were aware that Watermelons grow well in deep fertile and well-drained soil. It gives best result when grown on sandy or sandy loam soil. Soil having poor drainage capacity is not suited for watermelon cultivation. Follow crop rotation as continuous growing of same crop on same field leads loss of nutrients, poor yield and more disease attack. pH of soil should be in between 6-7. Plough land and bring to fine tilth. Watermelon can be direct seeded or transplant in nursery and then

transplanted to main field. We tried the direct seeding method or the Pit method. There are different sowing methods to grow this fruit which are-

Furrow Method: Sowing is done on either side of furrows. Sow 3-4 seeds (After germination keep only healthy seedling) at a time and keep plant to plant distance of 60-90cm.

Pit Method: Sow 4 seeds in pit. For that make pit of 60x60x60cm at distance of 2-3.5m between two rows and 0.6-1.2m between plants. Fill pit with well decomposed cow dung and soil. After germination keep only one seedling.

Hill method: Similar to pit method. In this, pit of 30x30x30cm pits are made at distance of 1-1.5m. Two seeds are sown per hill.

Depending upon sowing method spacing may get vary. In pit method use row to row spacing of 2-3.5m and 60 cm between two plant. While sowing the seeds we made sure that it was atleast 2-3 cm deep. This was a fun time with the Sabin group since the entire acreage had markings of pits in their names. Each one had decided to take extra precaution and care to see that their water melon grows the best.

With the help of supervisor and farm help the special adults of Sabin group manually dug out the pits after the seed treatment was done it was sowed immediately at the seed rate of 1.5 to 2 kg. Before sowing the seeds are treated with Carbendazim@2gm/kg of seeds. After this chemical treat , the seeds are further treated with Trichoderma viride@4gm per kg of seeds. The seeds are dried in shade and then sowed immediately. A composition of DAP, Potash and Cowdung was filled in every pit and water was poured in each pit, and finally three to four seeds were buried in each pit. The most important factor in any agricultural produce is determined by the after care - meaning removal of weeds. We didn't have to worry on this area since we had a batch of most eager young gardeners who take their jobs very seriously. If the weed control measure is not in place it can lead to a minimum of 30% loss.

The weeding was done two to three times. As the time of maturity neared irrigation was done only when needed. We avoided over flooding in watermelon field. Infact genuine care was taken to see that at time of applying irrigation, care was taken not to wet the vines or vegetative parts, especially during flowering and fruit-set. For better sweetness and flavour, irrigation was reduced 3-6days before harvesting. During the period of growth we definitely did have pests which we needed to control.

The following are some- Aphid and Thrips: They suck the sap from the leaves resulting in yellowing and dropping of leaves. Thrips results in curling of leaves, leaves become cup shaped or curved upward. Fruit fly: It is serious pest. Females lay eggs below epidermis of young fruits. Later on maggots feed on pulp afterward fruits starts rotting. The melons can also be affected by the following diseases like-

Powdery Mildew: Patchy, white powdery growth appears on upper surface of leaves also on main stem of infected plant. It parasitizes the plant using it as a food source. In severe infestation it causes defoliation and premature fruit ripening.

Sudden wilt: It can affect crop at any stage. Plant get weak and give yellow appearance at initial stage, in severe infestation complete wilting is observed. To avoid the same we made use of Malathion 50EC and neem oil which is a product produced at the farm This was done to increase the flowering and controlling the pests.

Patience of three months had given fruit. Everbody was excited since the day of harvesting was drawing nearer. The tip to harvest. The special gardeners were taught some tips on how to recognise which fruit could be harvested. Their attention was drawn to the tendril near the stem. If tendril near stem gets dried also whitish color of fruit which touch to ground get yellowish then assume that fruit is ready for harvesting. On thumping melon if it sounds hollow (usually as a dull thump or thud) then it is ready for harvest and immature fruit sounds dense. Dont pick immature

fruits as they ripe only when attached to vine. Immature fruit don't have rich sugar content or color. And finally to harvest ripe fruit, cut stem 1" from fruit with a pair of sharp pruners or knife.

With all this information tucked under their belt they started the harvest procedure. The day was the 27th march. Their enthusiasm was a delight to watch. With the help of farm helpers we were able to harvest around three and a half tonnes. Nearly a tonne found its way to the dining table for the entire pathway group, including staff and the balance found its way to the eager market. We are proud of our special group since it is they who work towards self sufficiency and make us understand the true value of ABILITY though being encompassed in the word DISABILITY

Nutritional Benefits Of Watermelon

- Keeps you hydrated
- Helps in blood sugar management
- Aids in weight loss
- Helps to prevent cardiovascular disease
- Decreases severity of Asthma
- Reduces dental problems
- Fights inflammation
- Good for nerve function



SESAME SEEDS

Sesame plants produce the delicious, ubiquitous sesame seeds we see on bagels, in tahini, and as an essential ingredient in many foods. The seeds produced are tiny, but one seedpod can produce hundreds of seeds. The plants grow up to three feet tall. The seeds vary in color depending on the variety and may be white, brown, red, or buff colored.

This plant is a tropical perennial native to Africa and India. It must have very hot, dry conditions for growing, making it something of a





challenge for gardeners who don't live in the appropriate growing zones. Interested in adding Sesame plants to your garden? Here are some things you need to know to keep your Sesame plant happy and healthy. Sesame seed is one of the ancient oil seed crops domesticated well over and around 3000 years ago. It is one of the oilseed which has the highest oil content in oil seeds. The sesame seed oil has a rich, nutty flavour and it is a very common ingredient in cuisines across the world.

Sesame Plant Care

There are thousands of cultivars of sesame, probably because it's been a plant known to humans for over 5000 years.

Although these plants are generally tolerant of very poor growing conditions (thin soil, high heat, drought), the best crop yields occur in fertile, well-drained soil.

Sesame plants need plenty of direct sunlight and they like warmth. Try to plant near a stone or brick wall for added heat production. Sesame plants are very tolerant of different soil conditions, but good drainage is a necessity. A sandy, loamy soil is a good option. No fertilization is required and, in fact, should be discouraged.

Sesame cannot handle standing water or wet soils, or heavy clay soils, nor will it tolerate salty soil or salt air. While regular watering is important for germination and establishing young plants, sesame plants don't need much water.

It's best not to situate them near other plants that get watered regularly. Giving them their own raised bed or section of garden ensures appropriate moisture and low humidity. Planting them alongside other drought-tolerant plants (like lavender, thyme or sedums) is a good idea. Do not use drip irrigation as this will drown the plants. The sesame plant's ability to withstand hot dry



desert conditions makes it a very valuable food crop for parts of the world troubled by drought.

Fertilizer

Sesame plants require nitrogen foliar fertilizer throughout the growing season before flowers begin to form. You can even fertilize the soil before planting,

Growing Sesame Plants from Seed

Sesame seeds should not be direct sown outdoors. Plant seeds indoors four to six weeks before the last frost date.

Lightly cover with soil-less planting mix. Keep moist until they germinate, then water once a week or so.

Sesame seeds germinate best at temperatures between 68 and 75 degrees. They are indeterminate plants, which means they will continue to bloom and set seed capsules over a long period in the summer, with peak flowering in July and early August.

Health Benefits of Sesame

Consuming either the oil or whole sesame seeds has many health benefits. Some notable health benefits of consuming sesame seeds are listed below.

1. Good Source of Fiber
2. May Lower Cholesterol and Triglycerides
3. Nutritious Source of Plant Protein
4. May Help Lower Blood Pressure
5. May Support Healthy Bones
6. May Reduce Inflammation
7. Good Source of B Vitamins
8. May Aid Blood Cell Formation
9. May Aid Blood Sugar Control
10. Rich in Antioxidants
11. May Support Your Immune System
13. May Support Thyroid Health
14. May Aid Hormone Balance During Menopause
15. Easy to Add to Your Diet





For preparing the soil our sabin group was divided into two groups, one who were to take care of water melon field and other for the sesame field. We are aware that these plants grow best in well-drained light to medium textured soil. The ideal pH level for growing sesame plants is between 5.5 and 8.0. Acidic or alkaline soils are not suitable for growing sesame.

Manually the soil was ploughed with the help of the farm helpers and added 10-12 kg urea and 40-50 kg super phosphate per acre during this ploughing.

The weather conditions were perfect and we set out to sow the 3kg quantity of sesame F1 hybrid variety which was enough for our one acre of spread .

Though Planting seeds in rows is very good, but we opted for

scattering the seeds throughout the land while the soil is moist and a bit coarse. The other method was to space the rows to about 10-12 inches apart. Mix the seed with dry sand and spread the mixture along the furrows The seeds are to be sown about 1/2 to 2/3 inch deep. And then after covering the seeds with soil after sowing, its irrigated lightly.

Before sowing the seeds, it was treated them with Bavistin at the rate of 2 grams per kg seed. This was necessary to prevent the seed borne diseases. Generally the sesame plants require less care as compared to many other commercial crops. But taking additional care of the plants will ensure good growth of the plants one can expect to have a good yield. Since our soil was prepared well the use of fertilizers were not needed. This was compensated by regular adequate watering which is very important for the proper growth of the sesame plants. Timely and adequate irrigation also affect total production. Taking the help of our special gardeners we provided additional irrigation after 1 week of sowing the seeds.

These special gardeners kept vigilant guard over their fields. The moment they saw the tiny seeds germinate they would announce it with full enthusiasm and delight. It seemed like nature too felt their happiness and touched by their marvelous spirit. They were directed to irrigate only three times in 3 critical stages. The first one at pre-flowering stage, the second one at flowering stage and the last one at





pod setting stage. After around 70 days of sowing they were asked not to irrigate the plants anymore. The other most important care was the control of weeding which was required 15-25 days after sowing the seeds. And finally another one at 15 to 20 days after first weeding. Since no plant is pest free with the advise of our agricultural department we used diluted Ekalux diluted and Monocrotophos 36. This was used to

control the Caterpillar and gall fly

Harvesting Seeds

Sesame seeds are very small, and drying them is very difficult. But they need to be dry for storage so they don't go rancid, which is a possibility due to their high oil content. Therefore it's necessary to make sure they dry out sufficiently on the plant inside the seed pod before harvesting them.

Sesame seeds ripen from the bottom of the plant upwards. The first flowers to appear are lower down. As the seed pods begin to split, which happens in late summer, cut the stems and lay them flat in a dry place. Hanging them will cause the seeds to fall out, but you can do it this way if you have a tray or bucket to catch the seeds.

The plant's leaves will darken as they dry and the pods will continue to split open. Then you may tap the stems and pods against the sides of a bucket to catch the seeds. Some enthusiasts toast the dried seeds before storing as this can help to preserve their flavor and prevent spoilage.



BLACKGRAM DHAL



Being the month of May we decided to grow Blackgram which is a pulse and commonly used in Indian households. The reason to select the VBN 8 variety of black gram is manifold. It has various other names such as black lentils, mungo beans, and matpe beans and is scientifically called the Wigna Mungo. It is one of the most vital varieties of pulse in the Indian subcontinent, and has a lot of nutrients in it. Although they are not that



common, they are fairly easy to procure all over the world. The special features of this new variety is determinate plant type with synchronized maturity and highly resistant to Mungbean Yellow Mosaic Virus (MYMV) disease, resistant to leaf crinkle and moderately resistant to powdery mildew diseases. Black gram is one of the most nutritious beans and is commonly used in India for its wide health benefits. It is both, consumed by cooking and used in Ayurvedic medicine, and is equally beneficial when used either way. It offers a ton of health benefits.

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Black gram can improve your digestion as it is filled with fibers that help with the bulking up and movement of your stool. It can therefore be used to combat both, constipation and diarrhea. It boosts your energy by helping provide more oxygenated blood to your organs. It increases your bone mineral density, making your bones stronger and healthier as you grow older.

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It is very good for patients with diabetes as it regulates the glucose levels in the blood. It is good for your skin and can help fight dark spots, acne, and marks. It helps with joint pain, is extremely good for the heart, and is also a diuretic that helps keep your body clean. Adding black gram to your diet can boost your overall health by a significant margin. The uses of Black gram is widely used for culinary purposes in India. It is used to cook dals, soups, curries, stews and side dishes. Black gram can also be used to make homemade face packs to treat skin problems like acne. It is used in Ayurvedic medicines due to the various health benefits that it offers. Black gram is also used for its high fiber content.

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Mentioned below are some of the best health benefits of Black Gram (Urad Dal)

It improves digestion – One of the biggest perks of consuming black gram is that it has high quantities of dietary fiber. This bulks up the stool in the digestive tract and stimulates peristalsis, the contraction and release of stomach muscles to move the waste materials out.



It boosts your energy - As black grams contain very high levels of iron, they are really good at increasing the overall energy levels in your body. Iron is an extremely important nutrient for your body as it stimulates the production of red blood cells. These cells are responsible for carrying oxygen to all your organs.

It boosts bone mineral density - Black grams are filled with important minerals such as magnesium, iron, potassium, phosphorus, and calcium. All of these play a crucial role in affecting your bone mineral density. This is extremely important because as we age, our bones become weaker, making us more susceptible to breaking bones and osteoporosis. Maintaining a diet that has high amounts of minerals can help you maintain bone health.

Its good for diabetics, good for skin and also helps in reducing pain

It is good for your heart - Black gram is also extremely good for your heart health. As it has high quantities of fiber, magnesium, and potassium, it is known to provide multiple benefits that can keep your cardiovascular system healthy. It can balance out your cholesterol, which is extremely good for your heart. It can also prevent arteriosclerosis.

It acts as a diuretic- Another advantage of black grams is that it is a diuretic which means that it stimulates urination. As a result, your body can get rid of harmful toxins, ureic acid, excess water, excess fat, and even calcium stored in the kidneys. As a result it can prevent kidney stones from occurring.

The other benefits are known to heal your skin and speed but the rate at which your body heals its wounds. It has mild antiseptic properties which is why it is often used to heal wounds. The high yielding blackgram variety VBN 8 is a



cross derivative of VBN 3 x VBG 04-008. Average yield of VBN 8 is 900 kg/ha which is 11.9 and 13.5 percent increased yield over the check varieties VBN 6 (804 kg/ha) and CO 6 (793) respectively. It matures in 65 – 70 days.

With all the above knowledge gained we started preparing the land to fine tilth and form beds and channels. We tried to cultivate in one acre and

procured the correct amount of seeds. The seeds were treated with Carbendazim or Thiram @ 2 g/kg of seed 24 hours before sowing. They were first treated with Biocontrol agents and then with Rhizobium. This will protect the seedlings from seed borne pathogens, root-rot and seedlings diseases. For sowing the seeds we adopted 25 cm x 10 cm spacing .

The special group was grouped into different teams and each led by a leader followed the instructions the best they could. Once the seeds were sown it was irrigated by the next team and this was later followed by another group who took it on themselves to water on the third day and there after in intervals of 7 to 10 days depending upon soil and climatic conditions.

The spraying of foliar spray was done with the help of our local farmers along with weed management

Harvesting is always the fun part where the boys were trained to pick the matured pods, drying and processing them We were able to harvest nearly 42 kgs which was used in our kitchens



PADDY HARVESTING

Paddy is the principal crop extensively cultivated in all the districts of the state having a unique three-season pattern viz Kar/Kuruvai /Sornavari (April to July), Samba/ Thaladi/Pishanam (August to November) and Navarai/ Kodai (December to March). Rice cultivation is a complex activity that requires a series of processes to achieve the finished product. The basic stages of cultivation include- Seed selection . We selected ADT 37 for four seasons this year along with Ponni variety .ADT 37 is moderately tillering. Its high yield potential is mainly due to high panicle weight, in turn due to high number of grains per panicle. Grains are short and bold with white rice; milling recovery is 71%. Cooking quality is highly preferred.

ADT37 is resistant to leaf yellowing disease, blast, brown spot, brown planthopper, and green leafhopper, and moderately resistant to bacterial leaf blight, rice tungro virus, gall midge, and leaf folder. It is highly suitable for direct seeding.. ADT 37 was cultivated or sown first on 02.05.2020 spread totally over 5.75 acres and the transplantation was done on 28.05.2020. We harvested nearly 80 bags. The next batch of rice bearing the variety CO-51 was sown on 07-04-2020 over 5.75 acres. This was transplanted a month later and after three months this yielded



us 160 bags with each one having a capacity of 80kgs. The major features for us to experiment this variety (CO-51) was for-

- ❖ Having Shorter duration
- ❖ High yielding semi dwarf rice variety
- ❖ Moderately resistant to Blast, Brown Plant Hopper and Green Leaf hopper
- ❖ White medium slender rice with high milling (69%) and head rice recovery (63%)
- ❖ Intermediate amylose content (22%), gelatinization temperature and soft gel consistency

The nutrient value and health benefits of rice are so many that it has been our staple food. The benefits are-

It's a very good source of energy

It is cholesterol free

The bran oil derived from its paddy form supports cardiovascular health

It is also a very good source of niacin, vitamin D, calcium, fiber, iron, thiamine and riboflavin Since there are thousand varieties of hybrid varieties of rice available we decided to grow ADT 37 for the given reasons-

Parentage – BG 280-12/ PTB 33

Duration (Days) –105

Average yield (Kg/ha) – 6200

1000 grain weight (g) – 23.4

Grain type – Short bold

Habit – Semi dwarf, Semi erect

Rice color - White

Special features – Resistant to many pest and diseases

Seed dormancy – 60 days

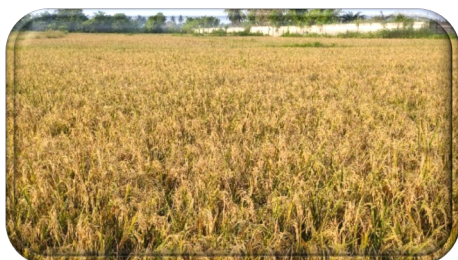
We were able to harvest 240 bags each holding 80 kgs for the entire year. We are proud to say that we were able to provide these to numerous families during the covid pandemic period in rural and urban areas

The basis of seed selection was done while keeping in mind the maximum yield, improved germination, resistance to disease and pest attacks, uniformity in plant size and less weed problems.

The next stage of preparation is the land. The main purpose of land preparation is to have the soil in optimum physical condition for growing rice. Plowing and tilling of land is done to predetermined levels that allow rice plants to develop a good root system.

The proper preparation of land for sowing is achieved via tractors (mechanical means) or with the help of water buffaloes. Land preparation also includes land levelling to





ensure water reaches all areas planted. Usually it is done before the rainy season. The weeds are cleared and the field is ploughed by buffaloes or tractors to a depth of few inches. Manures and fertilizers are added to the soil. Using the Wet system of cultivation, the land is ploughed thoroughly and puddled with 3 to 5 cm of standing water. The land is then levelled to facilitate uniform distribution of fertilizers and water. After the seedlings of rice sprout its transplanted into the main fields.

The method to introduce rice plant to the soil used was the transplantation method. We used the Transplantation method which is the basic method practiced here. To begin with, seeds are sown in nursery and seedlings are prepared. After 4-5 weeks the seedlings are uprooted and planted in the field which has already been prepared for the purpose. The entire process is done by hand. It is, therefore, a very difficult method and requires heavy inputs. But at the same time it gives some of the highest yields.

Cultivated rice is extremely sensitive to water shortages and when the soil water content drops below saturation, most rice varieties develop symptoms of water stress. Good water management practices are needed to keep usage at optimum levels and to maximize rice yield.

Pre-planting steps that help with water management include;

- ❖ Proper creation and maintenance of field channels for water delivery
- ❖ Land levelling that allows water to be evenly distributed and retained
- ❖ Tilling operations that include rice field bund preparation, water puddling and maintenance

Each growth stage of the rice plant has a different nutrient need. Keeping this in mind, we ensure that the rice plant gets the proper nutrients at the right time. Prolonged flooding of rice fields ensures that we are able to conserve soil organic matter and also receive free input of nitrogen from biological sources. For higher yields, more nutrients must be added to the soil.



The rice plant can come under threat from different sources in the field. These include attack by rodents, insects, weeds and disease. Different strategies are used to protect and maintain crop health. A good understanding of pest behavior, natural enemies, host plants, other organisms and the environment help determine the type of pest management required.



We usually manage weed control through water management and land preparation, by hand weeding, and in some cases with the application of herbicides. Finally in the field it ends with the process of harvesting.



Harvesting is the process of collecting the mature rice crop (rice paddy or rough rice) from the field. Depending on the

variety, a rice crop usually reaches maturity at around 115-120 days after crop establishment. Harvesting activity includes cutting, stacking, handling, threshing, cleaning, and hauling. Good harvesting methods help maximize grain yield and minimize grain damage and deterioration.

Harvesting can be performed manually or mechanically. We opted for mechanical to avoid the intensive manual labour cost which could stretch for days. After cutting, the rice was threshed to separate the grain from the stalk and cleaned using the thresher machine and then the process of winnowing. Winnowing is a process of removing the unwanted particles from the paddy grains. The simplest way is by pouring the paddy down from a height on a windy day to a large square mat on open ground. The grains fall to the mat while lighter chaff blows out.

Milling of rice is a crucial post-production step. The basic objective of a rice milling system is to remove the husk and the bran layers and to produce an edible, white or brown rice kernel that is sufficiently milled and free of impurities. Milling means removal of the yellowish husks from paddy so that white or polished rice is obtained. In a rice mill the paddy is made to pass between varying sets of huller or rollers till it is milled or polished. The most enjoyable part for our Sabin group comes during the harvesting time Dressed in their farm attire the entire lot troop to the paddy area. Under the guidance of their special teachers and watchful eyes of the farm helpers they set out to do their task. They enjoy the tractor ride and the excitement on their faces light up when the harvester machine pours the paddy into the dipper. The special hands gather these grains with delight and feel proud that they were a part of this entire process which would feed many a mouth.

OUR MOUTH WATERING KING OF FRUIT



Juicy and perfectly suited for summer, mangoes earned the title of the “king of fruit” for a reason — they’re the national fruit of India and a delicious treat everyone looks forward to all year long.

Whether eaten on their own, blended into a tropical smoothie, or infused into a delicious dish, mangoes are mouthwatering and delicious however you like them. There are over 1000 varieties of mangoes, each with its unique taste, texture, and personality. Mango farming is one of the leading crop and considered to be the king of fruits. Besides its wonderful delicious taste, excellent flavor and its haunting aroma it is loaded

with vitamin a and C. In South India, mango usually gives two growth flushes, one in February-June and the other in October-November. In mango about 8-10 months old shoots under certain conditions cease to grow at least 4 months prior to blossoming. These shoots are capable of producing flower buds. Other shoots, which appear in subsequent flushes during late monsoon, do not come to flowering. These shoots flower during the next season after accumulating sufficient metabolites necessary for fruit-bud differentiation. Thus the fruits will be ready for harvest in April-May from a plant flowered during October-November. The major harvesting





seasons in Tamil Nadu April-May The mango fruits should be harvested at green mature stage. The best way to observe maturity in mango is the colour of the pulp, which turns cream to light yellow on maturity and hardening of stone. Mangoes are generally harvested at physiologically mature stage and ripened for optimum quality. Fruits are hand picked or plucked with a harvester. During harvesting, the latex trickles down the fruit surface from the point of detachment imparting a shabby appearance to it upon storage. Therefore the fruits should be harvested with a 10-20cm stem attached to it.



The fresh mangos and mango pulp are the important items for exports from India. Realising this we at Sabin centre decided to maximize our efforts more for better production of our mangoes so that the excess could be marketed to a factory nearby. To maintain our trees every year Sabin Centre is involved in spraying and maintaining the mango groves. The children as usual are happy taking care of the trees with unconditional love. The first schedule of spray in December was done using Isabion which activates plant potency, regulates plant metabolizing, increases plant vigor and safeguards plant functioning to maximize plant's capability. It is a natural biological activator. Isabion facilitates vegetative growth, induces flowering, pollination and fruit setting to improve fruit quality and enhance risk-resistant capacity against harmful environment. It also alleviates damages from pesticide and fertilizer to certain extent.



During the month of February Nimbecidine was applied which exhibits multiple modes of action. Its benefits are listed below

- It effectively controls the economically important pests such as Whitefly, Aphids, Thrips, Mealy bugs, Caterpillars and Leafhoppers in a wide range of crops.
- Does not affect the natural enemies. Safe to use with beneficial parasites and predators and thus offers long-lasting pest control.
- Helps to increase productivity by controlling the pests and improving crop health.
- It is eco-friendly and helps to maintain the Ecological Balance.
- Insects cannot develop resistance against Nimbecidine.
- No residue.



The varied form of natural calamities have given us a great challenge which is loaded with monkey menace. Our group tries to drive them away with the sound of crackers for a short

period of time. We still have no knowledge as how to overcome this issue. In spite of these major hurdles we have been able to get some yields from our trees.

The various varieties that we have been able to collect this year has been the Sendura and Tothapuri variety to the tune of ten to twelve tonnes. The other varieties we harvested were the Banganpalli, Mulgoba, Rumani and Neelam which amounted to two tonnes. Mulgoba is considered as the “Alphonso of South India” is considered

The Sabin group while harvesting these mangoes take special care since the market acceptable fruit has to be devoid of any bruises. It’s a wonderful sight to watch our children do this task with diligence along with the experienced labourers. At the end of each day they vie with each other for the most number of mangoes harvested. The fun part is rolling these mangoes into the dipper attached to the tractor which proceeds to the mango pulp factory since the shelf life is quite short.

The remaining raw mangoes which don’t make it to the market are used for preparing various traditional products like raw slices in brine, amchur, pickle, murabba, chutney, juices etc. The fruit is consumed raw or ripe. Children are allowed to pluck the mango and consume it fresh. Its always a feast time during the mango harvest season.

Raw fruits of local varieties of mango trees are used for preparing various traditional products like raw slices in brine, amchur, pickle, murabba, chutney, panhe (sharabat) etc. Presently, the raw fruit of local varieties of mango are used for preparing pickle and raw slices in brine on commercial scale while fruits of Alphonso variety are used for squash in coastal western zone.

The other crops we were able to cultivate with the help of this wonderful Sabin group was vegetables like the Okra, Bottle gourd, chillies, tomatoes, greens, herbs, pumpkins, water melons, sapota, jackfruit and ofcourse the versatile coconuts. Their whole year of activity bore fruits to feed all the centres seasonally. We are proud to say that some portions we were able to sell which were in excess. More than the money profit the praises from various quarters brought laurels to these children.

GROUNDNUT – THE KERNEL G2-52 VARIETY STORY

In the mid month of December our Sabin group was involved in growing groundnuts on 2.50 acres.. Usually the season for the cultivation of groundnut crop varies considerably in India on account of variations in soil and climatic conditions in different states. In India, groundnut is cultivated in 3 seasons viz., Kharif (monsoon or rainy season), Rabi (winter season) and Summer.





In Tamil Nadu, groundnut is grown in five seasons viz., Adipattam (June-July), Karthikaipattam (Oct-Nov), Margazhipattam (Dec-Jan), Masipattam (Feb-March) and Chithiraipattam (April-May).

Here are some of the mind-blowing health benefits of groundnut

1. It is rich in antioxidant
2. Heart-healthy fats
3. It is a high source protein
4. Groundnut is a rich source of minerals
5. It is rich in vitamins

Since Groundnut seed with its high oil content is a good substrate for the development of pathogens. There are several seed and soil-borne diseases of groundnut which cause considerable damage to the seeds and seedlings emerging from soil. The pods have to be shelled only few days before sowing and the seeds be treated with fungicides. Seed treatment with any one of these fungicides is effective in protecting the seedlings against seed and soil-borne diseases resulting in higher plant stand. Good quality seed of improved varieties suitable for the area is one of the most important factors for increasing productivity. Good seed is essential for establishing the required plant



population, good development and yield. Purity, good viability, uniformity of seed size, colour, weight and freedom from seed-borne diseases are the chief characteristics of good seed. This can be achieved by the use of certified seeds. Purity of seeds is essential because mixed seeds do not ensure a uniform crop stand and lowers the market value of the product. Germination, stand of the crop and ultimate yields depend on the viability of the seed. The seed



we chose was GROUNDNUT OF V6 variety. This crop had a growth of three months span. The usual methods of sowing groundnut are

- ❖ seed drill (bullock drawn or power drawn);
- ❖ sowing behind the country plough and
- ❖ hand dibbling.

The field is ploughed with the help of oxen and followed by the oxen a man manually drops the seeds on the ground, this is done until the entire field is covered. Once this process is over, the field is leveled and the pathway for the water to flow in is created.



We also realized in our learning process that the depth of sowing of the seed influences germination and emergence through soil temperature and availability of moisture. In light soils, seeds are sown to a depth of 5-7 cm and in heavier soils to a depth of 4.5 cm. The depth of sowing should be less when the soil contains plenty of moisture than when it is moderately dry. Too shallow sowing limits germination as the upper layers of the soil dry out before radical emerges and suspend germination. Slight compaction of

the soil over the seed is necessary to have good contact of the seed with soil and to ensure quicker germination and this can be achieved by drawing a beam or a blade-harrow across the line of sowing.

The only pesticide we used was DAP and Complex to control the pests that feeds on the roots of the plant like roller and baux

The crop was observed as the harvest time neared for drying and falling of older leaves and yellowing of the top leaves which indicated maturity. A few plants at random were pulled out and the pods were shelled. The inner shell of brownish black and not white indicated to us that the crop has matured.

We were ready to harvest our bountiful crop on the 4th march which yielded us around 960kgs after we sent it to the factory for de-shelling which was to be stored and used for our children's provision.



VEGETABLES



Vegetables are the store houses of most of the vitamins and minerals and also proteins. The nutritional value of vegetables is unsurpassed – many vegetables have a low glycemic index and high nutrient content compared to other foods.



Since Tamil Nadu has varied climatic conditions, most of the vegetables available on earth are grown here. Vegetables are important constituents of Indian food and a source of nutritional security due to their short duration, high yield, nutritional richness and economic viability. They are the vital sources of proteins, vitamins, minerals, dietary fibres, micronutrients, antioxidants, phytochemicals and anti-carcinogenic principles in our daily diet. The city urbanization, increase in per capita consumption, health consciousness, growing working women, shifting of farmers to high value vegetables due to higher income and continuous demand for vegetables are the significant factors fuelling vegetable growth in the country. Traditionally, Indian life style has a predilection for fresh vegetables or those processed at home. With the ever-increasing urban agglomeration in metropolitan cities like Chennai, that accommodates 8.65 million residents making it the fourth populous metropolitan city in India (2011 census) demands fresh green foods everyday at their doorway. There is no comparison between the taste of a garden fresh tomato and a grocery store bought one that's devoid of flavor. We realise the number of benefits of growing our own crop for the following reasons-

It improves your health. Consuming more fresh fruits and vegetables is one of the most important things you can do to stay healthy. When you pick vegetables right from your garden, the vitamin content will be at its highest. Also, you are reducing the risk of eating vegetables that contain harmful chemicals—you know exactly what you're eating. In addition, getting kids involved in the gardening process will make it more likely for them to try the vegetables. It saves money on groceries. One of the benefits of enjoying garden vegetables is a reduced monthly food bill. You can grow organic vegetables for a fraction of the cost in the stores. Getting outdoor exercise. Gardening is a physical activity and pulling weeds, planting, and digging can burn up to 400 calories per hour. Gardening is also a good mental exercise and helps keep your mind sharp. Gardening is a natural stress reliever. Being outside in the fresh air and sunshine can improve mood and make you feel rejuvenated and overall happy. Growing your own produce also gives you a great sense of accomplishment. Keeping the above in mind at Sabin Centre we involved a group of ten children to tend the vegetable garden and grow their own vegetable patch. Vegetable seeds were carefully selected phased out throughout the year to decide and plan which seeds would be grown during which month. With the help of the Farm Manager we chalked out the time table depending on the soil and weather conditions. Finally we had a list of vegetables we would grow in this academic year. The special children worked as per the timetable and with every harvest proudly presented it to the kitchen unit not just the farm school and Sabin Centre's needs but also to the staff present there along with loads sent to Chennai Centre. It is indeed a blessing not just to be able to consume the fresh vegetables but the thought that special hands who have created and fondly raised every seedling. Their expectation was not money but the smile which said more than a picture.

BRINJAL



The eggplant is a delicate, tropical perennial plant often cultivated as a tender or half-hardy annual in temperate climates. The stem is often spiny. The flowers are white to purple in color, with a five-lobed corolla and yellow stamens. Some common cultivars have fruit that is egg-shaped, glossy, and purple with white flesh and a spongy, "meaty" texture. Some other cultivars are white and longer in shape. The cut surface of the flesh rapidly turns brown when the fruit is cut open (oxidation).

in) or more in length are possible for long, narrow types or the large fat purple ones common to the West.

Bhavani brinjal is a local type of brinjal variety found in most parts of Erode, Salem, Namakkal & Coimbatore districts of Tamilnadu. Fruits are a bit oblong, pale purple in color. Average plant can produce at least 30 fruits.

The Children with the help of the educators and farm labours prepared the field and made ridges for planting



the saplings with a distance of 2x2 ft, water is fed to the plants and the children removes the weeds in regular intervals to promote the growth of the plant. After 45 days of continuous nurturing of the plant we were able to harvest of first batch of brinjals. The children put on their gloves and happily carried baskets along with the special educators to support the harvest. After the harvest each basket is given to the child to inspect damaged fruit. Then the fruit is given to the kitchen for cooking.

CHILLI

This year's chilli cultivation was purely the children's effort, as the children helped in cleaning of the kitchen store room, they found a lot of seeds had fallen inside the chilli bag, they took the seeds and told their special educator that they want to plant these seeds. The educator also heeded to the kids and took them to the field during the next gardening session. He showed them how the seeds are sowed in the nursery. The children continuously watered the saplings the



next 25 days. A week before transplanting the saps, the tractor has prepared the field and made ridges for the plants to be transplanted.

The next day morning before the sunrise the children along with the special educators carefully uprooted the saplings and started the transplanting in the prepared field. They have planted all the saplings and went to their usual routine. Once in two days' time the children will water the entire field and see to that all the plants are watered. Another care that the child had to do is the removal of weeds in the

entire plants. The process continued for until the first harvest after 75 days from transplanting. The kids eagerly harvested the green chilli for a couple of times and gave it to the kitchen for cooking. Then we found that dried chilli was more expensive than the green ones, they have left the chilli turn red and then harvested the ripened chilli. Once the harvest is done, they dry them in the sun. The harvest and drying process was done in batched until the plants stops yield. The dried chillies are grinded along with other spices and used for our centres cooking.



OUR FOUNDER'S DAY- MEDICAL CAMP AT MATHUR VILLAGE



As our previous medical camp was conducted in the remembrance of our Beloved Founder Dr ADSN Prasad turned out to be more beneficial, Our Director Madam and the board of trustees wanted to organize another camp in the mid December at the nearby village. We have selected the Mathur village which was surrounded by Agili, Agili colony, Mathur colony, muniyanthangal and Chintamani. Agili has a total population of 1,214 peoples, out of which male population is 619 while female population is 595. Literacy rate of Agili village is 61.29% out of which 68.34% males and 53.95% females are

literate. There are about 299 houses in agili village. The Mathur village has population of 1186 of which 586 are males while 600 are females as per Population Census. In Mathur village population of children with age 0-6 is 106 which makes up 8.94 % of total population of village. Average Sex Ratio of Mathur village is 1024 which is higher than Tamil Nadu state average of 996. Child Sex Ratio for the Mathur as per census is 893, lower than Tamil Nadu average of 943.



An Expert team of doctors, dentist, therapist and lab technicians were eager in conducting the camp. The event was fixed on the 18th December. Staff and students from all the three center contributed to the camp. The special children served as volunteers. Mr. Nandhakumar, president of Agili village and Mr. Paneer Selvam, president of Mathur village were invited as the guest of honour. Our Director madam and president of pathway felicitated the guest. In the beginning, respect was paid to our Beloved Founder by all our staff and children. At first there was only few patients who walked in to the camp, as time goes by a huge number of patients walked in. people of all age groups have visited the doctors. The experts had no time to take a break. It was a beautiful sight to see the children taking care of the elderly people whether be it supporting them to walk and climb the stairs or steering the wheel chair. The nurse along with the staff carefully monitored the Pulse, BP and weight of all the patients. Then the patients were sent to



the concerned doctors or therapist. We are very proud to have such dedicated children and staff at our organisation. A total of 400 patients have visited the camp. We had general physicians, diabetologist, dentist, physiotherapist, speech & audiologist and occupational therapist. Every doctor and therapist were very busy with the patients. We believe that it was a beneficial camp for the villagers.

We are extremely proud to share that the surgeries were successful which was conducted at ARVIND EYE HOSPITAL. We are grateful for all those beautiful souls who volunteered to achieve the same. Cataract is one of the most common causes of visual impairment in the world.

According to the World Health Organisation (WHO), cataract is the leading cause of blindness all over the world, responsible for 47.8% of blindness and accounting for 17.7 million blind people. In India, 80% of the blindness is due to cataract. Various modifiable risk factors associated with cataract include UV exposure, diabetes, hypertension, body mass index (BMI), drug usage, smoking and socioeconomic factors; but advancing age is the single most important risk factor for cataract.



The prevalence of cataract in a rural population (≥ 40 years) of Southern India was studied and it was reported that the prevalence was less in men compared to women. In India, a very few population based studies have been undertaken to explore the risk factors for cataract in older age group, especially since the proportion of the elderly has been significantly increasing in the country; the 60 + population which stood at 56 million in 1991 is now estimated to be 138 million in 2021. Prasad's contribution in the service of the disabled has been many fold. As an young man of 21 years when he started Pathway in a humble circumstances in a rented building he started serving children with mental retardation and cerebral palsy as inmates. Perhaps Pathway was the only centre available at that time apart from another facility that was admitting children through police and courts. Right from that time Prasad was able serve children single handedly with various other problems that included speech and hearing problems, autism besides mental disability. On an average over 100-120 children were being assisted by him directly every day, where he used to spend his time administering therapy and total care. For years from April 1975 till 1985, Pathway was run entirely from his personal contribution. At today's costs the expenses were anywhere around 2 Lakhs per month. His monetary

At today's costs the expenses were anywhere around 2 Lakhs per month. His monetary



contribution would be around Rs.2 Crores at today's costs. In addition to serving children with disabilities in the centre Prasad fanned out to different cities and districts of Tamil Nadu and Andhra Pradesh and conducted diagnostic and rehabilitation camps for the disabled, hundreds of children with various disabilities were examined and offered intervention programme. Right from that day till today Prasad has been serving children with poverty and disability free of cost. After 1984-85 Pathway started soliciting support from individuals, organizations and government More than 46500 children have been examined by Pathway over the years and nearly 45,000 children with various disabilities have been assisted. The Centre opened its door in offering primary medical care to the neighboring poor men, women and children, till now over 5.3 Lakh adults and children have been assisted with medical, pediatric and dental care. In addition to this Pathway has also initiated primary literary programme for poor slum children, every year the organization assists over 150 children in their everyday studies offering them free tuition and other support. Prasad with the aid of munificent support received from highly loyal and committed donors established a large Agro farm for Children in a large agricultural tract of land about 90 Kms from Chennai. This agro farm is one of its kind that offers top notch facilities for the integrated education and rehabilitation of able and disabled children and adults. The organization has constructed large well planned buildings to offer high class education for orphan, destitute and poor children. Disabled friendly buildings have been built to offer services to the disabled, without any bias to their religion caste or any other consideration. This facility is offering support for nearly 300 children and adults every day. In addition to this Pathway has initiated community based rehabilitation programme (CBR) in several villages serving scores of disabled children and adults with various disorders, right at their door steps. Prasad right from the beginning has been challenged with health issues, he as a student in the ALL India Institute of Speech and Hearing met with an accident when he suffered considerable injury to his face , jaws and teeth, which caused continuous and chronic issues. He also underwent a surgery to correct an anomaly in his coccyx. When he was 22 years old he was diagnosed to have had Psoriasis and this became a huge and dreaded challenge for him life along. Drugs such as high dosage of steroids used caused irreversible problems all his life, at the age of 43 years Prasad developed bilateral cataract, he developed severe osteoporosis leading to four fractures in his spine, severe endocrinal disorder. He also developed obesity, diabetes and hypertension. His weight from 65 Kgs increased to 110 Kgs. As he was receiving high dosage of steroids he developed severe problems in immunity, leading to constant abscess formation that required repeated surgical intervention. His challenges continued with detection of cancer in vocal chords which required immediate micro laryngeal surgery with radiation. On top of all this now Prasad has been diagnosed with cancer In his bladder that require immediate major surgery that was being performed at the Cancer Institute.

Prasad has won several state, national and international awards for the services rendered to disabled. He received the Japanese SIVUS Award for Exceptional Services for Intellectually Disabled, The Tamil Nadu Government awarded best institution awards for Pathway's services and Prasad received national award from Prime Minister A B Vajpayee for outstanding services rendered to the disabled. In addition to this he has received many other awards from national and state bodies for the services rendered towards the disabled. Prasad was a visionary leader who left a legacy of service. He was anxious to find and serve the poorest of the poor in any way he could and inspired those around him to do the same. Today it is seven years of his leaving this earthly abode.

We will continue to carry his legacy and mission of serving the most needy. Over days and months to come our work will be further intensified to reach out to more people in the rural areas and try to ease human suffering as much as we can.

We thank each individual soul paid or volunteer who are a part of our journey in helping the community. Their selfless courage and positive attitude we salute.

RJ'S MUSIC PASSION TEAM

RJ's Music Passion Team's vision is to conduct the musical shows to help genuine and promising NGOs and NPOs Pan India, and to encourage new comers with genuine talent. They are also committed to give the honorary contribution to the genuine NGOs that are doing real work for the society. Dr Chandra Prasad, Hony. Director/Co-Founder of Dr Dathu Rao Memorial Charitable Trust was invited as the Chief guest for the above event. She was honoured and presented with a shawl, memento and a cheque in the name of the trust

பாத்வே தன்னார்வ தொண்டு நிறுவனத்துக்கு விருது

மதுராந்தகம், ஜூன் 31 மதுராந்தகம் அடுத்த அகில கிராமத்தில் டாக்டர் தத்துவராய் மெமோரியல் சாரிட்டியின் டிரஸ்ட் பாத்வே என்ற தொண்டு நிறுவனம் சமுதாயத்துக்கு ஆற்றி வரும் பணிகளை பாராட்டி, புதுடி ல் பிரான்ட் ஹோன்ச் சோஸ் நிறுவனத்தினர் இந்தியாவின் சிறந்த தொண்டு நிறுவனம் 2020-2023 ஆண்டுக்கான சிஎஸ்ஆர் விருதினை அண்மையில் வழங்கி கொள்வித்தது. செங்கல்பட்டு மாவட்டம், அகில கிராமத்தில் டாக்டர் தத்துவராய் மெமோரியல் சாரிட்டியின் டிரஸ்ட் பாத்வே என்ற தொண்டு



நிறுவனத்தினர் ஆதரவற்ற குழந்தைகள், மனவளர்ச்சி குன்றிய குழந்தைகள், மாற்றுத்திறனாளி குழந்தைகள் உள்ளிட்டோர்களுக்கு கல்வி வசதி, உண்டு உறைவிட வசதி, ஏழை எளியோர்களுக்கு

இலவச மருத்துவ சிகிச்சை உள்ளிட்ட சமூக பணிகளை செய்து வருகிறது. இங்கு சுமார் 300க்கும் மேற்பட்ட குழந்தைகள் தங்கியுள்ள பெற்று வருகின்றனர். இத்தகைய நிலையில், அவர்களின்

சேவை பணிகளை அறிந்த பிரான்ட் ஹோன்ச் சோஸ் நிறுவனத்தினர் பல்வேறு பணிகளை கண்டறிந்து தென்னிந்தியாவுக்கான (2022-2023) சிஎஸ்ஆர் விருதினை வழங்க ஏற்பாடுகளை செய்தது. புதுடியில் அண்மையில் நடைபெற்ற நிகழ்ச்சியில், டாக்டர் தத்துவராய் மெமோரியல் சாரிட்டியின் டிரஸ்ட் பாத்வே நிறுவனத்தின் சார்பாக, இணை இயக்குநர் மருத்துவர் சந்திர பிரசாத்துக்கு புதுடி ல் பிரான்ட் ஹோன்ச் சோஸ் நிறுவன மேலாண்மை இயக்குநர் ரோஹன் மதன் மற்றும் இயக்குநர் ரிஷி சர்மா ஆகியோர் சிஎஸ்ஆர் விருதினை வழங்கி பாராட்டினர்.



பாத்வே தன்னார்வ தொண்டு நிறுவனத்திற்கு சி.எஸ்.ஆர். விருது.



மதுராந்தகம் ஜூன் 31 செங்கல்பட்டு மாவட்டம் மதுராந்தகம் அடுத்த அகில கிராமத்தில் டாக்டர் தத்துவராய் மெமோரியல் சாரிட்டியின் டிரஸ்ட் பாத்வே என்ற தொண்டு நிறுவனம் சமுதாயத்திற்கு ஆற்றி வரும் பணிகளை பாராட்டி, புதுடி ல் பிரான்ட் ஹோன்ச் சோஸ் நிறுவனம் 2020-2023 ஆண்டுக்கான சிஎஸ்ஆர் விருதினை அண்மையில் வழங்கி கொள்வித்தது. செங்கல்பட்டு மாவட்டம், அகில கிராமத்தில் டாக்டர் தத்துவராய் மெமோரியல் சாரிட்டியின் டிரஸ்ட் பாத்வே என்ற தொண்டு நிறுவனம் 2022-2023 ஆண்டுக்கான சிஎஸ்ஆர் விருதினை அண்மையில் வழங்கி கொள்வித்தது. செங்கல்பட்டு மாவட்டம், அகில கிராமத்தில் டாக்டர் தத்துவராய் மெமோரியல் சாரிட்டியின் டிரஸ்ட் பாத்வே என்ற தொண்டு நிறுவனம் 2022-2023 ஆண்டுக்கான சிஎஸ்ஆர் விருதினை அண்மையில் வழங்கி கொள்வித்தது.

தாதுக்குடி நவீன இயந்திர நெக்கரி கையாடல் திறநூடு கண்காணி காட்சி

சென்னை, ஜூன் 30 தாதுக்குடி மின் உற்பத்திக்கு அனுப்பும் புதிய இயந்திரமையாக தனத்தினை தயாரித்து டாக்டர் சி.எஸ்.ஆர். விருது பெற்று வருகின்றனர். இத்தகைய சேவை பணிகளை அறிந்த பிரான்ட் ஹோன்ச் சோஸ் நிறுவனத்தினர் பல்வேறு பணிகளை கண்டறிந்து தென்னிந்தியாவிற்கான

WHO ALL WE SUPPORTED ?



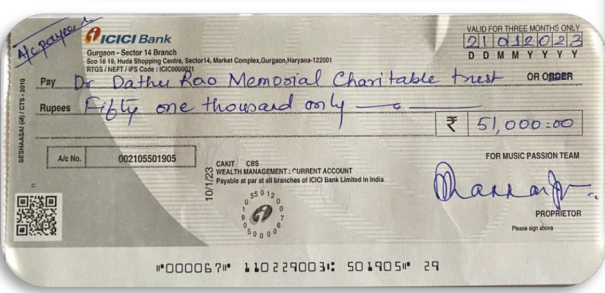
Dr. Dathu Rao Memorial Charitable Trust
The Pathway Chennai Center focuses on individuals with Special Needs. First established by Dr. ADSN Prasad as a one-room operation in 1975.



Hope Ek A.S.H.A. is a leading NGO in Delhi that has been working relentlessly for past two decades to create awareness about Dementia / Alzheimer's disease in the society by reaching out to the public through its outreach programmes.

RJ'S MUSIC PASSION TEAM
is conducting
A Grand Music Extravaganza
Golden Melodies
ORCHESTRATING SWIFT WINNING SONGS OF TESTIMONIES

Organiser
RAVI JOSHI



LIFE ACHIEVEMENT AWARD FROM VYAPAAR JAGAT

Dr. Chandra Prasad of Dr Dathu Rao Memorial Charitable Trust was awarded the "Lifetime Achievement Award" for providing comprehensive care and educational opportunities for Intellectually Disabled children by 1Million Entrepreneurs International Forum (non gov, not for profit org) in association with VyaaparJagat.com organized by FEMPRENEUR 2023 on 19th March 2023 at Ahmedabad



FEMPRENEUR 2023 promises to Support Women-owned Businesses



Ahmedabad, Fempreneur is back in its second edition and promises to be bigger and better, after the smashing success in the first edition! Fempreneur 2023 is an event conceptualized by VyaaparJagat.com & it presents a unique platform for women entrepreneurs, Celebrating Azadi Ka Amrit Mahotsav and Aatma Nirbar Bharat Women of India who are breaking the glass ceiling to become superwomen! The 2nd edition of the Fempreneur 2023 will be held on 19th March 2023 at Ahmedabad Management association. Dr.

Pravin Parmar, the founder of VyaaparJagat.com expressed, "We are delighted to announce the celebration of women entrepreneurs of extraordinary self-reliant India. If we want to grow, we need to embrace equity. We must create an environment in which everyone starts at the same point: a race in which some run with a headstart and others run with sandbags is fundamentally unfair. That is why we need to create more women entrepreneurs and provide them with the resources they need to succeed." (19-8)



அருணை எக்ஸ்பிரஸ் காலை நாளிதழ்



அகிலி ஊராட்சியில் இயங்கிவரும் டாக்டர் சந்திரபிரசாத்துக்கு, விடாப்பர் ஜகத் இணையதளத்துடன் இணைந்து 1 மில்லியன் தொழில்முனைவோர் சர்வதேச மன்றம் சார்பில் வாழ்நாள் சாதனையாளர் விருது வழங்கப்பட்டது. அகிலி ஊராட்சியில்

டாக்டர் சந்திரபிரசாத்துக்கு வாழ்நாள் சாதனையாளர் விருது

மதுராந்தகம், மார்ச் 22- அளிப்பதற்காக கடந்த 19ம் செங்கல்பட்டு மாவட்டம் தேதியன்று அகமதாபாத்தில் மேல்மருவத்தூர் அடுத்த நடைபெற்றது. பிரதமர் நரேந்திர மோடியின் நகர நிர்வாக இயங்கிவரும் டாக்டர் தொலைநோக்குபார்வையால் தத்துரா வ நினைவு அறக்கட்டளையின் டாக்டர் சந்திரபிரசாத்துக்கு, விடாப்பர் ஜகத் இணையதளத்துடன் இணைந்து

மேலும் அறிவுசார் அனுபவம் குழந்தைகளுக்கு விருது விருது பராமரிப்பு மற்றும் கல்வி வாய்ப்புகளை வழங்கியதற்காக டாக்டர் தத்துரா வ நினைவு அறக்கட்டளையின் டாக்டர் சந்திரபிரசாத்துக்கு வாழ்நாள் சாதனையாளர் விருது அகமதாபாத்தில் வழங்கி அங்கீகரித்து வெகுமதி கௌரவிக்கப்பட்டது.





Pathway has received numerous awards and prizes from various sources and institutions over the years:

☞ The Federation of NGO, Tamilnadu honoured our Director and Co Founder of Dr Dathu Rao Memorial Charitable Trust, Dr CHANDRA PRASAD as the BEST SOCIAL SERVICE AWARD". This was presented by Dr. J Sadhakathullah, M.Sc., Agri and Dr. Radhakrishnan M.A., Ph.D., along with the team of K. Iyappan, R. Ashok kumar, R. Perumal, Balu Aiiyah, K. Karunanithi, A Ramamoorthi, Dr. K Ramamoorthi, Dr. Vivekanandhan , Shakthivel, Dr. Ummayal Murugasen, and V. Prabhu on the 28th May 2023 at Prasad Lab, Saligramam, Chennai.

☞ Dr. Chandra Prasad of Dr Dathu Rao Memorial Charitable Trust was awarded the "Lifetime Achievement Award" for providing comprehensive care and educational opportunities for Intellectually Disabled children by 1 Million Entrepreneurs International Forum (non gov, not for profit org) in association with VyaaparJagat.com organized by FEMPRENEUR 2023 on 19th March 2023 at Ahmedabad

☞ Awarding Ceremony of Working Women Achiever Award (WWAA) was hosted by Ooruni foundation. Dr Chandra Prasad was presented an award under the Lifetime Achievement Award category at Chennai Institute of Technology, Kundrathur on the 4th March 2023.

☞ RJ's Music Passion Team's vision is to conduct the musical shows to help genuine and promising NGOs and NPOs Pan India, and to encourage new comers with genuine talent. They are also committed to give the honorary contribution to the genuine NGOs that are doing real work for the society. Dr Chandra Prasad, Hony. Director/Co-Founder of Dr Dathu Rao Memorial Charitable Trust was invited as the Chief guest for the above event. She was honoured and presented with a shawl, memento and a cheque in the name of the trust

☞ Social impact Awards 2023 is an initiative by Indian CSR Awards organized by Brand Honchos, DR DATHU RAO MEMORIAL CHARITABLE TRUST has been awarded this prestigious award for the category -Best NGO of the year-2022-23 (South) on 21st January 2023.

- 👉 Best Social Service Award by Puthia Vanigam Publications award conferred on CHANDRA PRASAD in the year 2022 on 26th November
- 👉 Dr Chandra Prasad, Co-founder of “Dr Dathu Rao Memorial Charitable Trust-Pathway” received the award under the “Social Good and Impact Category” **MAHATMA AWARD** 1st October 2022 by Amit Sachdeva, Founder of Mahatma Award
- 👉 Social Award on 112TH Birthday Anniversary of MOTHER TERESA by Rev Verghese Rosario under the aegis of Saint Mother Teresa Charitable Trust conferred on CHANDRA PRASAD in the year 2022 on 26th August
- 👉 Received the BEST NGO OF THE YEAR award from Rural & Urban Development Summit & Awards 2022 with University Partner - SRM University & presented by the Government of India & implemented by Summentor Pro Sales & Marketing Consultants at India Habitat Centre on 8th July 2022
- 👉 DR DATHU RAO MEMORIAL CHARITABLE TRUST-(NGO) has won the award for Best NGO of the Year - INTELLECTUALLY DISABLED CHILDREN AND ADULTS at **Time2Leap National Awards - MSME Edition 2020-2021.**
- 👉 Dr Chandra Prasad, Co-founder of “Dr Dathu Rao Memorial Charitable Trust-Pathway” received the award from “Dr. Kiran Bedi, 24th Lieutenant Governor of Puducherry” under the “Social Impact Category” **MAHATMA AWARD** for Covid-19 Humanitarian Efforts on the 1st October 2021 by Amit Sachdeva, Founder of Mahatma Award
- 👉 Director & Co-founder, Dr. Chandra prasad has been awarded the BEST SEVA RATNA AWARD by the Kovai express YouTube channel and Thaitamil academy on 28.08.2021
- 👉 Eight staff members from Pathway India-Chennai center were given MOTHER TERESA AWARD by former judge-High Court of Madras, Justice S.Tamilvanan on 26.08. 2021.
- 👉 DR CHANDRA PRASAD, Co-Founder Pathway Centre For Rehabilitation and Education of The Intellectual Disabled receiving **the STAR OF EXCELLENCE AWARD** at Rajaratnam Kalai Arangam ON 20.03.2021 from the NATIONAL INTEGRITY CULTURAL ACADEMY.
- 👉 THIS YEAR, **MAHATMA AWARD FOR SOCIAL GOOD 2020** IN ‘DISABILITY AND INCLUSION’ was presented to CHANDRA PRASAD, Co-Founder And Honorary Director of Dr.Dathu Rao Memorial Charitable Trust, On 30th January 2021.by Amit Sachdeva, Founder of Mahatma Award
- 👉 **CERTIFICATE OF APPRECIATION** FOR PATHWAY-SABIN CENTRE for rendering unparalleled service to Differently Abled during pandemic period of COVID 19
- 👉 INTERNATIONAL UNICEF COUNCIL -ACCREDITED BY INTERNATIONAL COUNCIL, USA has conferred the **GLOBAL BEST SOCIAL WORKER AWARD** to

DR CHANDRA PRASAD in recognition of her outstanding excellence, superior performance and accomplishments in the field of Social Work for the year 2020 and appointed her as **SENATOR** for INTERNATIONAL UNICEF COUNCIL.

🏆 Our organisation has been nominated for receiving a Trophy for 2019-20 in the Category of Charitable Association from **CFBP JAMNALAL BAJAJ UCHIT VYAVAHAR PURASKAR - 2019-20**

🏆 The **NATIONAL AWARD FOR THE EMPOWERMENT OF PERSONS WITH DISABILITIES** in the category of BEST INDIVIDUAL – PROFESSIONAL FOR THE YEAR 2019 is conferred on DR. CHANDRA PRASAD for her achievements.

🏆 Receiving the **MAHATHMA GANDHI AWARD** on Oct 1st 2019, on the 150th Anniversary of our Father of the Nation for SOCIAL GOOD

🏆 The Global Peace University has conferred the HONORARY DOCTORATE in the degree of - DOCTOR OF SOCIAL WORK on CHANDRA PRASAD on the first of September 2019.

🏆 **BEST SOCIAL WORKER AWARD** conferred on CHANDRA PRASAD in the year 2019 by the Hon’ble Chief Minister Mr Edappadi K. Palaniswami, Govt. of Tamilnadu

🏆 On 19th January 2019 the Kancheepuram District Self Financing School Association honoured our school in the –THE FIFTH AWARDS CEREMONY’ for hundred percent result for the tenth standard for the year 2017-2018

🏆 Bharath Jyothi Excellence Award conferred on CHANDRA PRASAD IN THE YEAR 2018 by the National Integrity Cultural Academy under Global Achievers Council

🏆 Social Award on 107TH Birthday Anniversary of MOTHER TERESA by Justice S Rajeswaran and Justice M V Muralidharan of Madras High Court conferred on CHANDRA PRASAD in the year 2017

🏆 GODFREY PHILIP Social Bravery Special Award conferred on A. D. S. N .PRASAD in the year 2013

🏆 THE PROFESSOR RAMESH K OZA Oration Award conferred on A. D. S. N. PRASAD in the year 2013

🏆 “Best Employee” awarded to one Pathway employees – Hon’ble Social Welfare Minister, Government of Tamil Nadu, 2013

🏆 "The Noble Soul Award" - Award of Excellence in the field of Social Responsibility & for Valuable Support presented by Sathyabama University on 7th December 2013

🏆 Pathway Centre for Rehabilitation & Education of Mentally Retarded was awarded " –The Best Institution for the Disabled for the year 2009-2010 by the Hon’ble Chief Minister of TamilNadu, - Mr. M. Karunanidhi

- 🏆 “MCDS-Award for a couple rendering exceptional services to the disabled” awarded to -
–Mrs Chandra Prasad and A D S N Prasad, 2007. Award consisted of cash award, plaque and a citation handed over by Hon’ble Shri Surjit Singh Barnala, Governor of Tamil Nadu, in the presence of many distinguished persons including Mr. Devarajan, Managing Trustee of MCDS.
- 🏆 Award for “Services Rendered to the Mentally Disabled”
–Council of Parent's Association of the Mentally Retarded, Chennai, 2002
- 🏆 “Vocation Excellence” award to A.D.S.N. Prasad for his services to the disabled
–Rotary Club International, 1999
- 🏆 1998 award for “Most Outstanding Institution in India Serving the Disabled” and “Most Outstanding Employer of the Disabled in India”
–Hon’ble Prime Minister of India, Mr. Atal Behari Vajpayee, (awarded in 1999)
- 🏆 “Best Institution Serving the Disabled”
– Hon’ble Chief Minister of Tamil Nadu, Ms. J. Jayalalithaa, 1995
- 🏆 “Best Employer of the Disabled”
– Hon’ble Social Welfare Minister, Government of Tamil Nadu, 1995
- 🏆 “Best Employees” awarded to two Pathway employees
– Hon’ble Social Welfare Minister, Government of Tamil Nadu, 1995
- 🏆 “Exceptional Contribution for Services to People”
–Government of Karnataka, 1995
- 🏆 “Services Rendered to the Mentally Disabled in India”
–Japanese SIVUS Council, 1993

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